



War must stop. We must educate ourselves about the different components that are feeding a war culture, for example the arms industry.

We note that the countries who most speak about peace are often the same countries who benefit from the arms industry. We also note the role media plays in both escalating and de-escalating war.

Above all identities, we hold sacred our human identity: the right to life and to live a life of dignity.

We are alarmed at the growing tendency to justify torture and the continued marginalisation of people of colour, indigenous people, sexual minorities and the economically deprived.

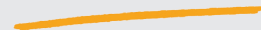
It is our assertion that the overarching antidote to the root causes of pain is all forms of solidarity with the human family and mother earth. These goals can only be achieved when people work collaboratively in their own contexts and globally.



2016 ANNUAL REPORT



INSTITUTE
FOR HEALING
OF MEMORIES





PATRON'S MESSAGE

**By Kirsty Sword Gusmão,
Goodwill Ambassador for Education, Timor-Leste
Chair, Alola Foundation (Timor-Leste)**

I am truly honoured to continue to be associated with the inspirational work of the Institute for Healing of Memories as a trusted friend and Patron.

As the former First Lady of Timor-Leste and Chair of the Alola Foundation, an organisation that endeavours to free our women from the burden of the traumas of the past through education, maternal and child health, and economic empowerment programmes, I honour the special connections that link the people of Timor-Leste and South Africa. Whilst separated geographically, we are united in our struggle to work towards healing ourselves and our communities from the pain and suffering associated with war, conflict, segregation and discrimination.

At a time when the world is experiencing heightened levels of fear and mistrust linked to religious extremism and of displacement on a massive scale, the work of the Institute for Healing of Memories (IHOM) grows further in importance.

I commend the outstanding efforts of Father Michael Lapsley and the IHOM leadership over the past year in fostering tolerance and understanding amongst groups and community leaders in Africa, Central America, North America and Europe, opening up safe spaces for listening and dialogue involving a range of actors, including war veterans, religious leaders and police officers.

I extend my gratitude to the hundreds of supporters, donors and friends who continue to acknowledge the vital role played by the IHOM through their funding, time and partnerships. May the year ahead see the organisation continue to spearhead the increasingly important work of replacing fear with hope, and hate with forgiveness and understanding.



CHAIRPERSON: BOARD OF TRUSTEES

By Delene Mark

The Institute for Healing of Memories is proud to present our Annual Report for 2016. We give thanks to the work of the Director and staff of the organisation for ensuring a suitable balance of our International work as well as the local programmes of the Institute. The introduction of the Healing of Memories work into France and Spain is very encouraging towards the growth and development of our work.

Resourcing the work of the Institute, like with most NGOs, remains a huge challenge and it is the board's responsibility to continuously seek strategies for sustainability. It is within this context that we are pleased that in 2016 the Institute hosted a fundraising dinner with Ms Naledi Pandor, Minister of Science and Technology, as a guest speaker. Many organisations supported the event, including international organisations. As a long-term strategy, it is hoped that events such as these will

help raise the profile of the Institute, while also raising needed funds.

We do hope that you will be inspired and motivated with the detailed reports of the work that is being done with the various programmes in the Western Cape, KwaZulu-Natal, in other parts of the country, Africa and internationally. The board expresses its gratitude and appreciation to the small and dedicated staff component that work tirelessly for the work of healing in society.

Many thanks also to Father Michael Lapsley for all your work and commitment in leading this organisation. It is indeed encouraging to see that your book is ever gaining popularity, especially as it continues to be translated into many languages, making it accessible to many.

Finally, the Board of Directors wish to express our thanks to all donors and sponsors of the Institute, without which a large component of this work would not be achievable.



DIRECTOR'S REPORT

By Fr Michael Lapsley, SSM Director

Dear Friends,

I'm happy to have this opportunity to reflect with you on the work of the Institute during 2016.

It was indeed a very full year as you will see from all the reports for the Institute for Healing of Memories. In my report I will outline just the activities in which I was directly involved.

The Afrikaans edition of my memoir, Redeeming the Past (Uiteindelik Vry) was published in early February with launches both in Pretoria and Stellenbosch.

In February I also travelled to Havana for the launch of the Cuban edition of my memoir at the Havana book fair. This was the third Spanish edition following the one in Colombia and one in Spain.

Given the intertwined history of South Africa and Cuba, there was something quite delightful about having the Afrikaans edition and the Cuban edition coming out within weeks of each other.

I was a keynote speaker at the Societas Homiletica International conference in Stellenbosch in February.

In March we offered an introductory Healing of Memories International training course with 24 people from eight countries, and in August we offered an advanced training programme with 11 people from six countries.

In April I was asked to do a Healing of Memories workshop for a group of Roman Catholic priests and religious who were on a sabbatical programme in Port Elizabeth.

The Healing of Memories Institute is also a registered Not For Profit organisation in the United States. For the last few years I have made at least two extensive visits to the US to do work stretching all the way from New York on the East Coast to Los Angeles on the West Coast and far beyond that to Hawaii, which is in the middle of the Pacific.



During the first visit to the US in the early part of the year, we worked with staff of the Fortune Society – an organisation that works with persons that were incarcerated and is also staffed by men who have been in prison.

In Arizona our work focuses on military veterans as it does in Minnesota.

In the United States there has been deep concern and anger about ongoing violence and shootings by the police on unarmed black men. In Los Angeles we had the privilege of offering a workshop consisting of members of the Los Angeles police department, as well as the local community.

In July I was a speaker on the Legacy of Nelson Mandela at the opening of a new Nelson Mandela Museum in Umtata.

Following the publications of the French and Spanish editions of my memoir, we had our first ever Healing of Memories workshops in France and Spain and one in Luxembourg where the majority of participants were Syrian refugees. One of the workshops in Spain was with a group of Catholic Benedictine sisters.

In September we held an international conference titled Healing Journeys: Responding to the World Map of Pain, with 63 people

from 16 countries. This is the result of a visit to Canada to speak at the Anglican liturgical commission the year before we had our first workshop in early October in Montreal.



Just after that I had the great honour to preach at Riverside Church in New York where other extraordinary figures such as Nelson Mandela, Martin Luther King and Fidel Castro have also spoken.

I visited Chattanooga in Tennessee for the first time and began to work again with members of the local police force as well as the local community.

Travelling from the US I made my first visit to El Salvador in Central America, a country still recovering from a civil war and with social violence of epidemic proportions. I had long wanted to visit this country particularly because of the inspiration of the martyred Archbishop of San Salvador, Oscar Romero.



At the end of a visit to North America, I spent two weeks in Hawaii where we also held two Healing of Memories workshops – one of which was at a Mormon University.

The last engagement of the year was a consultation under the auspices of the World Council of Churches on the Ethics of Care in relation to victims of sexual violence.

Last year saw an increasing convergence between the Society of the Sacred Mission, the Anglican religious community to which I belong, and the work of the Institute in the mountain Kingdom of Lesotho.

In July 2016, we were able to host two Healing of Memories workshops in Lesotho during 2016. The first was organised by Brother Moeketsi and Brother Mosuoë and there were a total of 20 participants and four facilitators including a number of police personnel.

After the first workshop a WhatsApp group was created so that people could give each other ongoing support. The second workshop with SSM took place in December.



In June of 2017, I will also be finishing my term as the Vice-president of the South African Council of Churches. The situation in South Africa is making increasing demands on the faith community to recover its prophetic witness.

The disillusionment in South Africa with present-day politics; the political instability in Lesotho; the election of Trump in the United States; the greatest number of refugees in the world ever in human history, and the endless war in many parts of the globe makes our work today particularly challenging.

Nevertheless, we all are called to seek out and be signs of hope and healing ourselves.

We do see these signs of hope in many of the individuals and communities that we have the privilege of working with across the world.

In July we were happy to welcome Ntombomzi Magqazolo as our new Head of Finance taking over from Charles Tovey.

We continue to be grateful to Avra Richen for her years as Head of Finance.



Nevertheless, we all are called to seek out and be signs of hope and healing ourselves.



One of our longest serving and much-loved facilitators, Dick Herbert passed away in November. We give thanks for his life and witness.

I am very grateful to Alphonse Niyodusenga for the vast amount of work and responsibility during his time as Deputy Director and his ongoing work as regional coordinator in KwaZulu-Natal.

I want to pay tribute to my colleagues at the Institute, including Fatima Swartz and Alphonse as regional coordinators, the staff, facilitators, volunteers, and our Board of Trustees. I also want to thank our partners and individual donors for their commitment, dedication and hard work in the service of the healing journey of all peoples everywhere.



DEPUTY DIRECTOR AND KWAZULU-NATAL REGIONAL MANAGER REPORT

By Alphonse Niyodusenga

The Institute for Healing of Memories' vision is striving to be a leading agent of hope, transformation and peace by empowering individuals, communities and nations through healing of memories. The

past fiscal year was filled with wonderful opportunities in order to accomplish this vision.

Some of the highlights were:

- The Institute revisited its Strategic Planning and Budgeting framework with a view of sharpening execution and delivery. We drew new strategic objectives and core values that were then developed.
- A new fundraiser was appointed to implement our fundraising strategies.



- The Fundraising Gala Dinner.
- The first Healing Festival in partnership with Camissa Solutions.
- An International Conference.
- Strengthening our Healing of Memories workshops with children.
- Staff development: The IHOM staff completed facilitation training with SETA. The KZN staff also completed the Trauma healing support training.
- Exchange programme between youth from KZN and the Western Cape.
- External evaluation report on impact of Healing of Memories workshops in the Western Cape and KwaZulu-Natal. The research was conducted by Hope Africa.
- Men's Imbizo project which engaged on men's issues and looking at their individual identities; family identities; community identities, and nation identities, and also more intense reflections on perceptions of manhood and culture.

The overall programme delivery was very effective both in the Western Cape and KwaZulu-Natal. The demand for IHOM workshops has increased significantly at national level due to the high level of trauma and violence in our society. Unfortunately, with our limited budget, we were not able to respond to all provinces. We are therefore more in need than ever of the support of those who share our vision and goals.

Fundraising and Fiscal management

While the Institute has received on-going grants from several international funding organisations and individuals, the challenge now is to attract more local funding in the very competitive South African funding environment where support for issues such as job creation, the fees-must-fall movement and skills training, often take priority. The Institute managed to implement some of its funding strategies to meet these challenges. These included the Gala Dinner held on 23 June 2016, the first Healing Festival held on 24–25 September 2016, and the appointment of the new fundraiser.

There has been an increase in the income from Healing of Memories workshop fees, both in KZN and the Western Cape, as more partners have been requesting workshops. It is still our plan to continue to

offer Healing of Memories workshops to partners, corporate and government departments, which can cover the cost of a workshop in full or partly.

Overall, our expenditure for 2016 was slightly below budget due to the prudent use of funds by the Management Committee and the Board.

Organisational Development

The Strategic Plan 2016–2020 continues to prioritise three strategic objectives: Prevention, Healing and Empowerment. Seven programme areas were identified for 2016–2020. These are:

- i) Organisational Support,
- ii) South African programmes,
- iii) Research and Publication,
- iv) Training and Curriculum Development,
- v) Fundraising and Marketing,
- vi) International Programme, and
- vii) African Programme.

Staff Management

Two staff members, namely Charles Tobey, Financial Manager, and Francoise Goldie Bartley, Bookkeeper, left the organisation. Ntombomzi Magqazolo, the new Financial Manager, joined the organisation. In the KwaZulu-Natal office, Flora Sugarman from Tufts University (USA) spent two months with us on her internship. We appreciate the research that she completed on “Providing a safe and vital space for healing: A case study of the Institute for Healing of Memories in KwaZulu-Natal”.

I would like to acknowledge the trustees, colleagues and facilitators for their continued support in 2016. In particular, I would like to express my gratitude to the Director of the Institute who continues to ensure that the organisation carries out its mission and objectives.



PROGRAMME MANAGER: WESTERN CAPE REPORT

By Fatima Swartz

Overview

The Western Cape Programme team for 2016 continued with the implementation of its four programmes and the support of the various projects that is implemented from the Cape Town office. The team

consists of three full-time and three part-time staff members. They are: The programme manager, Fatima Swartz (part-time); the Healing workshops coordinator, Loret Loumouamou (full-time); Community Healing Coordinator, Mandla Klanisi (full-time); Community Healing organiser, Magdalene Moses (part-time); Restoring Humanity organiser, Liso Madikane (full-time) and organisational support, Clint Bowers (part-time). The programme staff is supported by a number of trained facilitators in the Healing of Memories methodology and Restoring Humanity popular education programme. Mid-year the children's programme was initiated. It is

still in its embryonic stage and is supported with the assistance of Babalwa Mpambani.

The participants in the programmes come from the greater Cape Town geographical areas of Mamre, Atlantis, Du Noon, Langa, Belhar, Delft, Blue Downs, Macassar, Mfuleni, Khayelitsha, Mitchell's Plain and Masiphumelele. It is in these communities where the Community Healing and Restoring Humanity programmes are implemented and where local partnerships exist.

Most of the staff participated in three staff development trainings. In the first quarter of the year they completed an accredited course in facilitators skills training, and in the last quarter of the year they attended an accredited course in report writing. These trainings have direct bearing on the ability of the staff to implement the programmes to the best standards and to strive for excellence.

In addition, the staff has been working on and receiving training in the database system to capture and document the work of the programmes. It is a useful tool as it provides an efficient way to store, retrieve and analyse data for each workshop. While system files can function similarly to databases, they are far less efficient.



The demand for IHOM workshops has increased significantly at national level due to the high level of trauma and violence in our society.



Additional training needs to be done on how to analyse data, but for now it is about storing data.

International training

The Introduction to the Healing of Memories training course was offered in April and the Advance Healing of Memories training took place in August. These were held at Christian Brothers Centre in Stellenbosch and lasted for 10 days. Staff members and local partners are invited to participate. The programme staff is central in organising the logistics for the course and organising the Healing of Memories workshops and community visits, which form part of the training programme.

International Conference

The Cape Town staff complement supported the conference organiser Eleanor Kuhn in the organisation and implementation of the Conference Healing journeys: Responding to the World Map of Pain. All staff participated in the conference, whilst also giving logistical support and hosting conference participants.



One World Healing Festival

The inaugural One World Healing Festival in Paarl in 2016, provided an opportunity for the Cape Town and KZN programme staff to work together in offering programmes at the Festival. A Flag-making activity was organised by the community. The healing project – Messages of Hope, Peace, Restoration and Humanity – was painted by festival goers. Restoring Humanity hosted their Heritage Day programme that included a scavenger hunt. The community healing organisers hosted story-telling sessions. These activities contributed to the Institute taking collective ownership of the festival, which is hosted in partnership with Camissa Solutions and the Drakenstein Municipality.

Fundraising dinner

The programme staff supported the efforts in organising the first fundraising dinner. Attending the dinner was a treat for the staff who spent time soliciting organisations and individuals to support the dinner.

The Healing of Memories workshop coordinator, Loret Loumouamou continues to deepen and strengthen the core work of the Institute. The number of participants completing the healing process has significantly increased. This has been accomplished by increasing the number of second phase workshops and reunions.

Summary of Healing of Memories workshops

Workshop focus	Dates	Female participants	Male participants	Total number
Interfaith	19–21 February	12	6	18
Second phase workshop	27 February	6	6	12
Caregivers	4–6 March	22	3	25
Prison	8–10 March		20	20
International & locals	29–31 March	15	9	24
Second phase workshop	4 April	15	9	24
Reunion	13 April		19	19
Reunion	16 April	7	9	16
Tear Fund	24–26 April	11	3	14
HIV/AIDS	6–8 May	21	2	23
HIV/AIDS	20–22 May	19	2	21
Second phase workshop	4 June	14		14
HIV/AIDS	17–19 June	17	2	19
Youth	28–29 June	7	4	11



Workshop focus	Dates	Female participants	Male participants	Total number
Intergeneration	1–3 July	12		12
Youth	6–7 July	9	5	14
Intergeneration	22–24 July	13	3	16
Caregivers	29–31 July	15	4	19
International & locals	15–17 August	10	5	15
Second phase workshop	27 August	19	2	21
Prison	6–8 September		16	16
Interfaith	30 September–2 October	13	3	16
Interfaith	14–16 October	15	5	20
Reunion	18 October		10	10
Reunion	22 October	8	13	21
Caregivers	28–30 October	12	5	17
Second phase workshop	29 October	18		18
HIV/AIDS	11–13 November	19	1	20
		329	166	495



The challenge remains on how best to support the healing journey of participants. Our partner organisations play a very important role in this regard. This year we collaborated with a long-time partner, Yabonga in offering the workshops to their clients who are people affected and infected with HIV/Aids and their staff. The relationship with Hope Africa offered the opportunity to work with women affected by family violence. The relationships with community organisations and NGOs in the Delft, Masiphumelele and Atlantis areas continue to be strengthened and remain the source of the majority of our healing of memories participants.

A total of 19 weekend workshops were facilitated. Participants were invited back after five to six weeks to participate in the second phase workshop. Five one-day second phase workshops were offered. This number of second phase workshops will be increased in 2017, as well as the number of reunions of which four was organised. The reunion also forms part of the recruitment as participants are encouraged to invite community members with whom they wish to share their testimonies.



Healing of Memories Participant Profile

The demographic data for this year shows that for a total of 28 workshops there were 495 participants. Of this total 166 (33, 53%) were male and 329 (66, 47%) were female. In 2014, the number of men that attended was 137, which was 26% for the total number of people who participated in 24 workshops. The statistics for 2015 showed an increase of male participants – 221 men – which was 37% of the total number. This means we had an increase of 10% in 2015. This year the number of male participants has dropped. We ascribe this drop of men participation to the absence of the Men's Imbizo programme that was implemented in 2015. Based on this, the Men's Imbizo programme will be resumed in 2017.

Furthermore, the lessons learned from the Healing of Memories process brought some important issues to light:

1. There should be more men engaged in the workshops. Men between the ages of 50–59 and 60–69 are not participating in the workshops. Most of the men who attended the workshops were between 20–29, 30–39 and 40–49. These are very important age groups to engage with as they are identified

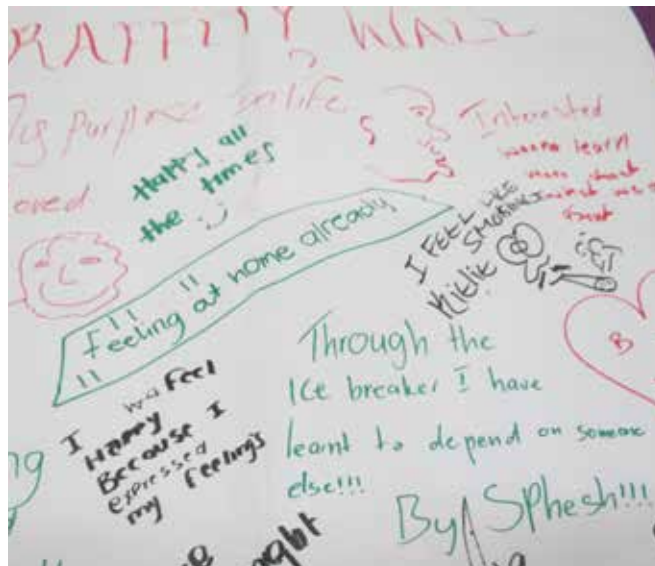
as those mostly responsible for perpetrating violence in our communities. It was great to see the young people were really involved in our workshops, in a nation where young people are faced with huge obstacles, particularly on the education level, as well as gangsterism.

2. Women were more present in our workshops. The group of women participants was an interesting mix of ages – 18 participants were younger than 20 years of age. They were part of the Healing of Memories workshop for young people. Most of the young women were within the 20–29 and 30–39 age bracket. The total number of these participants was 145. The biggest group of women – 152 – who attended the workshops ranged from the ages of 40–49 and 50–59. The oldest age group was between 60–69, and 14 women in this age bracket attended the workshops. One participant was above the age of 69. It is our assertion that we need to empower women from an early age to deal with the hurts in their lives and to provide them with the ability to make decisions that will enable them to move on from situations that are harmful to them and their children.

The process of the healing of memories enable us to reflect deeply on how socio-economic issues like crime, poverty and hunger can obstruct healing. Most of the participants came from broken families and disintegrated communities because of the separation caused by the past. More effort should be made to encourage white citizens and foreigner participation to the healing process. Some of the questions that participants continue to raise in workshops are: How do I move forward? What is forgiveness? Why would I forgive? What is reconciliation and why is it important? What is restoration and how does restitution take place? How can justice take place without hurting more people?

Impact of the healing of memories process on youth

For the last three years, after realising that the adult version of the Healing of Memories programme was too heavy for the youth, we tried to simplify it and we introduced activities that we found more suitable for the youth. The actual programme for the healing of memories for the youth is shorter than the adult one. The expectation session has been replaced by the graffiti hall where the youth are invited to write any inspirational words for the duration of the workshop.



This is an example of a Graffiti Hall used in the youth workshop



Instead of using a video as a trigger as we do in the adult workshop, we use other activities such as comics and masks as a trigger in the youth workshop.

The mask especially was a central theme in the youth workshops. Masks helped youth participants to express their identities. Its function, as fantasy objects, acts as a mirror, portraying a part of ourselves that we want to avoid; or it serves as an expression of conflict. The use of masks created a sense of belonging among the groups and allowed participants to express hidden emotions, but the other part was also about their deepest emotions.

The following are questions raised by the youth in the workshops while reflecting on the activity:

- What if we could present ourselves completely to the world without having to hide anything?
- What if we could express all of our multiple identities without any fear? Like our gender, our race, our religious beliefs, everything that make up our identities?

These questions illustrate that the youth are struggling with issues around identity which need to be taken seriously.



Masks used in the youth workshop

It is our considered opinion that the workshops add value to the lives of individuals, families, communities and nations. There was so much depth in the stories that were shared by participants. This has encouraged many more to come to the workshops. We have seen husbands and children come to the workshops because their wives and moms have attended. Participants wanted to come to more workshops. Many participants also indicated that they wanted to be trained to become facilitators. Participants felt liberated in the small groups where they had the opportunity to listen to one another and share their stories. They were amazed that the facilitators were willing to share their life stories with them, which was a big learning curve for most of them. In workshops they have attended previously, they never experienced facilitators sharing their stories.

The process is not so much about giving, but more one of sharing. There is so much to receive from the wisdom shared in different sessions. At the workshops we realised that there are still many unhealed and often unacknowledged wounds from the past in our communities and our nation.

The workshops bring hope and it was refreshing to hear someone say: “I know what to do now regarding my situation.” This, after watching the video triggers showing some clip about what is happening in our society. Most of the participants leave workshops with optimism for the future.

Up-skilling facilitators

In 2016, we have improved the skills of our facilitators by providing training to enhance growth. Some of the facilitators find it hard to imagine becoming a lead facilitator or to facilitate a session. Up-skilling training sessions helped to empower our facilitators to transform their facilitation style.



Summary of up-skill training held at the Cape Town office

Date	Topics	Trainers	Number of Attendees		
			Old facilitators	Trainee facilitators	Total
19 March 2016	Shadow and Anger Management	Sister Jacinta Banon	6	6	12
9 April 2016	Explanation of the Healing of Memories Methodology	Fr Michael Lapsley	4	5	9
14 May 2016	Listening Skills	Sister Jacinta Banon	8	5	13
28 May 2016	Debriefing Skills	Sister Jacinta Banon	6	5	11
11 June 2016	Human trafficking	Cornel Viljoen, A21 South Africa Prevention & Awareness Coordinator	4	7	11

There is a need to continuously reflect on the value of the Up-skill Training for facilitators, and ask questions such as: How does Up-skill training help to enhance the capacities and abilities of the facilitators to improve the way they facilitate the workshops?

The Community Healing programme, coordinated by Mandla Klanisi and supported by Magdelene Moses in Atlantis, has been implementing this programme, which has come to the end of its first three-year cycle in the Western Cape. We've learned a lot of this

very informative programme and will continue to do so in the future. We are still seized with the question: What is community healing? This is a long journey we have embarked on and are committed to.

Central to our process is exploring ways in which to connect individual pain in communities to the collective pain, whilst honouring and holding sacred the individual and collective story. What has become more urgent in our communities for young and old is the question of how we deal with our past and its impact on the here

and now. We are challenged to develop and engage in processes that deal with these issues, building empathy amongst people, drawing from the African philosophy of Ubuntu and embedding a culture of solidarity.

Summary of activities in 2016

Activity	Area / community	No of participants
Community healing meeting 'partner meeting'	Office	10
Finding courage from loss – dialogue	Masiphumelele	25
Building the human identity and solidarity – dialogue	Delft and IHOM training participants	43
Dealing with the past and intergenerational trauma: Colonialisation and Slavery in Cape Town. Including visits to the Castle of Good Hope and the Slave Lodge	Masiphumele, Delf and Atlantis participants	26
Dealing with the past and intergenerational trauma: Lwandle Migrant Labour Museum	Atlantis participants	16
Revisiting our South African history to find direction towards healing and reconciliation. Community dialogue	Atlantis	27
Healing and leadership – community dialogue	Du Noon	15
One World Healing Festival: Flag-making activity.	Atlantis, Delft and Du Noon and general public participants	60 excluding the public
Dealing with the past and intergenerational trauma. Robben Island Museum visit	Delft, Masiphumelele and Atlantis participants	24
Men's Imbizo camp	Atlantis, Du Noon, Delft, Atlantis participants – CBC	25 men



The Community Healing project started in 2016, when we brought together our strategic partners from the communities we work with, namely Delft, Masiphumelele and Atlantis. Du Noon was identified as a community to add to our existing focus communities. Working in collaboration with local organisations is key in community healing, as they know the social dynamics of their context, and the ownership of the community process ultimately rests with them. As a collective, this is helpful in conceptualising key themes for community healing activities.

Learning and finding courage from loss

This psycho-social support activity took place early in 2016. It was primarily geared towards victims of a fire incident that occurred in Masiphumelele in December 2015. Due to social issues in this community, an intervention was requested by the community. It was found appropriate to have an activity of this nature with them, getting them involved in their journeys of recovery. The psycho-social training provided by the Church of Sweden the previous year, proved very helpful when planning this intervention.

The participants appreciated the space for sharing and articulating ways to move forward after the fire incident. In addition, an invitation to attend a Healing of Memories workshop was given and most of those who were present attended one of our workshops after this activity.

Building a Human Identity

A dialogue with the theme Building a Human Identity was offered as part of the International Introduction to Healing of Memories training with the community of Delft. Holding space to explore identity has become more urgent as the world seemingly becomes more polarised. Our focus is to promote our primary identity – that of being human.

The combination of local and international participants made for a dynamic and vibrant dialogue. Participants embraced their common humanity and connectedness. We should not be divided by our differences but be connected by them, and find creative ways to ensure that we collectively build this identity.

Dealing with the past and intergenerational trauma

The main focus of the Community Healing project in 2016 was “Dealing with the past and intergenerational trauma”. The three communities – Atlantis, Delft and Masiphumelele – participated in the process. The first objective was to educate and learn more about the country’s past, and gain knowledge of our journey as a nation to this point. This process created space for participants to locate their own story in the narrative of the country. It also assisted individuals to begin a journey of healing / dealing with the impact the country’s past





had on each individual and community and to look at unhealed and unacknowledged wounds. This was done through visiting heritage places in Cape Town, such as the Castle of Good Hope, the Slave Lodge and the Slave history route in the Cape, as well as the Lwandle Migrant Labour Museum, and the Robben Island Museum.

The visits to these places of memory form part of our attempt to use places of memory, as places of healing. There is still much to explore about the methodology in this regard. The group will be

convened in 2017 to debrief and reflect on the journey participants have travelled.

A dialogue took place in Atlantis with the similar theme, “Revisiting our South African history to find directions towards healing and reconciliation”. This dialogue formed part of the conversation that happened while visiting heritage places mentioned in “Dealing with intergenerational trauma”.

There were great discussions on how the legacies of the past in the context of our South African history are still prevalent today, even after 1994. To mention a few: poverty and classism; unemployment; landlessness; homelessness; family violence; identity marginalisation, and escalating drug addictions.

Deep reflections also focused on and challenged all that were present to begin to develop a deeper consciousness and more sensitivity and awareness of our collective loss of identity and culture, and finding our commonalities towards healing and reconciliation. Even more, to take responsibility of our own development, trying to ‘come out of a victim state of mind’; looking at the individual’s role in personal development, and in the community, as well as the role of government.

Healing is critically important for leaders. ‘Unhealed leaders’ in IHOMs context can cause damage in the process of leading people. With this realisation, the Community Healing project in collaboration with the Claremont Main Road Mosque and Du Noon community, organised and facilitated a community dialogue in Du Noon. The theme of this dialogue centred on Healing and Leadership. It provided a safe space for the street committee leaders of Du Noon to reflect on the relationship between Healing and Leadership. They shared their collective wisdom and experience illustrating with examples how unhealed wounds influence decision making. They were able to clearly see the relationship between being on a healing journey and ethical leadership, in order to empower leaders as they are challenged to reflect on their leadership approaches.

“If you are an angry leader due to your personal issues or memories, chances are you might get angry towards people you are leading or meant to be leading.” This was the general feedback or understanding of the participants having engaged in this dialogue.

This dialogue also highlighted the need to work with leaders on multiple levels in government and civil society.

Men’s Imbizo

The first Men’s Imbizo camp was organised and implemented in 2016 as part of community healing with the theme “Relooking at Men’s identities and perceptions on manhood”. Men’s Imbizo simply means men’s meeting or dialogue. This is a follow-up on the three Men’s Imbizos that was held in 2015. It is a safe space for men to engage with men’s issues – exploring their individual, family and community identities and how it relates to their national identity. The participants reflected deeper on perceptions of manhood and culture, and how these perceptions and identities impact on how they as men approach their lives.

The work with men will continue into 2017, and will be expanded to include young men in the Boyz to Men project. This focused work is a direct response to the need to break cycles of family violence.

The Restoring Humanity team for the youth development programme, consist of Liso Madekani as the programme organiser and Clint Bowers, who lead the “God has Many Names” project. Babalwa Mpambani joined the team for four months while Liso was on maternity leave.



Most of participants joined the project from different areas, including Masiphumelele, Khayelitsha, Mfuleni, Excelsior High School in Belhar, Mamre, Delft, Mitchell's Plain, Langa High School in Langa, and Atlantis. One new area joined the programme, namely Blue Downs. At the end of 2016 we had 10 areas including the two schools.



Summary of Restoring Humanity activities

Activities	Areas	Dates	# Facilitators	# Participants	Total
God has Many Names weekend workshop	Khayelitsha, Masiphumelele, Delft, Langa, Mamre, Atlantis, Mitchell's Plain and Excelsior.	17–19 February	22 for 3 days	78 for 3 days	100
God has Many Names Exhibition preparations	Masiphumelele, Langa, Delft, Mitchell's Plain, Excelsior, Mamre and Atlantis	27 February	10	25	35
God has Many Names Exhibition preparations	Khayelitsha, Masiphumelele, Delft, Langa, Mamre, Atlantis, Mitchell's Plain and Excelsior	5–6 March	19 for 2 days	50 for 2 days	69
God has Many Names Exhibition preparations	Khayelitsha, Masiphumelele, Delft, Langa, Mamre, Atlantis, Mitchell's Plain and Excelsior	18–20 March	60 for 3 days	150 for 3 days	210
Human Rights Day Exhibition opening	Khayelitsha, Masiphumelele, Mfuleni, Delft, Langa, Mamre, Atlantis, Mitchell's Plain and Excelsior	21 March	16	147	163
School holidays Programme	Masiphumelele and Khayelitsha	30–31 March	6 for 2 days	48 for 2 days	54
School Programme	Mamre Primary School	26 April	3	40	43
School Programme	Mamre Primary School	3 and 10 May	6	80	86



Activities	Areas	Dates	# Facilitators	# Participants	Total
Journey through time... in search of love, hope, empathy and compassion	Atlantis, Langa, Delft, Masiphumelele, Excelsior, Mamre, Mitchell's Plain, Khayelitsha and Mfuleni	14 May	12	107	119
School programme Non-racialism	Excelsior High School Grade 10	4, 11 and 18 May	12 for 3 days	210	222
School Programme Non-racialism	Masiphumelele High School Grade 10	23, 24, 25, 26, 27 May	18 for 5 days	410 for 5 days 4 Classes	428
School Programme Non-racialism	Masibambisane High School Grade 10	11–13 May	12 for 3 days	120 for 3 days	132
School Programme Non-racialism	Delft Technical High School Grade 10	2–4 May	9 for 3 days	39 for 3 days	48
Youth Day: Tell your story to a Born Free. Generational dialogue with District Six Museum	Khayelitsha, Masiphumelele, Delft, Langa, Mamre, Atlantis, Mitchell's Plain, Excelsior and Blue Downs	16 June	7	71	78
Healing of Memories workshop	Langa, Mamre / Atlantis, Masiphumelele	28–29 June	2 for 2 days	14 for 2 days	16
Healing of Memories workshop	Delft, Khayelitsha, Mitchell's Plain	6–7 July	2 for 2 days	11 for 2 days	13
District Six Collaboration. Tell your story to a Born Free – school holiday programme	Atlantis, Langa, Delft, Masiphumelele, Excelsior, Mamre, Mitchell's Plain, Khayelitsha and Mfuleni	14–16 July	4 for 3 days	17 for 3 days	21

Activities	Areas	Dates	# Facilitators	# Participants	Total
Heritage Day: Paarl, Arboretum	Khayelitsha, Masiphumelele, Delft, Langa, Mamre, Atlantis, Mitchell's Plain, Excelsior and Blue Downs	24 September	12	127	139
School Holiday Programme Identity shaped by slavery, indentured workers and emancipation	Khayelitsha, Masiphumelele, Delft, Langa, Mamre, Atlantis, Mitchell's Plain, Excelsior and Blue Downs	5–6 October	30 for 2 days	230 for 2 days	260
Interfaith Camp, Greyton: Claremont Main Road Mosque	Masiphumelele, Delft and Langa	7–9 October	2 for 3 days	7 for 3 days	27
Exchange Programme Facilitator training	Western Cape and KZN	3–6 October	20 for 4 days	96 for 4 days	116
Exchange Programme	KZN and Western Cape	2–5 December	20 for 4 days	92 for 4 days	112
Total		37 days	142	1 551	1 731



The Restoring Humanity programme continues to evolve, as we are finding new ways in which to engage young people and advance the strategic objectives of the organisation. The community groups come and go as young people move through the programme, finish their schooling and move on to further their education.

The project “God has many names” continued into its second year. The impact of this programme on its participants is yet to be fully explored. What is clear is that the methodology of the project has grabbed the imagination of the young people. On Human Rights Day

the project launched the Exhibition titled “God has many names” at the Iziko Museum Annexe in Cape Town. The conceptualisation, installation and curation were done by the young people themselves with the guidance of the artist, Ayesha Price. The exhibition was opened for a second time at the District Six Museum on Youth Day. The feedback from those visiting the exhibition has been extremely positive. More than 2 300 people visited the exhibition for the eight weeks at the Iziko Museum and the six weeks at the District Six Museum.



As part of this process, the participants interviewed Fr Michael Lapsley and Imam Rashied Omar from the Claremont Main Road Mosque. In addition, participants of the programme joined the Claremont Main Road Youth camp, consolidating the partnership between our two institutions and the common values and objectives we have for peaceful religious coexistence.

During the school holidays the community groups conducted workshops in the workshop space and continued with activities furthering interfaith dialogue and understanding. These programmes

were well attended. In July, it included the intergenerational dialogue activities hosted by the District Six Museum under the banner of “Tell your story to a born free”. These activities included sharing of stories about life in District Six before the Group Areas Act, photography workshops, baking sessions, and documentary screenings. This initiative by the District Six Museum opened an important process for participants to listen to older people and connect with the older generations in their own families.



This year we resumed the school programme. A series of three workshops were developed addressing the issue of racism. With limited resources, the programme was offered to four high schools with Grade 10 learners and one primary school with Grade 7 learners. These workshops took place during the life orientation class. The educators are pleased with the presentation and impact of the workshop on their learners and requested follow-up workshops. This was the first year we offered workshops in a primary school.

A small number of young people participated in the Healing of Memories workshop this year. The request from them has been for more opportunities to share their stories, their concerns and challenges they face as young people. A Healing Journey for young people has been developed for 2017 to respond to the needs of

the young people. This remains a key concern as young people are exposed to so many societal pressures. It is noted with concern that the latest statistics reveal that youth suicide in the country is on a steady increase.

The second cohort of youth facilitators is being trained for the Restoring Humanity programme. After a selection process, 12 young people, all of them previous participants of the programme, attended a series of facilitation workshops that culminated in the Restoring Humanity youth exchange between Cape Town and KwaZulu-Natal. The trainee facilitators will be co-facilitating the Restoring Humanity programmes in 2017. Ongoing support and mentoring is given to the group as they develop their skill and abilities.



HEALING OF MEMORIES WORKSHOPS AND COMMUNITY HEALING ACTIVITIES IN KWAZULU-NATAL

By Bridget Phillips

Healing of Memories workshops in KZN

As we continue to implement our Healing of Memories workshops, we still see the gap between socio, political and economic disparities and the psycho-social impact of our past history. Much effort has been made to address the socio-political-economic disparities, but a big question still remains on addressing psychological consequence of our history, which still has a lasting effect on many individuals and communities. This trauma has also been trans-generational, which in some instances has resulted in poor or low self-esteem and violence – not only to the older generation but also to the younger generation.

On the other hand, the KwaZulu-Natal Province continues to battle with high rates of HIV/Aids. According to the recent research, the provincial HIV-infection rate amongst pregnant women is about 37 percent, 10 percent higher than the national average. Seven of the 10 districts with the highest HIV-rates are all in KZN. Those infected and affected by HIV/Aids have often experienced deep trauma, including rejection by those nearest to them and prejudice from the wider community.

In response to these challenges, the Institute for Healing of Memories provides a creative and experiential outlet for participants to overcome feelings of anger, hatred, prejudice and guilt as the first step on their journey to psychological, emotional and spiritual healing and wholeness. We have been working in various communities including Dambuza, Eshowe, Lamontville, Isipingo, Durban Central, Chesterville, Mariannridge, Impendle, Swayimani, KwaMashu, Haza, Kokstad, Madandeni and Mpophomeni.



Statistics

Activities	No. of activities	Total No. of participants	Female	Male
HOM workshops	18	431	278	153
Reunions	8	161	130	31
2nd Phase	3	36	28	8
Totals	29	628	436	192

Community healing dialogues

Community healing through dialogues has been contributing to the transformation of communities by creating a space for community members to speak about their pain and trauma as individuals and collective members of their communities. Different topics such as xenophobia awareness; impact of drugs in our communities;

high rate of teenage pregnancy, and gender-based violence were among the topics that were discussed in these dialogues. This interconnectedness between our programmatic intervention Healing of Memories workshops and community healing dialogues have proved to be a significant base to enable participants to see endless opportunities in their healing journey.

Statistics

Date of Dialogue	Target Group	Women	Men	Total
8 February	Midland Christian Council of Churches	20	22	42
25 April	Impendle Community	60	16	76
12 May	Dambuza Men's Forum	17	40	57
22 June	Dambuza Community	40	16	56
23 June	Swayimani Community	27	21	48
14 July	Richmond community	27	13	40
Total		191	128	319

Some of the feedback from participants

- “Dialogue helped me to understand how the past damaged our communities, and the issues that require healing – issues that are hurting our communities.”
- “Community healing begins with the healing of individuals.”
- “The majority of South Africans are still resisting letting go of past burdens, experiences and pains, which prevent community healing to take place. This project is very crucial in our communities to address this matter.”



Conclusion

Much has been achieved in our overall work for this period, but the greatest success has been in seeing the real life transformation in individual participant's lives. Healing of Memories workshops allowed many participants to share their painful stories for the first time in a safe space towards healing and wholeness. The community healing dialogues allowed communities to face their challenges and finding a possible way to break the cycle of violence. Many individuals and communities still have invisible and in some instances visible, psychological trauma from their past and present experiences. By offering Healing of Memories workshops and community healing activities, we are greatly contributing towards social cohesion, national healing and reconciliation.

It is important to note that we still having a challenge to recruit more participants from the Indian community into our activities. We will continue to engage with our partners and Indian communities on this matter.



RESTORING HUMANITY PROJECT IN KWAZULU-NATAL

By Sandile Magutshwa

Introduction

In 2016, the KZN Restoring Humanity Project worked in seven communities around Durban and two communities around Pietermaritzburg. These communities are Savannah Park, Chesterville, KwaMashu, KwaMakhutha, Mariannridge, Lamontville and Phoenix. Around Pietermaritzburg (PMB) we worked with the Impendle and KwaDambuza communities. We also worked with partners such as Izwelethu (project of Glenridge Church) and Youth for Christ in PMB.



Our overall objectives for 2016 were: to instill the culture of respect for human rights amongst young people; to help young people to understand and exercise their constitutional rights and

responsibilities; to strengthen peace-building initiatives amongst the youth in communities we work with; to promote respect for different cultures and facilitate the process where young people embrace

diversity; to assist young people to find their identity; to assist young people to manage strong feelings such as anger, and to promote the work of the Institute.

Statistics

Activity	Date	Target group/areas	Females	Males	Total
Rights and Responsibilities	1 February 2016	KwaMakhutha	147	146	293
Dialogue – School Drop-outs	20 February 2016	Chesterville and Mariannridge	14	20	34
Identity Workshop	27 February 2016	KwaMakhutha, Chesterville, Mariannridge	19	14	33
Human Rights Workshop	19 March 2016	KwaDambuza Community	16	16	32
Human Rights Workshop	21 March 2016	KwaMakhutha, Mariannridge, Chesterville, KwaMashu	40	24	64
Healing of Memories Workshop – RH	1–3 April 2016	KwaMakhutha and Lamontville	14	9	23
Freedom Day Workshop	27 April 2016	Chesterville, KwaMashu, KwaMakhutha, Mariannridge, Lamontville	50	37	87
Diversity Workshop – Being Different	5 May 2016	KwaMakhutha	55	40	95
Dialogue – Peace Building	13 May 2016	KwaDambuza	17	40	57



Activity	Date	Target group/areas	Females	Males	Total
Non-Violence Workshop	28 May 2016	KwaMashu and Mariannridge	8	13	21
Youth Workshop – Who are “The Youth”	17 June 2016	Impendle community	23	14	37
Youth Workshop – Who are “The Youth”	18 June 2016	Chesterville, Lamontville, KwaMashu, Mariannridge	30	24	54
Dialogue – Drug Abuse	22 June 2016	KwaDambuza community	40	16	56
Healing of Memories workshop – RH	28–30 June 2016	KwaMashu, Savannah Park	15	10	25
Non-Violence workshop	9 July 2016	Savannah Park, Village, Mariannridge, Chesterville	27	19	46
Dialogue – Masculinity	30 July 2016	KwaMakhutha, Mariannridge, Chesterville, Savannah Park	3	29	32
Dialogue – Rainbow Nation	9 August 2016	Mariannridge, Chesterville, Lamontville, KwaMashu, Savannah Park, Phoenix, KwaMakhutha and Izwelethu (Glenridge Church)	61	69	130

Exchange Programme between KwaZulu-Natal and Cape Town

We initiated an exchange programme between young people in KZN and the Western Cape. The theme for the first exchange programme was Identity, Slavery and Emancipation. Twelve participants from KZN joined 13 participants from the WC at the Burnley Lodge in Crawford and in Mitchell's Plain in Cape Town.

The second exchange programme was held from 2–5 December 2016 in KZN. The theme was Identity and Historical Disadvantage. The workshop was held at the Seapoint Towers, Mariannridge and Inanda. The objectives of this exchange programme were: to provide a space for young people to share their provincial history and experiences; to assist young people to find their identity as individuals and also as a collective, and to look at the consequences of the past disadvantages on our present time.





In both exchange programmes, participants were given the responsibility to co-facilitate the workshops, and this gave them an understanding of what it meant to facilitate and also how to deal with different types of participants, namely those that are difficult, those that talk more than others and those that are very quiet.

Through the exchange one learned a lot, especially around interacting with young people. Young people from different provinces behave differently, and one needs to be aware of different behaviour in order to be able to deal with them. Participants were also afforded an opportunity to create workshops around the historical sites they visited. With this exercise we realised that we have people in our groups who have a potential to be good facilitators and who are also committed and willing to take up the challenge.

During the exchange the role of a facilitator was emphasised, as well as the importance of team work. The facilitator needs to always be alert, guide the group, have good time management and listening skills, and must value every person equally. The exchange also gave participants a deeper insight of what the RH project is all about and further rejuvenated their interest and effort in the programme. Using drama as a tool in workshops allows participants to explore the

expression of different emotional responses. It also gives them a space to act out their own experiences. Connections were made within and across, as well as the importance of sensitivity regarding diversity.

Non-violence workshops

Two non-violence workshops have been offered to participants from KwaMashu, Mariannridge, Savannah Park and Chesterville. The objectives of the workshop were building self-esteem and successful interpersonal interactions in order to combat the high level of violence in our communities; to empower participants to lead non-violent lives through affirmation in order to create a non-violence society and strengthen our partnership within communities. These two workshops allowed participants to learn about different types of violence that affect our communities and families. The workshop also included practical exercises in small groups where participants practiced to resolve conflict in a non-violent way.

Results/achievements during the reporting period included:

- We were able to attract Indian and White communities to our activities, although more work needs to be done to sustain these relationships.



- Sustaining a group of formidable and committed facilitators is also a milestone, as is enhancing the leadership skills of RH facilitators. They are now independent.
- We were able to accept that people are different and learned how to accept that uniqueness of each person, and further learned how to use those differences in a positive way in their communities.
- Being able to work in all these communities and keep a good relationship amongst them. Improve cooperation amongst young people and creating a space where they shared in an authentic way.
- Keeping participants in our team who are now ready to be co-facilitators, is one of the successes.
- We were able to provide youth with a platform where they could enhance their self-worth. Youth feel they are important and their contribution is valued.
- Youth of different colours/races understand each other better.
- We have taken the relationship amongst the Western Cape youth and KZN youth to the next level.



- The programme was also able to enhance the leadership skills of facilitators by giving them an opportunity to chair meetings.
- We boosted the identity of young people and they now understand themselves better.

One of the challenges that we are still facing is to attract more Indians and Whites to our activities. We will continue to work with our strategic partners in order to involve more participants from these communities in future.

Conclusion

I would like to applaud the Restoring Humanity facilitators for a job well done this year. Furthermore, I would like to single out the excellent contribution made by Babalwa, Nkanyiso (Straw), Leena and Dewalt during the exchange programme.

During this year we have experienced a rainbow representation in some of our activities, though this has posed new challenges, but we are dealing with it as facilitators. Restoring Humanity would expand our communities in the following year and also target one rural community in our programme. This will also include recruiting new facilitators.

REPORT ON THE LAUNCH OF “UITEINDELIK VRY”

By Piet Meiring

A “must read” for all Afrikaners!

Father Michael Lapsley's book is a “must read” for all Afrikaners. This was the declaration of Professor Nelus Niemandt, Professor of Theology at the University of Pretoria and former moderator of the Dutch Reformed Church in Southern Africa. In February 2016, the Afrikaans translation of Redeeming the Past was launched in Pretoria and in Stellenbosch. The Afrikaans title of the book is Uiteindelik Vry (“Free at last”) – and Niemandt particularly liked it, because it did not only reflect on Father Lapsley's personal journey through a very painful past, but it also contained a message of hope for white Afrikaners who were despairing of their apartheid past and of their future role in South Africa. “This is exactly why the book had to be translated into the ‘heavenly language’ of Afrikaans,” Fr Lapsley told the audience. “I wanted them to be able to journey with me in their mother tongue.”

Among the 60 invited guests were theologians, diplomats, and old colleagues of Father Lapsley. One of the guests was Dr Frank



Chikane, a fellow victim of apartheid, who movingly spoke about the role that the young priest, who had left New Zealand to join in the South African struggle, had played. His greatest sin was that he dared to question the morality of apartheid, and for this he had to pay dearly. Also present was Adrian Vlok, who had served in the Apartheid Government as Minister of Police, and who was involved in many of the atrocities of the regime. Earlier in the day Vlok had requested a private meeting with Fr Lapsley, to ask for forgiveness for his complicity in what had happened to Lapsley. At the launch the victim gave a heart-warming report on his reconciliation, after a quarter of a century, with the perpetrator.

The next day, a similar ceremony was held in the chapel of the Faculty of Theology, University of Stellenbosch – also attended by many colleagues and friends. Professor Nico Koopman, Vice-rector of the University, addressed the meeting, together with Ms Sannie Meiring, the translator, who shared with the audience how she was personally touched by the story. Hailing from an Afrikaner family herself, she discovered the truth of the book's title, *Uiteindelik Vry* ("Free at last"), not only for the author but for herself, as well as for the South African nation.



THE INSTITUTE FOR THE HEALING OF MEMORIES HOSTED ITS FIFTH INTERNATIONAL CONFERENCE TITLED, “HEALING JOURNEYS: RESPONDING TO THE WORLD MAP OF PAIN” ON 21–23 SEPTEMBER 2016 AT THE WELGELEE CONFERENCE CENTRE IN PAARL.

The conference brought together Healing of Memories practitioners and allies from different countries and contexts we have worked with through the years. People living in and having lived through different experiences of pain caused by individual and collective traumatic conditions shared their stories. Healing practitioners, academics and artists from diverse backgrounds shared their experience, knowledge and collective wisdom to give guidance on ways we can respond to the individual and collective pain in the world.

The group was diverse in culture, age, language, gender, sexual orientation and life experience. The diversity in the conference

contributed hugely to the richness of discussion and its outcomes. Participants of the conference came from Angola, Congo Brazzaville, Cuba (Ambassador to SA), Germany, Japan, (Consul in Cape Town) Lesotho, Luxembourg, Malawi, Namibia, Rwanda, Sri Lanka, Syria, South Africa, USA, Venezuela (Ambassador to SA), and Zimbabwe – representing 16 nationalities.

Participants deliberated on issues affecting their daily existence in the realities of their homelands under the following headlines: War and its impact; Root Causes and antidotes to Extremism; Poverty, inequality, and exclusion from the political projects.

“The conference started off with a lament that bore testimony that the scale of human pain has never been greater. The conference resolved to call on people of the world to ...”

... stop the war culture!!! We must educate ourselves about the different components that are feeding a war culture. In relation to the arms industry, we noted that the countries that speak about peace are the same countries that benefit most from the arms industry. This contradiction needs to be highlighted and addressed. We noted the role media plays in both escalating and de-escalating war, and urge people to critically engage with the news.

... we must respect all identities we hold dear, and above all, hold to honour as sacred our human identity, the right to life and to live with dignity. We are alarmed at the growing tendency to justify torture and the continued marginalisation of people of colour, indigenous people, sexual minorities and the economically deprived.

... work together. It is our assertion that the overarching antidote to the root causes of pain is all forms of solidarity with the human family and mother earth. These goals can only be achieved when people work collaboratively in their own contexts and globally.

The conference was funded by Trinity Wall Street, USA



INSTITUTE FOR HEALING OF MEMORIES – NORTH AMERICA (IHOM-NA)

IHOM-NA has taken a major step forward at the end of 2016, hiring our first full-time Executive Director, Gloria Hage, after an extensive search process. She brings a passion for our work as well as successful experience in both corporate and non-profit work. We anticipate that through her leadership, 2017 will bring greater

financial stability, growth of our Board of Directors, and of our work. The Board expressed its appreciation of Karen Hayes' contributions in managing our national office for the past several years, and we are delighted that she will continue to serve as Regional Coordinator for California.

In keeping with one of our strategic goals, to train more facilitators and lead facilitators in North America, the Programme Committee of the Board, chaired by Margaret Fell, developed procedures for identifying, training, authorising and supporting IHOM-NA workshop facilitators. The committee, composed of board members and representatives of all our regions, met in May, in Arizona. The IHOM-



NA Board of Directors approved the policies and procedures at its October meeting, to become effective in January 2017.

Work has begun on developing a similar set of procedures for training of lead facilitators and will be continued in 2017.

REGIONAL REPORTS

Arizona

The Healing of Memories workshop continues to grow in popularity in the Arizona veteran community. We held four Healing of Memories workshops in 2016 – two for veterans, one for spouses and significant others of veterans, and one for veterans and first responders (police, sheriffs, firefighters and emergency medical service providers). This brought the total number of workshops in Arizona to 10 for veterans, two for spouses and significant others of veterans, and one for veterans and first responders.

Father Michael was back in Arizona to lead a Healing of Memories workshop for veterans in May. While he was here he was invited to visit the Navajo Lutheran Mission where he talked at a Sunday service. There is interest in this Native American community for a Healing of Memories workshop at some time in the future.

When Margaret Fell and Sheila Laughton were in town as lead facilitators for the workshop they conducted in November, they conducted a ‘mini’ Healing of Memories workshop for the staff of Catholic Charities of Arizona. They were impressed and we will be working with them on sponsoring a Healing of Memories workshop for one or more of their client populations – trafficking victims, foster care families and immigrants.

California

Southern California

Healing our Memories, Healing our Communities

On 1 and 2 June we had our second workshop with LAPD and community members, providing a safe, respectful space for all voices to be heard, and deep listening to occur. In dialogue sessions participants were invited to examine any internal biases and the ways we project them on others. Sharing and hearing each other's pain were the first steps toward healing as they began to see their common humanity.

The participants created a closing ceremony, including the creation of peace symbols and skits modeling positive community policing. Here are some of the comments that arose in our conversations about next steps:

- More communication; share stories; courageous conversations; transparency will help us meet in the middle.
- We still have internal issues that we have to fix. Get things out, say: "We are sorry for that. And let us tell you that we are a different department now."

- Officers will take the time to introduce themselves to church and community leaders, not just in emergency situations. Show that we care.
- A re-commitment of time by faith leaders – develop a covenant to work for better relationships with the police to stop the violence.
- Let's build on the Community and Police Advisory Board – meetings are open to the public.
- Have more gatherings like this one and heal what has happened in the past.

Our programme partners are Rev Kelvin Sauls, Pastor of Holman United Methodist Church and Deputy Chief William Scott, LAPD South Bureau. This programme was funded in part by a grant from the Coyote Fund, with matching funds from LAPD and Holman Church.

Workshop Facilitator Training

On 4 and 5 June Father Michael led a Healing of Memories workshop facilitator training at All Saints Church. Six trainees took their first step toward becoming certified IHOM facilitators. Their backgrounds include therapy, social work, ministry, and work on indigenous rights.



“In Our Son’s Name,” Screening and Discussion

We had a screening of “In Our Son’s Name,” a documentary about healing and reconciliation journeys of the family of Phyllis Rodriguez (IHOM-NA board member) who lost a son on 9/11. It was held at All Saints Church on 8 June with our additional partner, Conscientious Projector, which provides regular free screenings of films having a positive message. Fr Michael led a post-screening conversation circle about the impact of the film.

Workshops at All Saints Pasadena

- On 10–11 June, we provided a Healing of Memories workshop for an ethnically and vocationally diverse group of All Saints parishioners and other community members. The workshop was funded by a generous gift from an IHOM-NA supporter, matching funds from the church, and nominal fees paid by participants.
- On 29 October, Father Michael led a mini-Healing of Memories workshop for All Saints parishioners who have participated in an HOM workshop in the past, entitled, Further Conversations Along the Healing Journey.
- This is our sixth year of programmes at All Saints, and growing interest in the process has led to the development of an on-going HOM support group, open to all former participants. IHOM-NA workshop facilitators Sally Roberts, Maggie Thompson and Karen Hayes convene the support group meetings.
- In September we participated in the Celebration of Ministries to spread awareness about the Healing of Memories programmes.

Speaking Engagements

- On 28 October Fr Michael made a presentation about HOM to 150 people at Rotary International, expanding our base of supporters and potential partners.
- On 26 October Fr Michael made a presentation to 80 medical students at UCLA's Centre for World Health, which has as its vision to heal humankind through shared knowledge and compassion, and to make a difference in people's lives throughout the world.

Northern California

Speaking Engagements

Rev. Wilma Jakobsen, Rector at St Jude's Episcopal Church in Cupertino, coordinated a full slate of speaking engagements for Fr Michael:

- On 24 May at De Anza College in Cupertino and Santa Clara University in Santa Clara.
- 26 May at St Jude's Episcopal Church in Cupertino.
- On 29 May Fr Michael preached at Saint Francis Episcopal Church in Fair Oaks, and Trinity Episcopal Church in Sacramento. Following the sermon at Trinity, Fr Michael spoke on Healing of Memories.

Healing of Memories Workshops

- Fr Michael led a "Phase 2" HOM workshop for St Jude's parishioners who had participated in a past HOM workshop and wanted to revisit the process.
- Fr Michael also led an Introductory HOM workshop at St Jude's Episcopal on 28 May for new participants.

Hawaii

Two workshops were held in 2016 – a non-residential workshop at Brigham Young University Hawaii, included students and faculty from the school's peace building programme – and a residential retreat, included women from a prison furlough programme and members of the community.

Fr Michael and Clint Bowers also made a return visit to Iolani School where they worked extensively with students the year before, and led them in discussions and the making of peace symbols.

Fr Michael preached at St Elizabeth's Episcopal Church, a parish known for its social activism in its low income, culturally diverse neighborhood.



Minnesota

From 1–3 April 2016, two lead facilitators from Minnesota, Sheila Laughton and Margaret Fell, led a Veteran Spouses workshop at the Franciscan Renewal Center in Phoenix, with Hector Matascasillo facilitating the workshop.

From 6–8 May 2016, Fr Michael facilitated a workshop at the Franciscan Retreats and Spirituality Centre in Prior Lake, Minnesota, sponsored by Life Development Resources, a private out-patient mental health clinic which offers individual, couples and family counseling for adults, adolescents and children. The workshop was offered for LDR's providers and staff.

From 14–16 May 2016, Sheila Laughton, Hector Matascasillo and Margaret Fell attended the second annual IHOM-NA Programme Committee meeting at Spirit in the Desert Retreat Centre in Carefree, Arizona.

From 23–25 September 2016, Sheila Laughton and Margaret Fell led a Veterans workshop at the Franciscan Renewal Centre in Phoenix. From 18–20 November 2016, Sheila Laughton and Margaret Fell led a Veterans workshop at the ARC Retreat Centre in Stanchfield, Minnesota. The workshop included seven homeless

veterans sponsored by the Minnesota Assistance Council for Veterans. Audrey Lukasak and Steve Ellsworth, two new facilitator trainees, assisted in co-facilitating the workshop.

In November, Healing of Memories Minnesota received a grant from the Mary Alphonse Bradley Fund for 2017. The grant will enable expansion of the programme in Minnesota to more groups which have experienced emotional or psychological wounds resulting from military deployments and physical or sexual abuse, as well as those who have been traumatised as part of their professional or volunteer experience in providing public safety services, such as police, firefighters and first responders.

Northeast

A HOM workshop was held in April at the Fortune Society, an organisation whose goal is to foster a world where all who are incarcerated or formerly incarcerated will thrive as positive, contributing members of society.

Barrier Free Living, serving domestic violence survivors with disabilities, continues to be an important partner. Fr Michael spent time consulting with their staff in October. Fr Michael was also the guest preacher at Riverside Church on 16 October 2016.

Facilitators from the region have held two planning and visioning sessions. Jan McCray is now co-coordinating the region.

Tennessee

In October, Fr Lapsley and Clint Bowers led two introductory workshops in Chattanooga, with participants from the community, the Unitarian Universalist Church, and the police department. Father Lapsley also led the Sunday service at the Unitarian Universalist Church, and he and Clint had a lovely conversation with the youth.

We look forward to offering a full workshop in May of 2017, followed by a facilitator training. In the mean time we are working on a grant for the fall.



A BOOK LAUNCH IN HAVANA

By Javier García Alves

Following Father Michael Lapsley's visit to Cuba in 2014, our hosts decided to have a Cuban version of his memoir published by Editorial Caminos (belonging to the Martin Luther King Centre (CMLK) in Havana).

This project was supported by many patrons (amongst whom special mention should be made of Carlos Mas Zabala, a

long-time friend of Fr Michael's) and, despite some difficulties along the way, the third Spanish-language edition (after those published in Bogotá and Madrid in 2014) was finally launched during the 25th Havana International Book Fair, which was held from 11 to 21 February 2016.

The Cuban edition of Fr Michael's memoir was funded by a grant from the Cuban Book Institute (ICL), which made it possible for 5 000 copies to be printed and sold at the very affordable price of 20 Cuban pesos per copy (the equivalent of approximately 0.75 dollars!).

The launch event was led by Gerardo Hernández Nordelo, one of the Cuban Five whom Fr Michael visited many times during his long-



Michael Lapsley, *La redención del pasado. De la lucha por la libertad a la sanación* (Havana: Editorial Caminos, 2016. Foreword by Gerardo Hernández Nordelo. Translated by Javier García Alves)

term confinement in the penitentiary of Victorville (California), and who also wrote the foreword to the Cuban edition.

In addition to the book launch, this journey gave us the opportunity to forge closer ties with many friends, not least with the organising staff of the Cuban Institute for Friendship with Peoples (ICAP), who once again were perfect hosts during our eight-day stay and who put a lot of work into preparing a programme with many other fruitful meetings, for instance with representatives of the Central Committee (from both the Department of International Relations and the Office of Religious Affairs), with representatives of the Cuban Council of Churches, and with the director of 'Cenesex' (Cuban National Centre for Sex Education). A recurrent theme was their interest in deepening relations with the Institute for Healing of Memories, with a view to organising a healing of memories workshop during a future visit to the island.



ATTENDING A HEALING OF MEMORIES WORKSHOP WITH YOUR PARTNER – FRANCE

By Alice d'Anthenaise

After meeting Michael Lapsley in Cape Town in June 2014, we agreed to organise a conference and book launch in Rouen (France) in February 2015, at which Lucie, a young woman of Brazilian origin,

adopted by a French mother, said to Michael: "I would love to take part in a Healing of Memories workshop with you." One year later, once we had got in touch with Lucie again, we decided to organise a workshop during Michael's next visit to Europe and asked Christian organisations in Rouen (the diocesan communication service, a local Christian radio station, migrant aid groups, etc.) to help us publicise the event. And, most importantly, we asked the Holy Spirit to send us participants. A grand total of 22 turned up!

And so, from 2 to 4 September 2016, I attended the first-ever Healing of Memories workshop to be held in Rouen with my

husband. We took part in the plenary sessions together, along with everyone else, and split up for the 'story-telling' sessions, conducted in small groups. So we did not share the actual details of our personal stories with each other. We each went on our profound inner journeys. Although that journey was something that remained private, it was at the same time a shared experience of expressing feelings and emotions.

I felt that each successive part of the workshop enabled me to take a step further back into my memories and gradually to rid myself of some of the remaining traces of 'poison'. It was deeply moving for me to make this inner journey in solidarity with the other participants, sharing their stories, and to see how, at the end of the workshop, the human warmth that had flowed between us was reflected in the hope that filled the hearts of all participants. As I left, I took with me the words of encouragement I had received from my little group and an even greater certainty that Healing of Memories workshops are places where everyone – even couples – will feel at home!



EUROPEAN HOM WORKSHOP TOUR 2016

By Patrick Byrne

Father Michael's visit to Europe in the first half of September 2016, was organised by the Luxembourg Healing of Memories support group, mainly in response to requests from groups in Rouen (France), and Barcelona and Madrid (Spain). These

groups had hosted book launch events during his previous visit to Europe and had been inspired by these events to offer workshops in their own cities. Another French group in Paris and a Swiss one in Lausanne expressed an interest in doing likewise and it is hoped that this will be possible in the not-too-distant future.

The visit to France started with various meetings in Paris to discuss the prospects for promoting Healing of Memories (HOM) work in France with a number of partner organisations, including the chairman of the French section of the anti-torture group ACAT, and the Dominican priest Gabriel Nissim. Then it was off to Rouen to lead



the first-ever HOM workshop on French soil! Father Michael was accompanied by his aide, Thandikaya Nkosani, three facilitators/interpreters from the Luxembourg HOM team, myself, Javier García Alves and Esmeralda Chupin, and an additional interpreter from Paris, Gretchen Ellis.

The Rouen workshop was organised with a lot of care and thought by Alice d'Athenaise, with the support of her husband Jean and her little team of helpers. The venue – a conference centre in a convent slightly out of a town in a quiet setting – was well chosen and the warm welcome we were given by the sisters was greatly appreciated. When asked to tell participants about the rules of the house, the mother superior replied: “Rule 1. We hope you’re feeling happy; and Rule 2. We want you to be even happier.” Participants included people from a variety of backgrounds, including a number of refugees, mainly from African countries. It was a very successful workshop. (See Alice’s personal account.)

The next few days were spent at the ‘Luxembourg base’. They included a meeting with the local Caritas team to discuss future projects, in particular the Caritas-funded Arabic edition of Father Michael’s memoir and his forthcoming visit to Beirut and Jerusalem.

Then it was on to Spain to lead the first-ever HOM workshop on Spanish soil. See Javier García Alves’ personal account of this highly successful visit, which actually included two workshops.

The final stage of the 2016 European workshop tour took place in Luxembourg. In response to the recent arrivals of so many refugees in Europe, principally from Syria, the local HOM team had felt it important to hold a workshop open to a large number of such refugees. An information evening held 10 days before the workshop was packed out, so we knew there was plenty of interest. And, in the end, the 23 participants who enrolled for the workshop included 14 refugees! This was a very motivating experience, but also quite a challenging one, partly because of the very deep wounds that were obviously still fresh in the memories of participants. Also because it meant working in three languages – English, French and Arabic – and producing all the necessary documents, as well as finding skilled interpreters, in these languages.

However, thanks to the enriching preparatory conversations held with the Syrian community, the generous offer of services from a number of Arabic interpreters, and the financial support of a Luxembourg law firm, everything went according to plan. The

refugees who attended were particularly grateful for the opportunity to tell their stories and came back in large numbers for the reunion a few months later. And the non-refugee participants, some of whom had taken part in previous workshops, were deeply moved by this unique experience. Plans are already afoot for the next such workshop, bringing together refugees and non-refugees.



Participants in the Rouen workshop, 2–4 September 2016



TWO HEALING OF MEMORIES WORKSHOPS IN BARCELONA (9–11 AND 12–13 SEPTEMBER 2016)

By Javier García Alves

Following the success of the launch of the Spanish edition of Fr Michael's memoir in three Spanish cities (during his European tour in February 2015), our hosts in Barcelona expressed an interest

in organising the first Healing of Memories workshop in Spain.

Finally, after many e-mail exchanges, Skype calls and a short preparatory trip to the Catalan capital, our team, comprising Fr Michael, Thandikaya Nkosani, Véronique Grimée, Patrick Byrne and myself, landed in Barcelona in September 2016, supported by a team of four volunteer interpreters covering the four working languages of the workshop: English, French, Spanish ... and Catalan!

The profile of the participants was also varied: apart from those coming from Barcelona, there were people from Madrid and other parts of Spain, but also from Andorra, and even Chile!



This diversity undoubtedly helped to look in greater depth at the wounds deriving from the difficulties of coexistence in a country like Spain, marked by nationalist movements in several regions (e.g. Catalonia), and to foster a climate of mutual understanding. The setting also contributed, as we had the fortune of holding the workshop in the Benedictine monastery of Sant Pere de les Puel·les, whose sisters had already welcomed Fr Michael during his previous visit to Barcelona and who showed us once again their amazing ability to combine efficiency and prayer in the midst of the asphalt jungle!

After paying a short visit to another famous Catalan monastery, the Abbey of Montserrat, and as a climax to our stay in Barcelona, Fr Michael led a second Healing of Memories workshop (co-facilitated by Thandikaya and myself), this time for the community of Benedictine sisters, which, according to one of them, was “definitely a gift”.



The participants in the first-ever Healing of Memories workshop on Spanish soil (9–11 September 2016).

EL SALVADOR

By Angela Smith

Director of Mission Engagement

A November visit by Father Michael and Clint Bowers was a key component in helping build a movement in El Salvador as the ecumenical community seeks to overcome the country's ongoing designation as one of the most violent in the world. Churches are leading efforts to promote peace and reconciliation in the country and through collaboration between the Anglican Episcopal Diocese of El Salvador and Saint Francis Community Services, a US-based Episcopal organisation with a mission of healing for children and families, Fr Michael was invited to share his life experience and the Healing of Memories model. The objectives of the visit included introducing Healing of Memories to a wide audience across the country as a potential piece of the complex solutions that will be required to move beyond the wounds of the past, deal with the wounds of the present, and plan a healing path for the future for which God and the Salvadoran people would hope.



During the visit, Fr Michael was interviewed by various national media outlets and broadcast on more than 25 radio stations across the country to promote healing and reconciliation as one response to the violent history and subsequent and ongoing violence in the country. He also participated in an All Saint's Day ecumenical service remembering the murdered and disappeared victims of a 12-year civil war that officially ended with peace accords in 1992, but which many claim only transformed to become a "social war" that endures



today. Excellent response from pastors, lay leaders, university students and faculty, and members of organisations and civil society at additional public events encouraged further efforts to bring Father Michael back to El Salvador to build on the success of his message.

A proposed three to five year strategy for introducing Healing of Memories workshops across the country, is being explored as an important component of a broader strategy seeking peace and reconciliation by national and international commissions led by FECLAI (Ecumenical Forum of the Council of Latin American Churches) and the Institute for Healing of Memories. At least one radio station, which broadcasts both in El Salvador and in cities highly populated by Salvadorans in the US, has agreed to read Father Michael's book, *Redeeming the Past: My Journey from Freedom Fighter to Healer*, in an effort to introduce more Salvadorans to the concept and importance of reconciliation in the search for peace.

LIST OF THE INSTITUTES PARTNERS AND DONORS

Caritas Luxembourg
Church of Sweden
Dick and Sally Roberts Coyote Foundation
Arendt Meder
District Sihom
Dr Henry Payne
Jan Henrik Lue
EED/Bread for the world
Ev. Lutheran Kirchenkreis Hamburg-Ost
HOM North America
Holy Family Sisters
Luxembourg Foreign Ministry
Mary Award Association
Miscan Cara
Missio
Mott Foundation
New Zealand consulate
SIT Cape Town 803
SSM – Society of the sacred mission
St George's Cathedral
Trinity Wall Street USA
World Council of Churches

The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2016

GENERAL INFORMATION

Country of incorporation and domicile

South Africa

Type of trust

Inter Vivos

Trustees

Canon DM Mark (Chairperson)

Ms G Wildschut

Fr M Lapley SSM (Director)

Prof P Meiring

Imam AR Omar

Dr CH Thesnaar

Fr M Twum-Darko

Rev SP Xapile

Registered office

5 Eastry Road

Claremont 7708

Business address

5 Eastry Road

Claremont 7708

Postal address

PO Box 36069

Glosderry 7702

Auditor's

Cecil Kilpin & Co.

Chartered Accountants (S.A.)

Registered Auditor

Trust registration number

IT 4386/98

Tax reference number

2197/1340/03



The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2016

STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2016

	Note(s)	2016		2015	
		R		R	
Assets					
Non-Current Assets					
Property, plant and equipment	2	2,127,360		2,141,342	
Current Assets					
Trade and other receivables	3	183,821		92,775	
Cash and cash equivalents	4	95,611		322,404	
Other assets	5	2,074,765		1,410,545	
		2,354,197		1,825,724	
Total Assets		4,481,557		3,967,066	
Equity and Liabilities					
Equity					
Trust capital	6	1,000		1,000	
Accumulated surplus		2,843,842		3,058,511	
		2,844,842		3,059,511	
Liabilities					
Non-Current Liabilities					
Other financial liabilities	7	831,925		871,075	
Current Liabilities					
Trade and other payables	8	116,296		–	
Other financial liabilities	7	35,239		24,091	
Deferred income	9	645,571		–	
Provisions	10	7,684		12,389	
		804,790		36,480	
Total Liabilities		1,636,715		907,555	
Total Equity and Liabilities		4,481,557		3,967,066	

The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2016

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME

	Note(s)	2016		2015	
		R		R	
Revenue	11	6,507,653	4,363,080		
Other income		102,070	87,060		
Operating expenses		(6,862,196)	(5,647,278)		
Operating deficit		(252,473)	(1,197,138)		
Investment revenue	12	134,512	145,745		
Finance costs	13	(96,708)	(90,048)		
Surplus (Deficit)		(214,669)	(1,141,441)		

STATEMENT OF CHANGES IN EQUITY

	Trust capital		Accumulated surplus		Total equity	
	R	R	R	R	R	R
Balance at 01 January 2015	1,000	4,199,952	4,200,952			
Surplus (Deficit)	-	(1,141,441)	(1,141,441)			
Balance at 01 January 2016	1,000	3,058,511	3,059,511			
Surplus (Deficit)	-	(214,669)	(214,669)			
Balance at 31 December 2016	1,000	2,843,842	2,844,842			

Note(s)

6



The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2016

STATEMENT OF CASH FLOWS

		2016	2015
	Note(s)	R	R
Cash flows from operating activities			
Cash generated from (used in) operations	15	432,886	(1,804,858)
Interest income		134,512	145,745
Finance costs		(96,708)	(90,048)
Net cash from operating activities		470,690	(1,749,161)
Cash flows from investing activities			
Purchase of property, plant and equipment	2	(5,261)	(14,211)
Purchase of investment account		(664,220)	-
Sale of other investment accounts		-	778,761
Net cash from investing activities		(669,481)	764,550
Cash flows from financing activities			
Repayment of other financial liabilities		(28,002)	(16,884)
Net cash from financing activities		(28,002)	(16,884)
Total cash movement for the year		(226,793)	(1,001,495)
Cash at the beginning of the year		322,404	1,323,899
Total cash at end of the year	4	95,611	322,404

The Institute for Healing of Memories Trust

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Annual Financial Statements for the year ended 31 December 2016

NOTES TO THE ANNUAL FINANCIAL STATEMENTS

2. Property, plant and equipment

	2016			2015		
	Cost R	Accumulated depreciation R	Carrying value R	Cost R	Accumulated depreciation R	Carrying value R
Land and buildings	2,093,406	–	2,093,406	2,093,406	–	2,093,406
Furniture and fixtures	47,125	(46,125)	1	47,125	(46,044)	1,081
Office equipment	56,243	(50,719)	5,524	56,243	(48,168)	8,075
IT equipment	207,278	(178,849)	28,429	202,016	(163,236)	38,780
Total	2,404,052	(276,692)	2,127,360	2,398,790	(257,448)	2,141,342

The Institute for Healing of Memories Trust

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Annual Financial Statements for the year ended 31 December 2016

Reconciliation of property, plant and equipment – 2016

Land and buildings

Furniture and fixtures

Office equipment

IT equipment

Reconciliation of property, plant and equipment – 2015

Land and buildings

Furniture and fixtures

Office equipment

IT equipment

Opening balance R	Additions R	Depreciation R	Total R
2,093,406	–	–	2,093,406
1,081	–	(1,080)	1
8,075	–	(2,551)	5,524
38,780	5,261	(15,612)	28,429
2,141,342	5,261	(19,243)	2,127,360
2,093,406	–	–	2,093,406
5,793	–	(4,712)	1,081
10,625	–	(2,550)	8,075
38,321	14,211	(13,752)	38,780
2,148,145	14,211	(21,014)	2,141,342



The Institute for Healing of Memories Trust

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Annual Financial Statements for the year ended 31 December 2016

	2016 R	2015 R
Property, plant and equipment encumbered as security		
The following assets have been encumbered as security for the secured long-term borrowings 7:		
Erf 52246, Claremont, Cape Town	2,093,406	2,093,406
Details of properties		
Erf 52246, Claremont, Cape Town		
– Purchase price: 05 August 2009	1,300,000	1,300,000
– Additions since purchase or valuation	793,406	793,406
	2,093,406	2,093,406
3. Trade and other receivables		
Employee costs in advance	56,000	–
Deposits	–	5,308
VAT	127,821	87,467
	183,821	92,775
4. Cash and cash equivalents		
Cash and cash equivalents consist of:		
Cash on hand	696	–
Bank balances	94,915	322,404
	95,611	322,404
5. Investment Accounts		
BOE Investment	2,074,765	1,410,545
6. Trust capital		
Capital account / Trust capital		
Balance at beginning of year	1,000	1,000
7. Other financial liabilities		
At amortised cost		
Mortgage bond	867,164	895,166
The bond is secured over the land as described in Note 2 and is repayable in fixed monthly instalments of R11,067.04. The bond bears interest at prime plus 0.65% per annum.		
Non-current liabilities		
At amortised cost	831,925	871,075
Current liabilities		
At amortised cost	35,239	24,091
	867,164	895,166
8. Trade and other payables		
Accrued expense	116,296	–
9. Deferred income		
Brot Fur die Welt (EED)	645,571	–
Current liabilities	645,571	–
Deferred income is due to funds received from Brot Fur die Welt (EED), not to be utilised in the current year.		



The Institute for Healing of Memories Trust

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Annual Financial Statements for the year ended 31 December 2016

10. Provisions

Reconciliation of provisions – 2016

Opening balance	Utilised during the year	Total
R	R	R
12,389	(4,705)	7,684

Leave pay provision

Reconciliation of provisions – 2015

Opening balance	Additions	Total
R	R	R
35,946	(23,557)	12,389

Leave pay provision

11. Revenue

	2016	2015
	R	R
Rendering of services	6,061,210	4,219,270
Royalty income	187,200	–
Workshop fees	259,243	143,810
	6,507,653	4,363,080

12. Investment revenue

Interest revenue		
BOE Investment interest	134,512	145,745

13. Finance costs

Mortgage Bond interest	96,708	90,048
------------------------	--------	--------

14. Auditor's remuneration

Fees	41,423	46,450
Expenses	–	1,539
	41,423	47,989

15. Cash generated from (used in) operations

Deficit before taxation	(214,669)	(1,141,441)
Adjustments for:		
Depreciation and amortisation	19,243	21,014
Interest received	(134,512)	(145,745)
Finance costs	96,708	90,048
Movements in provisions	(4,705)	(23,557)
Changes in working capital:		
Trade and other receivables	(91,046)	(32,612)
Trade and other payables	–	(112)
Deferred income	645,571	(572,565)
	432,886	(1,804,856)

The Institute for Healing of Memories Trust

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Annual Financial Statements for the year ended 31 December 2016

16. Grant

	2016 R	2015 R
Caritas Luxembourg	(787,700)	(745,332)
Church of Sweden	(416,096)	(493,104)
Church of Sweden – IHOM/THRP Project	(151,691)	(165,764)
Dick & Sally Roberts Coyote Foundation	–	(242,283)
Donations	(219,597)	–
Donations – Arendt Meder	(71,655)	–
Donations – District Sihom	(918)	–
Donations – Jan Henrik Lue	(326,797)	–
EED/ Bread for the World	(1,667,402)	(787,930)
Ev. Lutheran Kirchenkres Hamburg-Ost	(7,001)	–
HOM North America	(152,304)	(160,799)
Holy Family Sisters	(10,000)	(10,000)
Luxembourg Foreign Ministry	(605,187)	(450,816)
Mary Ward Association	(2,000)	(1,000)
Miscean Cara	–	(193,413)
Missio	(232,450)	(161,604)
Mott Foundation	(776,865)	(572,565)
New Zealand consulate	(20,118)	(20,000)
Other income	(3,409)	–
SIT Cape Town 803	(2,000)	–
SSM – Society of the sacred mission	(242,635)	(83,525)
St Georges Cathedral	(2,500)	–
Trinity Wall Street USA	(354,165)	(131,135)
World Council of Churches	(8,720)	–
	(6,061,210)	(4,219,270)



The Institute for Healing of Memories Trust

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Annual Financial Statements for the year ended 31 December 2016

DETAILED INCOME STATEMENT

	2016	2015
Note(s)	R	R
Revenue		
Grants & Donations	6,061,210	4,219,270
Royalty income	187,200	–
Workshop Income	259,243	143,810
11	6,507,653	4,363,080
Other income		
Donations for workshops	6,097	–
Other income	95,973	87,060
Interest received	134,512	145,745
12	236,582	232,805
Expenses (Refer to page 69)	(6,862,196)	(5,647,278)
Operating deficit	(117,961)	(1,051,393)
Finance costs	(96,708)	(90,048)
13	(214,669)	(1,141,441)
Surplus (Deficit)		

The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2016

DETAILED INCOME STATEMENT

	2016 R	2015 R
Operating expenses		
Accounting fees	85,800	5,000
Annual report and publications	81,532	37,037
Auditors remuneration	41,423	47,989
Bank charges	16,638	14,843
Computer expenses	35,441	17,657
Conference expenses	322,546	165,228
Consulting and professional fees	35,614	-
Depreciation, amortisation and impairments	19,243	21,014
Email and internet costs	24,435	16,977
Employee costs	2,972,953	2,780,335
Equipment expenses	-	7,857
Exchange program IHOM and THRP	65,949	168,504
External Evaluation	151,536	-
Facilitators Honoria	138,430	84,000
Festival costs	282,870	-
Fines and penalties	6,125	4,332
Insurance	27,380	26,844
International facilitators	-	149,576
KZN office expenses	108,414	127,070
KZN small assets	1,680	5,602
KZN workshops	643,021	360,602
Knowledge hub expenses	13,576	35,675
Magazines, books and periodicals	64,696	53,366
Municipal expenses	18,508	18,928
Postage	9,504	8,635
Printing and stationery	53,284	20,740
Repairs and maintenance	44,470	4,380
Restoring humanity youth workshops	278,441	179,977
Security	5,556	9,776
Staff welfare	110,431	16,405
Subscriptions	5,407	-
Telephone and fax	54,378	46,097
Travel – local	90,815	22,390
Travel – overseas	189,985	385,945
Workshop costs	862,115	804,497
	6,862,196	5,647,278



ORGANISATIONAL STRUCTURE

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The Most Revd Desmond Tutu Archbishop Emeritus

Helen Clark Administrator of United Nations Development Programme

Kirsty Sword Gusmão Former First Lady of Timor-Leste

HRH Grand Duchess Maria Theresa of Luxembourg

Board of Trustees:

Canon Delene Mark (Chairperson) CEO Hope Africa

Dr Christo Thesnaar (Secretary) – University lecturer on pastoral care and youth formation, University of Stellenbosch

The Revd Dr Michael Twum-Darko – Head: Academic and Postgraduate Programmes, Graduate Centre for Management, Faculty of Business, Cape Peninsula University of Technology, Cape Town and Assisting Priest in Charge – Church of the Holy Redeemer, Sea Point

Imam Abdul Rashied Omar – Moslem cleric, university lecturer and deputy chairperson of the Inter-Religious Commission on Crime & Violence

The Revd Piet Meiring, Professor of Religion and Missiology, (Retd) University of Pretoria

Glenda Wildschut – Director Transformation Services, University of Cape Town

The Revd Dr Spiwo Xapile – JL Zwane Centre

Fr Michael Lapsley, SSM (Director)

Cape Town Office

Fr Michael Lapsley, SSM – Director

Eleanor Kuhn – Personal Assistant to Director

Ntombomzi Magqazolo – Finance Manager

Francoise Goldie Bartley (Franki) – Finance Assistant

Fatima Swartz – Programme Manager

Liso Madikane – Restoring Humanity Project Assistant

Loret Loumouamou-Mouketou – Western Cape Workshops Organiser

Mandla Klanisi – Community Healing Project Organiser in Delt

Clint Bowers – Organisational Support

Magdalene Moses – Community Healing Project Organiser in Atlantis

Lydia Vuba – Housekeeping

KwaZulu-Natal Office

Alphonse Niyodusenga – Deputy Director and KwaZulu-Natal Regional Manager

Bridget Phillis – Community Healing Project Organiser

Sandile Magutshwa – Restoring Humanity Project Organiser



***Eleanor Kuhn –
Personal Assistant to
Director***



***Ntombomzi
Magqazolo – Finance
Manager***



***Francoise Goldie
Bartley – Finance
Assistant***



***Lydia Vuba –
Housekeeping***



Institute for the Healing of Memories

5 Eastry Road, Claremont, Cape Town 7708, South Africa

Tel: +27 21 6836231

Fax: +27 21 683 5747

Email: info@healingofmemories.co.za

Website: www.healing-memories.org

Banking Details

Bank: Standard Bank

Branch Name: Mowbray

Address: Main Rd, Mowbray, Cape Town, South Africa

Branch Code: 02-49-09

Name of Account: Institute for Healing of Memories

Type of Account: Market Link

Account Number: 075133164

Swift Code: SBZAJJ

