



INSTITUTE  
FOR THE  
**HEALING**  
OF **MEMORIES**  
2018 ANNUAL REPORT



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## Patron's message

Patron Maria Teresa, Grand-Duchess of Luxembourg



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The work of the Institute for Healing of Memories is something very close to my heart. Sadly we still live in a world with a great deal of pain emanating from war, injustice and oppression. In a world with so much pain and conflict the mission of the Institute to heal old wounds of nations and individuals is a sign of light and hope.

It is remarkable that, as well as the ongoing work in South Africa, the Institute's work has extended from Syria to the Arctic Circle to Myanmar.

It is a source of pride that Luxembourg has been able to play a significant role in not only financial support but through holding healing of memories workshops in Luxembourg.

The success of Fr. Michael's work tells us how the issue of responding to trauma and dealing with the past resonates universally.

I would like to thank Fr. Michael and all his colleagues across the world for their invaluable work and wish them courage, patience and determination for the future.

**Maria Teresa, Grand-Duchess of Luxembourg**



## Chairperson's introduction

By Delene Mark

The work of healing is a critical step in the process of dealing with trauma and psychological wounds. This work of the healing of memories is not a "nice to have" programme when embarking on social justice, economic development, community transformation and all of the targets set in the sustainable development goals...but an integral part of ensuring the success of the said goals and targets.

At the institute, over the last year we have been able to implement programmes, locally in South Africa, but also extended the work to all parts of the world.

On behalf of the trustees, I would like to extend our gratitude to Father Michael Lapsley for tirelessly travelling the world to share the methodology of healing of memories and at the same time sharing the stories of the people of South Africa. We are indeed delighted at the international interest in Fr. Michaels book, that has been translated into multiple languages.

Across the NGO sector, funding of community-based programmes is becoming more difficult to secure, especially as much of the funding is allocated to projects that produce more tangible outcomes. We are therefore especially grateful to all our donors and partner organisations in ensuring that the work of healing is able to continue. The 2018 year has been one where the institute faced many financial challenges, but thanks to the friends of the institute that gave generously, we are in a much healthier financial situation even into 2019.

The institute has a small staff component of dedicated and loyal individuals who keep the vision and mission alive, through the everyday operations and programmes that include workshops, trainings, conferences and community dialogues. We are very thankful to their patience and commitment during a difficult financial year

In 2018, we were pleased to host a successful fundraising dinner, graced by Dr Mamphela Ramphela as our key note address, with the beautiful melodies of the gentleman's ensemble providing the entertainment. A big thanks also to Marlene Le Roux for facilitating the proceedings of the event.

The board is happy to present to you our annual report for 2018, praying also for your continued prayers and participation in 2019.

Peace and Blessings

*Delene*



## Director's report

By Fr Michael Lapsley SSM

Thank you for the opportunity to share with you the highlights of our work during 2018.

This work has taken me to every corner of the globe..... to Myanmar and Thailand, to Syria and Lebanon to the Arctic circle with the Sami in Finland, to Luxembourg and France with refugees and former child soldiers, to Canada including with

people from different indigenous nations, to Germany and across the United States twice and twice to the United Kingdom and a few weeks ago to the mountain Kingdom of Lesotho.

Brother Moeketsi accompanied me to Myanmar and Thailand. Both countries are under military rule. In Myanmar there is growing hatred along ethnic and religious lines with the most outrageous and wide scale crimes carried out against the Rohingya by the military. Even as armed conflict continues there are journeys of healing taking place.

In Thailand I was involved in public speeches and media interviews about healing of memories. It was agreed that my memoir will be published by the International Network of Engaged Buddhists in February 2019.

Out of the blue, I was invited by a community of Maronite sisters in Tartus in Syria to come and speak to them about forgiveness. The town is not in a war zone but every single person is affected by the Syrian war. People were

“ THIS WORK HAS TAKEN ME TO EVERY CORNER OF THE GLOBE..... ”

amazed and grateful that I came. As you can imagine, it is not easy to keep hope alive in a war ravaged country.

I was involved in leading workshops in Luxembourg and France. We are developing a team of facilitators in both countries and all our workshops involve local people as well as refugees. The story of a Liberian former child soldier and an Iraqi man whose wife disappeared and desperately waits for her will stay with me for ever. We also conducted an introductory workshop in Luxembourg's prison.

On and off through the years, I have worked with Sami people who are the indigenous people in Norway, Finland, Sweden and some in Russia. Through the International Network of Traditional and Religious Peacemakers, this year we offered a healing of memories workshop with the Sami in Inari in the Arctic Circle. I even passed through the town where allegedly Father Christmas lives. During my two visits to the US this year there was ongoing focus on work with military

veterans in Arizona. Very sadly, more soldiers in the US die from suicide than in combat. There was also a workshop with incarcerated veterans in New York and an introductory workshop with women in prison in Hawaii.

At the end of September, I continued training and workshopping with a Restorative Justice Initiative in Montreal.

In Edmonton in Canada, I spent a week in the Anglican Diocese where I am the Canon for Healing and Reconciliation. This involved training and relating to the Diocese in many different ways.

Liverpool Hope University where I received an honorary doctorate a few years back, invited me as a keynote speaker at a second youth congress on Hope with young people from across the world.

After Liverpool I made a side trip to Hamburg in Germany. There has been a long relation between a South African and a German music group called Dube music and the Ilanga Music

“MUCH OF MY ENERGY IN 2018 WAS SPENT FUNDRAISING FOR THE INSTITUTE TO KEEP US AFLOAT WITH SOME SUCCESS. THIS CHALLENGE WILL CONTINUE IN 2019 PARTICULARLY AS WE SEEK MORE CORPORATE FUNDING FROM WITHIN SOUTH AFRICA. PLEASE PRAY HARD IN THIS RESPECT.

Festival based in Hamburg who support the work of the Institute and they hosted the visit there. In September I was the only speaker from outside the UK at a Conference of all English Cathedrals in Manchester, the first of its kind in 400 years.

The work of healing of memories in Lesotho continues to flourish with the support of the Society of Sacred Mission, participation of a number of brothers and under the capable leadership of Brother Moeketsi. I am sure his report will elaborate more. As well as successful workshops and training a Fun walk was a giant success.

At the end of 2019 I met first with the head of the Lesotho military and then all the generals together. They concluded that healing of memories work should begin with them

I am hopeful that this work will expand in 2019 with support from SADCC through the Christian Council of Lesotho.

When I am in Cape Town I go to St George's Cathedral and sometimes celebrate Mass and preach. I am also the Canon for Healing and Reconciliation there.

At the end of 2018, I finished my term as Honorary Consul for New Zealand in Cape Town after 18 years. It was an honour to represent the country of my birth in this way.

Much of my energy in 2018 was spent fundraising for the Institute to keep us afloat with some success. This challenge will continue in 2019 particularly as we seek more corporate funding from within South Africa. Please pray hard in this respect.

God willing I am hoping that before the end of 2019 I will step down from being Director of the Institute in South Africa but health and energy permitting, I will continue with training and fundraising nationally and internationally. At the same time we are seeking to create Healing of Memories International to help coordinate our work across the world. Please pray also in this regard for guidance and wisdom as we seek to create a new structure.

The more I travel the more I realise that there is just one human family all of us are capable of doing the most terrible things to each other but also Thanks Be to God, capable of great kindness, generosity and compassion structure.

At the end of June the Institute is hosting a conference on the relationship between healing and justice which we hope will have good representation from Lesotho.

In July I will visit Ghana, and then Togo and Benin which are both Francophone for workshops and book launches of the French edition of my memoir. These visits were initiated by ACAT, a human rights organisation dedicated to ending torture.

You can see from the individual reports that 2018 was a very successful year in terms of our work not withstanding our financial challenges.

I am profoundly grateful to all my colleagues for their very hard work

Our hearts are full of gratitude to all those who are part of the healing of memories family across the world together with everyone who supports our work



## Chief Operating Officer and KwaZulu Natal Regional Manager

By Alphonse Niyodusenga

As part of our efforts to improve our programmes and respond to the needs of healing in South Africa, our activities continued to be based on three key objectives: prevention, healing and empowerment. In addition, our strategy for the period of 2018 has at its core commitment to create more safe spaces for individual healing through healing of memories workshops. The Healing of Memories workshops proved that telling a story appeared to relieve

participants of negative feelings and enabled them to move forward. Mutual understanding and reconciliation were arising from the opportunity for listening to others' story who have had different experiences.

During the reporting period, community healing dialogues continued to promote a useful platform for communities to engage with, especially on issues around torture, gender-based violence, xenophobia, teenage pregnancy and restorative justice. On the other hand, the Restoring Humanity Youth Programme focused on series of activities on inter religious dialogues for young people in Cape Town entitled God Has Many Names. These workshops focused on different themes including conflict and religion, religious extremism, religion and spirituality and creating inclusive integrated communities. The workshops contributed to fostering understanding and friendships among the people from different faith beliefs and those not practicing any religion.

The number of partners has been increased in 2018 especially from interfaith communities both in KwaZulu Natal and Western Cape. These partnerships increased access to communities,

“ AS PART OF OUR EFFORTS TO IMPROVE OUR PROGRAMMES AND RESPOND TO THE NEEDS OF HEALING IN SOUTH AFRICA, OUR ACTIVITIES CONTINUED TO BE BASED ON THREE KEY OBJECTIVES: PREVENTION, HEALING AND EMPOWERMENT.



complemented our work and enabled effective referral systems and follow ups.

The biggest challenge facing the organisation is funding. Although in general programmes activities are fully funded, the salaries and overhead costs for running the organisation are not necessarily funded and this create a challenge. Despite of this challenge on funding, achieving financial and operational stability as per our agreements with our donors while remaining sustainable was a key focus in 2018 taking into consideration the economic situation in the country and its impact on NGO funding in general.

To mitigate this challenge, the organisation has been initiating fundraising events, pursuing potential funders and increasing partnerships activities. The Institute hosted the fundraising gala dinner in KZN and Cape Town respectively in 2018. Both events were successful, and we appreciate for donations and support that we received in order to continue our mission for transforming the lives and futures of vulnerable people and communities towards the national healing and reconciliation.

In conclusion, as we ended the year of 2018, many challenges remain notably in the areas of reaching out to White and Indian communities and expansion of the Institute work to other provinces in South Africa as well as in the region. One of the focus areas in 2019 is to implement strategies for reaching and partnering with more White and Indian communities and also for developing an effective Africa programme.

I would like to give an appreciation to the Director and the Board of Trustees for their supports. I must also acknowledge the efforts from my colleagues and facilitators who keep the programmes implementation of the organisation on course.

“ IN CONCLUSION, AS WE ENDED THE YEAR OF 2018, MANY CHALLENGES REMAIN NOTABLY IN THE AREAS OF REACHING OUT TO WHITE AND INDIAN COMMUNITIES AND EXPANSION OF THE INSTITUTE WORK TO OTHER PROVINCES IN SOUTH AFRICA AS WELL AS IN THE REGION.



## KwaZulu Natal report – Healing of Memories workshops

By **Bridget Philips- Healing of Memories workshops Organiser**

It is true that much effort has been made by the South Africa government to address the socio-political economic disparities. However the big challenge remains: how do we address the psychological trauma of healing of our history which still has a lasting effect on many individuals and communities. In addition, the KwaZulu Natal province's history of political violence and social ills such as poverty and HIV/Aids pandemic challenged us to reflect on the Healing of Memories processes and apply them in a manner that would help to address the multiple-wounded nature of the province.

Conducting Healing of Memories workshops in response to these challenges and psychological trauma has in a way re-emphasised the huge amount of need that still need to be addressed in order to build a well balanced and healthy society for the province. Through Healing of Memories workshops, we continued to bear witness to life changing transformation to

individuals, families and communities haunted by memories of the past as well as current trauma.

In addition, we also engaged communities through community healing dialogues. Given the challenges of the increase of xenophobic attacks in the province, we worked with refugees/migrants as individuals and with their organizations in response to working for peace. A lot has been achieved in creating spaces for refugees/migrants and South Africans to dialogue on issues that are causing these attacks within communities and to encourage them to live together, embrace and celebrate our diversity.

### 2018 Highlights:

Activities	No of activities	Men	Women	Total
Workshops	17	161	253	414
Reunions	4	33	52	85
2nd Phase	3	10	34	44
Dialogues	11	133	384	517
Facilitators Training	2	16	16	32
Total all	37	353	739	1092



*KZN*



*KZN*



*Women's workshop - KZN*



*Zoey-Life - KZN*

Some feedback of participants on the impact of Healing of Memories workshops:

"The drawing exercise took me back on how the apartheid affected my life. I felt very angry. During the story telling, I managed to open my wounds which I thought had healed. I realised that I am still angry and traumatised after many years. The Healing of Memories workshops helped me to begin my journey towards healing."

"The Healing of Memories workshop taught me that forgiveness is a choice and I am the one who benefit when I forgive even if another person is not willing to forgive me. This has changed my life since then. I decided to forgive my enemies something which I couldn't do before I attended the Healing of Memories workshop."

In conclusion, the Healing of Memories workshops and community healing dialogues were able to bring hope and new beginnings for people and motivate them to bring out the best in their lives. We will continue to use a multi-dimensional approach to assist those involved in becoming agents for social change.

I would like to conclude by thanking all our partners that have journeyed together with us over the 2018 period. Most of all to our Healing of Memories facilitators who have without fail believed in the process.



## Western Cape Healing of Memories Programme

By Loret Loumouamou

The Western Cape Healing of Memories programme planned 25 workshops at the beginning of the year and they were all achieved through the Bread for the World funding. It continues to implement the strategic objectives of the organisation of healing, preventing the human rights abuses and empowering people by creating a caring environment.

Two highlights of this year, one was to see an increase in the number of men attending our programme and second one was the participation of people living with disability.

A total of 218 men attended the weekend workshops over 221 women. 304 people including men, women and young people attended second phase workshops, Re-union workshops and youth workshops. This is a huge achievement over 5 years.

The workshops is truly an eye-opening moment to most of the participants to hear the stories of others. The process is liberating and frees and restores human dignity.

The healing of memories continues to create sacred space for healing and reconciliation in the province in order to bridge the gap left by the Truth and Reconciliation commission in the context of trauma healing.

The workshop address issues such as gender based violence, gansterism, xenophobia, racism and other social ills, and is a response to non-violence in creating a peaceful environment.

The healing process assist participants to remember past injustices- ancient, old, and recent and helped them to take one step towards their healing journey.

Participants were able to begin the journey of acknowledging and letting go of that which is destructive inside them and taking from the past that which is life-giving.

The healing of Memories work across the Western Cape continues to flourish.

### Activities achieved

The following activities were achieved in Western Cape

Weekend workshops were held	16
Second phased workshop	4
Re-union workshop	5

Total of 743 people were part of our activities this year.

## Statistics

Dates	Type of activities	Venue	Total
9th-11th February	Interfaith	Christian Bothers Centre, Stellenbosch	28
5th March	Orientation	Goodwood Correctional Services	26
6th-8th March	Prison IHOM	Goodwood Correctional Services	26
16th-18th March	Women	Christian Bothers Centre, Stellenbosch	23
24th March	Second phase workshop	Institute Office	17
26th March	Re-union	Goodwood Correctional Services	23
3rd April	Orientation for youth	Institute Office	21
7th April	Youth	Institute Office	21
23rd-25th April	Migrants & locals	Christian Bothers Centre, Stellenbosch	22
29th April	Second phase workshop	Institute Office	22
5th May	Second phase workshop	Institute Office	19
18th-20th May	HIV/AIDS	Christian Bothers Centre, Stellenbosch	33
18th June	Re-union	Institute office	20
22nd-24th June	Women	Christian Bothers Centre, Stellenbosch	32
29th June	Orientation for Youth	Institute Office	18

<b>Dates</b>	<b>Type of activities</b>	<b>Venue</b>	<b>Total</b>
7th July	Youth	Institute Office	20
10th July	Orientation for Youth	Institute Office	13
14th July	Youth	Institute Office	21
27th-29th July	HIV/AIDS	Christian Bothers Centre, Stellenbosch	30
10th-12th August	Interfaith	Christian Bothers Centre, Stellenbosch	24
18th August	Re-union	Institute Office	36
7th-9th September	Migrants & locals	Christian Bothers Centre, Stellenbosch	28
17th September	Orientation in prison	Goodwood Correctional Services	24
18th-20th September	Prison IHOM	Goodwood Correctional Services	26
29th September	Second phase workshop	Institute Office	23
15th October	Orientation in prison	Goodwood Correctional Services	23
15th-18th October	Prison IHOM	Goodwood Correctional Services	25
19th-21st October	Women	Christian Bothers Centre, Stellenbosch	24
3rd November	Re-union	Institute Office	23
12th November	Re-union	Goodwood Correctional Services	25
16th-18th November	HIV/AIDS	Christian Bothers Centre, Stellenbosch	27
<b>Total</b>			<b>743</b>

## Partnerships

2018 was significant, our work has expanded to other communities. We work with new organisations such as Women of Change, United Sanctuary, Delft circle women, Masithembele, Hope of Destiny.

Networking with different organisations strengthened us and add a new dimension to our approach.

## Geographic

Participants were from different communities such as: Manenberg, Khayelitsha, Delft, Atlantis, Samora, Maitland, Kensington, Nyanga, Phillippi, cross Road, Langa, Belhar, Parow, Tigerberg, Paarl, Mitchells Plain, Kuislriver, Elsies River.

Participants' feedback from Evaluation from

"The celebration made me feel good and that is a good thing for me, thank you for everything"

"Yes I feel very different, I have hope for the future now"

"I feel different because the grudge in me are no longer the same"

"I have a new way of thinking after the workshop. I have learn to be my authentic self"

"The programme was very encouraging, I have learn to let go of the anger and forgiveness is a process"

"It was a beautiful and relieving experience"

"Being honest and open towards yourself"

"The programme has helped me release all the pain, anger and frustrations I kept inside me for many years. I have a new vision for my life now".

"I learn that there is light at the end of the dark tunnel"

## Lessons learned

After the workshop, most participants took the initiative in attending to issues and reported their progress.

Pain is pain to all of us. There is no better pain and it is difficult to measure pain.

The power of trusting the process and commitment helped people to cope with very challenging situations. Sometimes there were challenges from participants and even from facilitators but we always faced up to them and found a constructive way forward.

Although our contribution to assisting people in their healing journeys is small, it nevertheless significant. It contributes to greater wholeness. We do believe through the feedback that we receive that our work does make a difference.



## Community healing project

By Mandla Klanisi

### Introduction

This report is reflecting on key activities which took place under the community healing project in 2018.

### Activities implemented

In 2018, the institute for healing of memories / community healing project, organised and co-facilitated eighteen community dialogues. These dialogues comprised of different themes. Focus areas: \*Xenophobia; \*Ubuntu concept; \*Gender based violence and Torture. The communities worked with in 2018 are: Delft; Masiphumelele; Dunoon and Atlantis. These communities are based in the Western Cape, South Africa.

It is worth mentioning that, these communities are faced with lots of socio-economic issues closely linked to the history of South Africa. There is a high rate of social crime such as gangsterism and drug usage and a high rate of unemployment and poverty. These are areas with small houses and informal houses (shacks). These issues have a negative impact on the people of these communities, especially young people. However, even with that, there are glimpse of hope through interventions including the community healing project of the Institute and many others.

### Small group discussion in one of the dialogues





## Methodology used

The dialogues took an angle of popular education. This model is explored in great detail in the works of one of the foremost popular educators Paul Freire. The methodology is found to be suitable for community dialogues of this nature, as it draws from the experiences and wisdom of the participants. Its approach put forth prior knowledge and wisdom of the participants.

In all dialogues implemented, there were small group and big group discussions which allowed participants to voice out and unpack the issue around given topics or themes. Relevant questions were given to participants to help stimulate conversation. Small clip or videos were also used as tools to trigger conversation. Newsprint were also used to help participants record the key points of their discussions and mostly what should be done in order to overcome a particular issue. In some of the dialogues, participants were given some hand-outs with useful information relevant to the themes of the dialogues.

## Impact / outcomes

It is undeniable that dialogue is one big component of community development and that also speaks to social healing which the Institute does. Given that, for participants to be provided with a safe space to deliberate on given themes is a very crucial step. In these dialogues, participants said it themselves that there is a huge need for community members to seat and be in a positive dialogue in bringing about transformation. Most participants said that, dialogues were very informative and empowering as there were time provided for small group's discus-

sions where through sharing experiences, knowledge and wisdom – a sense of empowerment emerged.

As it usually happened, some of the participants attended community dialogues eventually grew a desire to attend other programmes the Institutes. Many of them after dialogue attended a healing of memories workshop. That journey, as some of them have said, contributed a lot in their own personal development. The process is helping them to gain confidence and hope for the future. It changes the way they used to see life in the context of the social environment. It helps them to take responsibility of their own lives and that of their community.

## Challenges

At times, in some of the dialogues participants would arrived late – and that sometimes gets a little bit disruptive and slows the process. However, in some dialogues, participants were pretty punctual.

The other challenge was that, some of the people who would like to be part of the dialogues are working during the week so they missed out. In trying to solve the problem, we will try to host some of the dialogues on weekends.

In addition, one of the challenges, was getting our brothers and sisters from other countries to be involved in the conversations of Xenophobia. In trying to solve this challenge, we endeavoured to work closely with their leaders in various spaces – such as churches and their NGO's.

## Plan of action 2019

In 2019, the project will carry on with these key areas on community dialogues \* Gender Based Violence dialogues \*Dialogues on Xenophobia \* Ubuntu concept and \*Gangsterism and Torture.

In rolling these community dialogues, a team of this project will creatively design a programme for each dialogue in a way that will mostly benefit participants using various resources.

Furthermore, the project will work very closely with relevant partners drawing from their expertise on certain topics. A lot of networking and forming of practical partnerships will be improved.

It has been decided that we will also work with two new communities Bishop Lavis and Khayelitsha. This is to give a chance for people of these two communities to benefit from what the Institute for healing of memories offers.

There was also a strong point that we need to work more with men, in response to Gender Based Violence. In 2018, there has been a great improvement in this regard, as we also had men's conference and men's support group. It was decided that they continue at least once or twice a month.

## Conclusion

Reflecting on what has been done in 2018 in the context of dialogues, it could be said that the Institute has indeed contributed in the social healing of these communities. Even though, it can be challenging to measure impact in its fullness, but it is hoped that the seed that was planted in these dialogues will bear fruits sooner or later.

The institute will build on the work done – through constantly reflecting on areas of growth for each of the dialogues and topics.

### Total of participants reached so far this year

Women	371
Men	168
<b>Overall total</b>	<b>539</b>

**Table of all the activities implemented in 2018**

No	Month	Activity	Theme	Community	No of participants
1	Feb	Community dialogue	Re-looking at the issue of gender based violence	Masiphumelele	38 (29 Woman + 9 Men)
2	March	Community dialogue	Re-looking at the issue of gender based violence	Atlantis	22 (22 Women + 6 Men)
3	March	Community dialogue	Re-looking at the issue of gender based violence	Delft	43 (41 Women + 2 Men)
4	April	Community dialogue	Ubuntu can help heal communities and the world	Delft	44 (36 Women + 8 Men)
5	May	Community dialogue	Re-looking at the issue of Xenophobia	Dunoon	21 (17 Women + 4 Men)
6	May	Community dialogue	Re-looking at the issue of Xenophobia	Atlantis	36 ( 31 Women + 5 Men)
7	June	Community dialogue	Re-looking at the issue of Xenophobia	Dunoon	19 ( 13 Women + 6 Men)
8	June	Community dialogue	Land and healing in the context of Ubuntu	Dunoon	35 (16 Women + 15 Men)
9	June	Community dialogue	Re-looking at the issue of Xenophobia	Delft	43 (41 Women + 2 Men)
10	June	Community dialogue	Contending definitions of Torture	IHoM	13 ( 7 Women+ 6 Men )
11	July	Community dialogue	Re-looking at the issue of Xenophobia	Masiphumelele	29 ( 22 Women+ 7 Men)
12	August	Community dialogue	Ubuntu as our human heritage	Dunoon	31 ( 20 Women + 11 Men)
13	August	Seminar	The role of women in combating violence against women and children	IHoM	47 ( 44 Women + 3 Men)
14	Sept	Men's Imbizo	Re-thinking the concept of manhood in building and healing families	Delft	7 Men
15	Oct	Community dialogue	Gangsterism and Torture	Atlantis	32 (28 Women + 4 Men)
16	Oct	Men's conference / dialogue	The role of men in combating violence against women and children	Cape Town/ Castle of Good Hope	38 (34 Men + 4 Women)
17	Nov	Men's dialogue/ support group	Reflecting deeply on previous men's conference	Delft	11 Men
18	Nov	Men's dialogue/support group	Gansterism and Torture	Delft	18 Men



## Restoring Humanity Annual report

By Fatima Swartz

The Restoring Humanity programme was severely curtailed for most of the year in 2018. This was due to lack of financial resources and the retrenchments of all the staff for the project.

During the first half of the year the focus was on the healing journeys of young people. Youth participated in three Healing of Memories workshops. Orientation meetings were held with the participants before attending the workshops to prepare them for the Healing of Memories

workshop. The participants came from the communities of Masiphumilele, Atlantis and Delft. Samora Machel and Langa High Schools also participated.

The latter half of the year focused on completing the three year cycle of the 'God has many names' project. This included hosting the final workshops on religion and art with young people from the communities of Atlantis, Delft and Samora Machel and Langa High Schools. The facilitators of the project reviewed the three years and developed a process to capture the three year journey and learning. An editorial team was established to gather and review the information and knowledge generated during this period. They developed a framework for the publication and set about rewriting and editing relevant pieces of information as well as researching additional information. There was also a need to interview participants from more areas to ensure the publication represents the maximum amount of voices.

The work to develop the new youth project based on the outcomes from the 2016 International Conference, "Healing Journeys: Responding to the world map of Pain" was started. The broad objective is to develop a team of facilitators and youth who understand the relationship be-

“ THE LATTER HALF OF THE YEAR FOCUSED ON COMPLETING THE THREE YEAR CYCLE OF THE 'GOD HAS MANY NAMES' PROJECT.



tween the various levels of generational violence and the need for healing to justice to create a better world. The youth project will have four components. i) develop a curricula youth facilitators for the new youth project called: Restoring Humanity through healing and justice. ii) Train 15 youth facilitators between the ages of 19 and 25 years old. The training will consist of five workshops and two practical sessions. iii) A group of 60 young people from six communities will be recruited for the Restoring Humanity through healing and justice project that will consist of six workshops. iv) the participants will create a youth centred exhibition on Healing and justice that will incorporate the work generated at the 2016 conference as well as their own work.



## IHOM-North America 2018 Annual Report

By Gloria Hage, Executive Director

Enormous progress was made on all fronts in 2018, partnerships were built, and deepened, programmes developed, and Healing of Memories was brought to new cities and constituents, expanding our impact. Over 2018 IHOM-NA Leadership, Board of Directors, along with Paul Hebblethwaite, a Development Committee member, and non-profit consultant, did an in depth operational analysis. It was clear that to ensure long-term sustainability and expand access

to Healing of Memories, the model we were using needed adjusting. A decision was made to utilize an organisational model that focuses on three key areas, capacity building for organisations seeking to utilize our methods, facilitator training, and delivering workshops. Capacity building for organisations seeking to utilize our methods is critical to ensuring organisational sustainability, and expanding access to Healing of Memories. In 2018 much work was done in developing capacity building opportunities, and a foundation was laid from which we will grow and be sustainable for years to come.

Spirit in the Desert in Carefree, Arizona is now the first training site for Healing of Memories in the United States. Spirit in the Desert is a major supporter of our mission and already has numerous HOM workshops there every year.

We expanded where we offer HOM workshops for Veterans, with a unique opportunity to facilitate a workshop at the Rikers Prison Veterans only Unit in NYC. Veteran only units in prisons are relatively new in the States, but due to the success of them, are expanding to many other

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*Workshop, Project Hood, South-side, Chicago, IL*

“ WE EXPANDED WHERE WE OFFER HOM WORKSHOPS FOR VETERANS, WITH A UNIQUE OPPORTUNITY TO FACILITATE A WORKSHOP AT THE RIKERS PRISON VETERANS ONLY UNIT IN NYC.

prisons. The New York City Department of Corrections was very supportive and helpful throughout, and very grateful to have HOM at their prison.

We had our first HOM workshops in Chicago, one for the Anglican Diocese of Chicago and one for Project Hood on the south-side. These workshops were fully supported by Saint Francis Ministries. In addition Father Bobby Smith of Saint Francis Ministries hosted Father Michael, IHOM-NA ED Gloria Hage and IHOM-NA Board Member, Bob Coen at the Bishops Ball. Our time in Chicago was very successful and our partnership with Saint Francis Ministries continues to deepen.

We continue to develop our partnership with the Rose Castle Foundation whose Reconciliation Center is in Cumbria, UK, in a castle that was the home of the Bishops of Carlisle since 1100AD. The castle is being



*Bishops Ball, Chicago, IL, Father Michael and Bob Coen, facilitator and IHOM-NA Board Member*



*Bishops Ball, Chicago, IL, Gloria Hage, Father Michael and Pam Cornwell, Saint Francis Ministries*

“ WE CONTINUE TO DEVELOP OUR PARTNERSHIP WITH THE ROSE CASTLE FOUNDATION WHOSE RECONCILIATION CENTER IS IN CUMBRIA, UK,





Gettysburg College, Gettysburg, PA, Father Michael, faculty, and students

refurbished and will open in 2020. We are currently working together to develop programmes where HOM will be the centerpiece. Piloting of these programmes begins in 2019.

Other partnerships and work in development are with UN Women, William Winter Institute for Racial Reconciliation in Jackson, Mississippi, Lehman College, Bronx, NY, the Reformed Church in Bronxville, Nepal Peacebuilding Initiative, Bishop Desire in the Democratic Republic in the Congo, and with the Archbishop of Canterbury, Justin Welby, in relation to their programme Women on the frontlines.



## Arizona Report

By Mike Wold, Regional Coordinator

The Healing of Memories Workshop continues to grow in popularity in the Arizona veteran community. At the end of 2018 we had over 280 veterans participate in our workshops since 2013. We again were able to conduct five workshops in 2018 – two for all veterans, one for veterans and first responders (police, sheriffs, emergency medical service personnel and fire fighters), and two for women veterans only. This brings our total number of workshops for veterans to 19 plus three for spouses and significant others of veterans.

We were especially pleased with our two workshops for women veterans. We have found out that there are very few if any workshops or retreats for women veterans who have experienced sexual trauma during their time in the service. The Veterans Administration now calls this Military Sexual Trauma (MST). Our Healing of Memories Workshops for women veterans has provided a high degree of release and healing to our women vets suffering from MST. Many women veterans have shared with us that they finally feel listened to with respect and not ignored.

We continued to follow up on Father Michael's visit to the Rock Point Navajo community in 2016. We have been able to establish a trusting relationship with the members of the Rock Point Veterans Organisation and also the Navajo Lutheran Mission at Rock Point, which is in the far north and eastern part of Arizona. We have had several Navajos attend our workshops and the word is getting out about the value of the workshops in the Navajo Nation.

We had the honour of hosting Father Michael both in May, where he led a workshop for veterans and also in November, where he led a workshop for veterans and first responders. We were also honoured to host the annual IHOM NA Programme Committee Meeting. Our eight authorized facilitators are amazing and our six facilitators in training are moving along on the road to their authorization, with most of them having co-vacillated more than one workshop. We also have a lead facilitator nearing the end of her training programme.

We are particularly happy with our partnerships with the two retreat centers where we conduct our workshops – Spirit in the Desert Retreat Center in Carefree, AZ and the Franciscan Renewal Center in Scottsdale, AZ. Both are beautiful retreat centers with very good staffs that understand and support our mission of healing. They also help us with fundraising.

“ THE HEALING OF MEMORIES WORKSHOP  
CONTINUES TO GROW IN POPULARITY  
IN THE ARIZONA VETERAN COMMUNITY.



*Arizona Regional Coordinator, Mike Wold with Father Michael*



*Healing of Memories for Veterans Workshop, Arizona*

## Hawaii Report

By Linda Rich, Regional Coordinator

On May 30th Fr. Michael presented a three-hour training for the staff of the Fernhurst YWCA's furlough programme for incarcerated women. We have a long relationship with this programme, having included their participants in Healing of memories workshops each time we have had one in Hawaii. Fr. Michael has visited the programme on several occasions to speak with the women. This year, the staff requested time with him to discuss issues of trauma and forgiveness. The training was well received and we hope to develop further work with the YWCA.

We were finally able to visit the Women's Community Correctional Facility again after a few frustrating years of not being able to gain access through the chaplains programme. Our entry was assisted by Tadia Rice, who leads a creative arts class in the prisons' recreation programme, and had met Fr. Michael on a previous trip. We were able to spend three hours with the women during which Fr. Michael shared his story and the women participated in a drawing

exercise and discussion. We are hopeful that we will be able to continue to work with this population. They are very responsive and clearly have experienced multiple traumas.

An informal gathering was held with Hawaii friends, volunteers, and supporters of IHOM-NA on the evening of June first. Our relationship with Church of the Crossroads continues. Fr. Michael led the adult education hour on Sunday, June third and worshiped with the congregation. While in Honolulu, Fr. Michael and Linda Rich met with Pam Omidiyar, a wealthy philanthropist, and one of her staff to discuss the work of the Institute and funding needs. This was a fruitful meeting, which led to a grant being given for the work in South Africa.

“ WE WERE FINALLY ABLE TO VISIT THE WOMEN'S COMMUNITY CORRECTIONAL FACILITY AGAIN AFTER A FEW FRUSTRATING YEARS OF NOT BEING ABLE TO GAIN ACCESS THROUGH THE CHAPLAINS PROGRAMME.

## Southern California Report

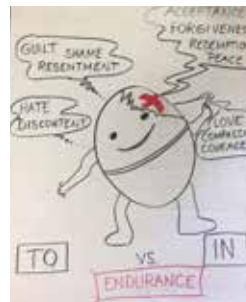
By Karen Hayes

### Veterans Workshop at Wellness Works, Glendale

Father Michael led the pilot workshop from June 8-10th, co-led by facilitator Karen Hayes. Six veterans with a diversity of backgrounds participated, including those from the Marine Corps Air Force, Army. Some were vets of wars in Vietnam, Iraq, and Afghanistan. Several of the veterans had active PTSD symptoms, thus a Wellness Works staff remained present at all times to provide support as needed. Prominent themes, which came up in plenary sessions, were spiritual and moral injury, forgiveness of self and others, the relationship between justice, and guilt and shame, and the different healthy vs. unhealthy responses to these. Their culminating celebration ritual was called: *Journey From Fear to Courage and the Healing of the Heart*. In the evaluations, all of the veterans noted the challenging nature of revisiting memories, but also articulated that they had been moved in positive way. Facilitators Karen Hayes and Hilda Boulware led a reunion workshop for the veterans on August 26th.



June Veteran Workshop, Wellness Works,  
Pasadena CA



Wellness Works Reunion

## **HOM Workshop at Neighborhood Unitarian Universalist Church (NUUC) in Pasadena**

Neighborhood Church has a long history of work for peace, justice and equality. We worked together over a year to build a programme there, and held a “Mini-Workshop,” on October 24<sup>th</sup>. Twenty people participated, including NUUC parishioners and members of these community groups: White People for Racial Justice/San Gabriel Valley, NUUC Interfaith Group, and People of Color at NUUC.

## **Healing of Memories at All Saints Pasadena**

On May 15th, Father Michael and Karen Hayes led a reunion workshop where ten participants from the 2017 workshop shared about their journeys toward healing since then. On October 27th, Father Michael and Karen provided an HOM facilitator training/update in which five Southern California facilitators were able to participate. We also led an HOM Support Group meeting for people who had participated in workshops over the last 6 years. People shared that the tools they learned in the workshops continue to positively impact their lives.



*Southern California Facilitators*

## Programme Committee Report

By Programme Committee Chair Margaret Fell

This year for the first time the IHOM-NA's Programme Committee met with the Development Committee in May 6-7 at Spirit in the Desert, Carefree, Arizona.

The Development Committee was able to hear first hand programming plans, needs, and ask questions which could inform their ability to better seek funding. Because of the success of this joint meeting, we plan to always have them meet annually.

At the meeting we received reports from our Programme Committee Chair, Margaret Fell, and Sub-Committee Chairs, Laci Beckett, Restoring Humanity, Linda Rich, Courageous Conversations, Workshops, Co-Chairs, Margaret Fell and Cathy Harrington. Opportunities for these programmes were discussed.

Pastor Sally Ankerfelt, a Lutheran pastor from Minnesota, submitted a proposal for using Healing of Memories workshops and the Restoring Humanity Programme with foster care parents.

The pain incurred in their families and relationships if the adoption or foster placement is difficult often creates PTSD or secondary trauma. Pastor Ankerfelt and her husband are foster parent and she is part of GIFT Family Services, a nonprofit that provides support to adoptive parents. She suggested that the best resource to market this proposal is the North American Council on Adoptable Children (NACAC).

Pastor Karen Evenson, an HOM facilitator in Minnesota and Methodist minister and her husband, Scott submitted a proposal for a Healing of Memories workshop that serves persons who have perpetrated crimes and/or have been victims of crimes within the North American justice system. Scott is currently doing pastoral care with Volunteers of America and with Minnesota Workforce Center, which serves persons who have recently been released from prison and are working toward life stabilization.

Both groups of persons could benefit from HOM workshops as a first step toward victim-offender dialogues, which is a valuable part of the process of restorative justice. Victims especially are often forgotten or excluded by our criminal justice system and yet could benefit greatly from the opportunity to tell their story in a workshop setting. And, individuals who have committed crimes often have extenuating circumstances that are never addressed within the current system or simply don't get to fully tell their story—often the story that led toward the crime(s) they have committed. These individuals are often at high risk for recidivism and would have an opportunity through HOM workshops to heal and reduce the risk of being repeat

offenders. Ideally, individuals from both categories would go through workshops and then be directed towards programmes that specialize in victim-offender dialogues.

This workshop would work well in cooperation with Courageous Conversations.

Karen and Scott are planning the first workshop for fall 2019 at Mount Olivet Retreat Center in Farmington, Minnesota.

Discussion centered on the need for more lead and small group facilitators and ongoing training for both authorized facilitators and trainees. There was also discussion of programming related to site/constituent, such as the veterans' workshops held in Phoenix at Spirit in the Desert and the Franciscan Renewal Center. Suggested funding coordination included communicating about scheduled programmes and needed funding for these, communicating programming priorities, and progress toward programme development, and grant writing coordination.



*AZ peace symbols*



*IHOM-NA Programme and Development Committee, Spirit in the Desert, Carefree, AZ*



## Europe

By Patrick Byrne, Coordinator Luxembourg/Europe Healing of Memories Support Group

During Father Michael's 2018 visit, the Luxembourg/Europe Healing of Memories Support Group coordinated the organisation of three workshops. These included a **prison workshop**, held at the *Centre pénitentiaire de Luxembourg (CPL)* on 19-20 March 2018 – the first-ever workshop of its kind to be held in the country. This was made possible by the fact that Father Michael Lapsley had previously visited the CPL on a number of occasions to talk to prisoners as part of the prison chaplaincy's activities, thereby gaining the trust of the prison authorities and staff. Added to that was the fact that several members of the chaplaincy team had already started a course of training as healing of memories facilitators and were thus able to play a full part in running the prison workshop. 16 prisoners volunteered to take part in the workshop, most of them having already met Father Michael in earlier events at the prison. It was held in three languages – English, French and Portuguese – thanks to the voluntary services of two interpreters, with two experienced facil-



*Prison workshop*

itators joining four members of the chaplaincy team in facilitating the story-telling sessions. We were very fortunate to have the cooperation of a local group of four actors, who performed a very moving drama on the first evening, building on the experience of their participation in a workshop (for refugees and local residents) the previous year. This live representation of a variety of human experiences was once again felt by all to be a very powerful means of allowing participants to touch their feelings right from the start of the workshop.



*Valence workshop*

The feedback from the prisoners who took part – not only in the evaluation exercise and at the reunion held in October 2018 but also in their conversations with the prison staff and fellow-in-mates – has been extremely positive, so much so that the prison authorities have had no hesitation in authorising a second workshop to be held in 2019, this time according to the full three-day format (the first one having been a slightly shortened version).

The **two other workshops** were held in France – in St-Antoine-l'Abbaye (near Valence) and Rouen. The first of these – on 9-11 March – was hosted by the local ACAT group, which had already organised a previous visit by Father Michael to the region for the launch of the French edition of his book. The other – on 23-25 March – was the second healing-of-memories workshop held in Rouen, this time with a significant number of refugees taking part, and three of the local team acting as co-facilitators, following the training session they had attended in Luxembourg in 2017. Facilitators from Luxembourg helped out in both workshops, thereby gaining useful experience and helping to consolidate the European team. Some 20 participants were involved in each of the workshops; here too, the feedback during the evaluation sessions and at the reunions a few months later was extremely encouraging. The Luxembourg team also provided interpreting assistance in French and English at both workshops, as well as in Arabic in Rouen.

The Luxembourg team of facilitators had two **training opportunities** this year. The first was held during Father Michael's visit to Luxembourg, with all 13 facilitators in attendance. At this session, it was decided to hold quarterly facilitators' meetings in future, which should include



*Ghana*



*Togo team*



*Togo*

a further training element, e.g. with guest resource persons. The second opportunity was a lead facilitators' training session, held in Montreal on Thursday, 5 October. It was attended by two senior members of the Luxembourg facilitators' team, taking advantage of their presence in Canada to assist in a healing of memories workshop organised by the Restorative Justice Centre. Further lead facilitators' training sessions are scheduled to take place in Luxembourg in 2019 and 2020, with a view to enabling the local team to run workshops autonomously.

The Luxembourg Healing of Memories Support Group has also played a major role in coordinating preparations and fund-raising arrangements for Michael Lapsley's 2019 visit to West Africa with two IHOM facilitators. Two members of the Luxembourg team travelled to Ghana, Togo and Benin in September 2018 to meet local partners and plan with them the detailed schedule for the visit, which will include public talks, meetings with prisoners and introductions to healing of memories work for local NGO and church workers, as well as a visiting group of young people from Mali.

## Lesotho Report 2018

The healing of memories in Lesotho team wishes you a happy new year and wishes you all the best for 2019. Healing of memories is mandated to assist people who were hurt in the in past to accept that they were hurt with the purpose of making peace with it for the betterment of paving away forward in future.

In our monthly meetings we planned the year together and how we would achieve our target. It was agreed in our monthly meetings that we would have a raffle and a fun walk in order to raise funds. That time the purpose of the fundraising was the same as last year. The purpose was to have more than two workshops per year. We also had action plan for the year 2018 which we succeeded in executing it. We did not perform well on other activities because much of our time was spend on the fun walk, which had another purpose of making the Healing of memories to be known in Lesotho.

We had the training of facilitators in January 2018; there were 14 participants who were trained to be facilitators. The training was a great success that now we have the local facilitators that help to reduce the work load of Fr. Michael of doing a great job for the nation.

In April 2018, we had phase two training of the facilitators. This time the number of the participants decreased to eleven because other members of the team had commitments which stopped them to take part in training. It was also a great success and the trainees liked so much.

We had two healing of memories workshops. The first workshop was on the 11th – 13th May. The attendance was not good because eight people did not turn up; maybe it was because of the cold weather. That workshop was held at the Anglican training centre where the service was very poor to us. We felt ill treated and we suggested not going there again.

The second workshop was held in Lesotho Durham link. Everything about the workshop went according to plans, even though some of the participants cancelled in the last minute. We did not feel their absence because people were fully committed. A warm welcome from the staff members and the hospitality was superb. We also had the verbal memorandum of understanding with the Lesotho Durham link. We agreed that they bring their two staff members to our workshops without paying and they will give a huge discount on our bills.

## Achievements

- We managed to strengthen our friendship with Lesotho Durham link so as to reduce the cost of accommodation and to get a discount to save more money.
- We also managed to buy a projector. That meant Fr. Michael would not have to bring the projector to Lesotho for the workshop.
- The three workshops that we held (including the one that Bro Max and Mr Khoarane facilitated in Pretoria), people responded positively to the healing of memories, even though some people did not understand when they were invited to the workshop. We remember someone said "I came to hear what is all about this healing of memories." After the workshop, people lives changed. So people started to understand it and also started to understand themselves. That was one step towards their healing.

The participants gave the verbal testimonies:

- It was off loading
- It was empowering
- Encouraging
- It was an appropriate platform to cough out my pain
- It was a mirror that reflects on my past that has been hounding me so that I can look to the future.

Our two facilitators from Lesotho, (Bro Moeketsi and Ntate Khoarane) went to Pretoria to facilitate the workshop on the 31st August 2018. The attendance was good; only one person did not show up.

We had a very successful Fun walk, 69 people came. We walked from SSM to Lesotho Durham link. When we get to our destination, we watched Fr Michael's DVD and we heard the comments and questions from people. We played team building games, rock climbing and canoe. People had fun and they enjoyed every single moment.

We had a raffle and first prize was a blanket, second prize was Fr Michael's book and third prize was to pay for the person who has won it healing of memories workshop. We did manage to raise funds from that raffle.

On the 24th November 2018 we had a closing ceremony and people did not come in numbers due to heavy rain. But those who came enjoyed themselves and they felt like continuing until the following day.

## Healing Journey Toward Hope for Myanmar

By Sammy Nawaung

I came to know Fr. Michael Lapsley when I received his book, *Redeeming the Past*, as a gift. I am not really a translator. I am a writer and editor. After reading the book, I wondered how a missionary could heal memories, at the beginning of the journey toward Democracy in South Africa.

I am also someone who is living through painful historical events. I cannot avoid it. There are a lot of difficulties and stress on Myanmar's path to democracy. I myself faced frightening mem-

ories and a hopeless future. After I read Fr. Lapsley's book, I began to understand and appreciate Healing. In the midst of this understanding, I put myself in the place of IDPs, migrant-workers, and victims of human trafficking, terrorism, and discrimination and empathized with their feelings. Although it is not easy to heal the wounds or change the situation overnight, it is certain that, with a healthy soul, we will begin a new journey.

Sometime it seems like there is no choice for people who are trying to survive amidst wars and conflicts. Nothing matters to them anymore. Because these people cannot find a way to start a normal, meaningful life, it is sure that thoughts of revenge will return to them.

But the eye for an eye, fire with fire theory can cost several lives. Fr Lapsley asked people one question during his visit to Myanmar.

"What kind of life you would like to hand to your next generation?"

He told us our hearts and souls need to be healthy if we want justice and to work for justice. Unhealthy hearts and souls always seek revenge out of the pain, fear and insecurity caused by an unjust situation. Fr. Lapsley pointed out that it is as if we are swallowing poison. The poison

“WHILE THERE IS STILL INJUSTICE, THERE IS ALSO A GROWING NUMBER OF PEOPLE WHO RESIST, STAND UP AND LIVE STRONGLY IN ORDER TO SHINE THE LIGHT OF JUSTICE.”

will not only make us sick and feel pain, but can have dangerous consequences for our families and society. It can stop the journey to justice and can harm people around us.

Fr.Lapsley frequently mentioned that he is not a healer. But he inspired us to start with one step forward on a healing journey of heart and soul. As he was a victim before, we can see the truth in his story.

Healing work is expanding gradually in South Africa. Step by step. While there is still injustice, there is also a growing number of people who resist, stand up and live strongly in order to shine the light of justice.

Myanmar also needs more people who would like to start the healing journey and work for justice. As sufferers, victims of discrimination, injustice, we should have a chance to comfort and heal each other and to shape the positive future of our country.

The journey that we hope for is right in front of us, we just need to start walking.



## Syria Experience

By Fr Michael Lapsley SSM

I spent 5 days in Syria at the end of February.

Out of the blue I received the following email at the end of December 2017.

"I am Roua Abdullah from Syria, I talk with you by Sacred Hearts Congregation "saints coeurs" in Syria.

We organize youth gatherings, and in each one we have about 300 person and more from around all Syrian cities. We saw your visit to Lebanon and we listened to your certificate of your life. Also we got your book "Healing Memories".

In this difficult period in Syria it is too important to our youth to listen to your certificate of your life and to pray, to be able to begin the process of forgiveness.

For this reason the congregation would like to invite you to come to Syria (to Tartous, which is a safe city) to be with us in a youth gathering day, to pray with us and to listen to your certificate of your life"

I decided to accept. Some of those close to me expressed their apprehension. The visa process was a nightmare. Bizarrely the Syrians required a certificate from a medical laboratory that I am HIV negative. 2 days before the trip the person accompanying me was diagnosed with listeriosis. At 10 pm the night before the trip my passport arrived with the Syrian visa stamped in my passport.

I had received the visas for Lebanon by WhatsApp. When I checked in at the airport in Cape Town they wanted to see my Lebanese Visa. I showed it to the airline official who admitted he could not read a word of Arabic so had to believe me that this was the Visa.

Every time I thought there was no chance of the visit coming off I would receive a message from Roua and Sister Fadia Odisho: "Don't worry father, everything will be okay." ... and it was.

We traveled through the night from Beirut to Tartus on the Mediterranean..... I lost count of the number of military checkpoints.... several people told me that a key function of these checkpoints is to look out for young men avoiding conscription. I was extremely warmly welcomed by Mother Mary Rose, Sr Fadia and all the sisters of the congregation.

Without a personal assistant, my hosts arranged for two people to come and assist me each morning and so I was helped by two Syrian angels: Saade Zaino and Abdulkader Barakat.



My ability to speak to the Syrian people was only because of Michael Ebrahim, dedicated and passionate translator into his Heavenly language.

The first afternoon the sisters took us to visit an after school project for children affected by the war with the beautiful name of Child-Friendly Spaces some of whom were orphans. The project is headed by Sarah Lahdo who stopped working as a dietitian so that she could make this compassionate response to the needs of children affected by war.

Although there has been no fighting in Tartous, it is clear that every single person in the country is affected by the war.

For three two hour periods every day there was no electricity. I was told that this was much better than the previous year.

On the second day I was invited to speak to a group of injured soldiers about my own experience.

On our last day we met with Hadil Abbas and Mais Hosamo of Mobaderoon (which is an organisation committed to peace and dialogue) and their fellow activists ...remarkable people from civil society who include people with opposing political views. They told me they are planning to bring out a publication that would include the stories of soldiers on both sides of the conflict.

Someone whispered in my ear that it is illegal to speak about politics. I wondered if that is really true or whether it's in fact self-censorship. I'm not sure whether we would manage that prohibition as South Africans.

We visited an Orthodox Church close to the convent I was staying in. We met a man on the street who came from Homs and said that his house had been destroyed when the city was shelled. In Homs he was a businessman and now he paints icons to try and help him forget.

Many people spoke of living in a destroyed country.

Curiously everyone talked about what happened since "the crisis" and no one talked about "the war." It reminded me of Northern Ireland where everyone spoke about "the troubles" and not a civil war.

The main event to which I had been invited was a day's programme focusing on forgiveness with a couple of hundred Christian youth from surrounding towns. I was told that 8% of the population of the city are Christian.

A group of about 40 young people came from Homs which had been a focus of bitter fighting and bombardment. One of the young people told me that they had made a decision in the midst of the fighting that no matter what, they would continue to live their lives and lead as normal a life as possible.

To my great surprise a number of them had already read the Arabic edition of my memoir which had been published in Lebanon the previous year.

As I observed we always have a choice of a how we respond to what others do to us.

Having spoken to young people in the morning I was invited to to share my life story with a

“ IN THIS DIFFICULT PERIOD IN SYRIA IT IS TOO IMPORTANT TO OUR YOUTH TO LISTEN TO YOUR CERTIFICATE OF YOUR LIFE AND TO PRAY, TO BE ABLE TO BEGIN THE PROCESS OF FORGIVENESS.”



group of adults. Sunday is an ordinary working day in Syria. On Sunday evening I participated in and spoke at the end of the Sunday liturgy with a Maronite congregation.

Apart from a small number of Jesuit priests, I met no one from any other part of the world whilst I was in Syria. Many expressed both astonishment and appreciation that I was able to be there.

I heard that there are many people in the society who consider themselves to be dead /alive.... including many young people who see no future for themselves... the same expression I had heard years ago in Rwanda.

At the same time I met many extraordinary people who are quietly living compassionate and generous lives with a deep faith and commitment both Christian and Muslim.

A number of people asked if I would be willing to come back and offer a healing of memories workshop as well as to visit Homs and Aleppo. Inshallah!

Of course my own memoir was translated by Father Sami Hallak SJ in Aleppo who said that he felt the book would be very helpful once the bombs stop falling.

There are many things that we can say about the war in Syria and the horror. Personally I believe we need a much greater world wide focus on the role of the arms industry... by the way it is all the permanent members of the Security Council who together with Germany are the greatest arms manufacturers.

Thank you to the Sisters of the Holy Hearts who invited me and to their own outpouring of love and kindness to me and the whole of humanity.

In my own small way I did my best to come to Syria with a loving embrace for the people Syria with all their wounds: visible and invisible.

I pray for an end to the war.

“ WE ALWAYS HAVE A CHOICE OF  
A HOW WE RESPOND TO WHAT  
OTHERS DO TO US.”

## Syria report

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written by Michael Ebrahim

"Like a mistard seed was his visit, but when the time comes, this seed will grow and becomes a tree and perhaps the birds of my country come and perch in its branches. Despite all the unfavorable circumstances, father Lapsley insisted that he comes to Syria. He came to Syria carrying his wounds as proof of his faith and victory. His testimony proved to the wounded and injured people that their wounds are signs of victory. They are no longer victims, but victors. In one of his testimonies, he met many of the wounded people in the Syrian war, people who lost one or more limbs. They loved him because he spoke about their pain, their faith, their memories and their upcoming spiritual victory. His testimony about the healing of memories touched their wounds and memories, his testimony freed their painful memories and put them on the path of healing. It's a long way but worth a walk as he says. The meeting with the Christian youth in the city of Tartous was exceptional by all standards. Young people were amazed how the father could come alone despite all the difficulties. His testimony before the young people was very impressive and interactive . After the meeting, the young people were chatting with each other, repeating some of father Lapsley's words and quoting about the healing of memories, internal victories and forgiveness. One of the most beautiful and widely discussed phrases is when he said that we must stop being the people of the good firday and become the people of the resurrection. Some young people were late in reaching Tartous from Homs, which suffered greatly from the war. They arrived late but father lapsley insisted on meeting them. They sat on the ground in the hotel lobby around the father and exchanged talk with him. The Young people from Homs asked the Father to tell them about his testimony but father Lapsley asked them to tell him about their testimony during the difficult times they had lived in their city during the war. The meeting was warm and emotional. They shared him their testimony and he shared them his testimony, love and encouragement.

So far and after a long time of father Lapsley's visit to Syria people, especially the young repeat the words of father Lapsley, and maybe these words are transmitted from person to person over Syria and father Lapsley becomes the Godfather of (healing of memories) march in Syria.

## Promoting reconciliation with post-war affected communities in Sri Lanka

By Ralston Weinman: Programme coordinator

A programme which opens dialogue spaces for healing and dealing with the past, using an inter-religious application of the healing of memories methodology: 1 January 2018 – 31 December 2018

This included:

- nine healing of memories workshops for participants from eight districts,
- two facilitator training workshops,
- an art therapy workshop for children,
- a reunion for healing of memories workshop participants.

### Ethnic/Religious Riots

In addition to the political and economic crisis, religious and ethnic tensions continued to threaten the unity of the multi-faceted nation in the form of 'Buddhist-Muslim' tensions, as witnessed in Ampara and Kandy district of Udispattuwa, Teldeniya, Digana and Tennekumbura.

The riots negatively impacted the economy of Sri Lanka, as well as the local economy of Kandy. In addition to the destruction of many shops employing both Sinhalese and Muslims, many tourists cancelled visits to Sri Lanka, which is heavily dependent on the tourism industry. The violence in Kandy affected the Nuwara Eliya season in April, during which there was an estimated drop of around 40 % in tourist arrivals, both local and foreign, compared to the previous year.

### Project progress

The events that unfolded in 2018 clearly reflected the greater need for healing of the past to enable us to move forward as a nation. In its long periods of conflict and instability, Sri Lanka has seen a significant number of enforced and involuntary disappearances. Despite a string of commissions of inquiry established by different governments to address this, many Sri Lankans continue their search for truth regarding past abuses.



### Participant identification and preparation

Identification of participants is a vital part of the programme. Participants in previous workshops and co-facilitators assist in this task. Local ground-level knowledge is required and the partners of the National Council of Churches of Sri Lanka at village level nominate participants for the programme. Various local religious leaders, community leaders and social mobilisers meet to discuss participant selection. Often participants are personally visited or met at a convenient location for informal discussions. Generally, around 50 participants are shortlisted before the selection of the final 25.

### Healing of memories workshops

Over 200 people experienced the healing of memory process in the districts of Mullaitivu, Anuradhapura, Vauniya, Killinochchi, Kandy, Hikkaduwa and Jaffna in 2018. All of them have memories that are deeply entrenched. These memories have shaped their world view and their attitudes to life and people, and have translated into action. Actions, attitudes and world views have deeper roots that need to be acknowledged by each member.

The facilitating team for these processes included lead facilitators Ms Priyanka Mendis, Ralston Weinman and Ranji Paul, assisted by Amblahan Paul, with co-facilitators Ms Shantarani, and DIG Weerasinghe, Sudarshani and Kantharuban.

Area / dates of workshop	Number of participants	
HOM workshop conducted in Vavuniya, 26-28 January	30	Most of the participants were war victims and ex-combatants, representing Tamil communities, and peace activists
HOM workshop conducted in Mullaitivu, 16-18 February	25	Most of the participants were war victims and ex-combatants, representing Tamil and Muslim communities
HOM workshop conducted in Anuradhapura, 2-4 March	18	Most of the participants were ex-combatants and war victims, representing Tamil and Sinhalese communities
HOM workshop conducted in Mullaitivu for participants from Anuradhapura, Vavuniya and Mullaitivu, 31 August - 2 September	25	Most of the participants were war widows, war victims and ex-combatants, representing Tamil and Muslim communities
HOM workshop conducted in Trincomalee, 19-21 October	25	Ex-combatants from Kilinochchi and Kockkodachchole
HOM workshop conducted in Kilinochchi, 9-11 November	25	Most of the participants were war widows, war victims and ex-combatants, representing Tamil communities, and peace activists
HOM workshop conducted in Trincomalee, 30 November - 2 December	25	Most of the participants were war victims, farmers, Tamil, Sinhala and Muslim communities, and peace activists
HOM workshop conducted in Hikkaduwa	28	Most of the participants were farmers, plantation, Tamil and Sinhala communities, and peace activists
HOM workshop conducted in Kandy	25	Most of the participants were farmers, plantation, Tamil and Sinhala communities, and peace activists

## Participants' reunion

A reunion of participants was conducted in Anuradhapura on 28 April, and 35 participated in the event. It is a forum where the HoM participants meet to discuss their journey, progress and challenges, and to renew their commitments. It is a time of reflection for the participants and an encouragement to stay on course.

## Healing through art: experimental workshops

An experimental workshop was concluded for 45 children from 27-29 October in Kandy. The stories were powerful and the impact on their lives during the period far exceeded expectations. Around 16 children were abused victims while others were from the conflict area of Diagana, plantations and Sinhala communities. There was therefore a mix of all ethnicities and religions in the group.

## **Challenges**

- a. Following the incidents in Digana and then the political crisis, it was difficult to engage the public, officials and civil society. This made it difficult to complete activities as per the timeline.
- b. Short-term projects tend to attract key competent individuals with much higher remuneration that is not viable for local organisations.
- c. With extremely volatile economic conditions, people at grassroots level would migrate for work and/or have to be ready as and when work was available, making it extremely difficult to attend programmes on pre-planned specified dates. This resulted in several programmes being rescheduled. This also makes it difficult to get the same group on a specified date since their availability changes.



- d. HoM facilitators need to be constantly engaged in delivering workshops at regular intervals. This process helps them to go through healing for themselves, be mobilised, current, effective and tuned to the healing. As in most professions, constant practice is a key to effectiveness. For a programme there needs to be one co-facilitator for 5-6 people. Even though the healing of memories programme was in operation since 2009, consistency was not possible in key districts. Teams of facilitators therefore need to be developed under this programme.

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

### GENERAL INFORMATION

#### Country of incorporation and domicile

South Africa

#### Type of trust

Inter Vivos

#### Trustees

Canon DM Mark (Chairperson)  
Ms G Wildschut  
Fr M Lapey SSM (Director)  
Prof P Meiring  
Imam AR Omar  
Dr CH Theenaar  
Fr M Twum-Darko  
Rev SP Xapile

#### Registered office

5 Eastry Road  
Claremont 7708

#### Business address

5 Eastry Road  
Claremont 7708

#### Postal address

P0 Box 36069  
Glosderry 7702

#### Auditor's

Cecil Kilpin & Co.  
Chartered Accountants (S.A.)  
Registered Auditor

#### Trust registration number

IT 4386/98

#### Non-profit organisation number

006-566NPO

#### Public-benefit organisation number

930004506PBO



# The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

## STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2018

		2018	2017
	Note(s)	R	R
<b>Assets</b>			
<b>Non-Current Assets</b>			
Property, plant and equipment	2	3,201,711	3,122,288
<b>Current Assets</b>			
Other financial assets	3	3,228,439	408,172
Trade and other receivables	4	104,642	191,443
Cash and cash equivalents	5	631,903	454,486
<b>Total Assets</b>		<b>3,966,984</b>	<b>1,054,101</b>
		<b>7,166,695</b>	<b>4,176,389</b>
<b>Equity and Liabilities</b>			
<b>Equity</b>			
Trust capital	6	1,000	1,000
Accumulated surplus		5,596,178	3,286,493
		<b>5,597,178</b>	<b>3,287,493</b>
<b>Liabilities</b>			
<b>Current Liabilities</b>			
Deferred income	7	1,309,272	813,779
Provisions	8	1,200	17,536
Trade and other payables	9	259,045	57,581
		<b>1,569,517</b>	<b>888,896</b>
<b>Total Equity and Liabilities</b>		<b>7,166,695</b>	<b>4,176,389</b>

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

### STATEMENT OF COMPREHENSIVE INCOME

	Note(s)	2018		2017	
		R		R	
Revenue	10	7,111,916	6,882,306		
Other income	11	232,062	52,936		
Operating expenses		(5,147,319)	(6,331,866)		
<b>Operating surplus</b>		<b>2,196,659</b>	<b>603,376</b>		
Investment revenue	13	119,778	73,976		
Finance costs	14	(6,752)	(95,231)		
<b>Surplus for the year</b>		<b>2,309,685</b>	<b>582,121</b>		

### STATEMENT OF CHANGES IN EQUITY

	Trust capital		Accumulated surplus		Total equity	
	R	R	R	R	R	R
Balance at 01 January 2017	1,000	2,704,372	2,705,372			
Surplus for the year	-	582,121	582,121			
Balance at 01 January 2018	1,000	3,286,493	3,287,493			
Surplus for the year	-	2,309,685	2,309,685			
Balance at 31 December 2018	1,000	5,596,178	5,597,178			

Note(s)

6

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

### STATEMENT OF CASH FLOWS

		2018	2017
	Note(s)	R	R
<b>Cash flows from operating activities</b>			
Cash generated from operations	16	2,979,943	582,704
Interest income		119,778	73,976
Finance costs		(6,752)	(95,231)
<b>Net cash from operating activities</b>		<b>3,092,969</b>	<b>561,449</b>
<b>Cash flows from investing activities</b>			
Purchase of property, plant and equipment	2	(95,285)	(1,013,285)
Purchase of financial assets		(2,826,257)	(589,345)
Sale of financial assets		5,990	2,267,220
<b>Net cash from investing activities</b>		<b>(2,915,552)</b>	<b>664,590</b>
<b>Cash flows from financing activities</b>			
Repayment of other financial liabilities		-	(867,164)
<b>Net cash from financing activities</b>		<b>-</b>	<b>(867,164)</b>
<b>Total cash movement for the year</b>		<b>177,417</b>	<b>358,875</b>
Cash at the beginning of the year		454,486	95,611
<b>Total cash at end of the year</b>	5	<b>631,903</b>	<b>454,486</b>

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

### NOTES TO THE ANNUAL FINANCIAL STATEMENTS

#### 2. Property, plant and equipment

	2018			2017		
	Cost or revaluation R	Accumulated depreciation R	Carrying value R	Cost or revaluation R	Accumulated depreciation R	Carrying value R
Buildings	3,103,781	–	3,103,781	3,103,781	–	3,103,781
Furniture and fixtures	50,035	(47,609)	2,426	50,035	(47,318)	2,717
Office equipment	144,572	(59,230)	85,342	56,243	(53,269)	2,974
IT equipment	214,234	(204,072)	10,162	207,278	(194,462)	12,816
<b>Total</b>	<b>3,512,622</b>	<b>(310,911)</b>	<b>3,201,711</b>	<b>3,417,337</b>	<b>(295,049)</b>	<b>3,122,288</b>

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

### Reconciliation of property, plant and equipment – 2018

	Opening balance R	Additions R	Depreciation R	Closing balance R
Land and buildings	3,103,781	–	–	3,103,781
Furniture and fixtures	2,717	–	(291)	2,426
Office equipment	2,974	88,329	(5,961)	85,342
IT equipment	12,816	6,959	(9,610)	10,162
	<b>3,122,288</b>	<b>95,285</b>	<b>(15,862)</b>	<b>3,201,711</b>

### Reconciliation of property, plant and equipment – 2017

Land and buildings	2,093,406	1,010,375	–	3,103,781
Furniture and fixtures	1	2,910	(194)	2,717
Office equipment	5,524	–	(2,55)	2,974
IT equipment	28,429	–	(15,613)	12,816
	<b>2,127,360</b>	<b>1,013,285</b>	<b>(18,357)</b>	<b>3,122,288</b>

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

### Reconciliation of property, plant and equipment – 2017 (continued)

#### Details of properties

##### Erf 52246, Claremont, Cape Town

– Purchase price: 05 August 2009

– Additions since purchase or valuation

Depreciation R	Closing balance R
1,300,000	1,300,000
1,803,781	1,803,781
<b>3,103,781</b>	<b>3,103,781</b>

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

	2018 R	2017 R
<b>3. Other financial assets</b>		
<b>At amortised cost</b>		
BOE Investment	3,228,439	408,172
<b>Current assets</b>		
At amortised cost	3,228,439	408,172
<b>4. Trade and other receivables</b>		
Staff loans	48,873	96,100
Prepayments	2,023	3,381
VAT	15,610	48,536
Accrued income	15,654	-
Other receivables	22,482	43,426
	<b>104,642</b>	<b>191,443</b>
<b>5. Cash and cash equivalents</b>		
Cash and cash equivalents consist of:		
Cash on hand	661	7,750
Bank balances	631,242	446,736
	<b>631,903</b>	<b>454,486</b>
<b>6. Trust capital</b>		
<b>Capital account / Trust capital</b>		
Balance at beginning of year	1,000	1,000
<b>7. Deferred income</b>		
Grants received	1,309,272	813,779

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

### 7. Deferred income (continued)

#### 2018

Brot Fur die Welt (EED)	
Embassy of Japan	
Missio	
National Lotteries Commission	
Humanity United	
Frauke Eiben	
Hawai'i Community Foundation	

#### 2017

Brot Fur die Welt (EED)	
Embassy of Japan	
Missio	
National Lotteries Commission	

#### Split between non-current and current portions

Current liabilities

Opening balance	Amount received during current year	Amounts utilised during the year	Total
R	R	R	R
527,693	1,174,271	(1,224,526)	477,438
34,835	-	-	34,835
178,403	-	(178,403)	-
72,848	-	(72,848)	-
-	616,680	-	616,680
-	44,350	-	44,350
-	135,969	-	135,969
<b>813,779</b>	<b>1,971,270</b>	<b>(1,475,777)</b>	<b>1,309,272</b>
645,571	1,103,169	(1,221,047)	527,693
-	975,711	(940,876)	34,835
139,470	223,004	(184,071)	178,403
-	903,500	(830,652)	72,848
<b>785,041</b>	<b>3,205,384</b>	<b>(3,176,646)</b>	<b>813,779</b>
		1,309,272	813,779



## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

### 8. Provisions

#### Reconciliation of provisions – 2018

	Opening balance R	Reversed during the year R	Total R
Leave pay provision	17,536	(16,336)	1,200

#### Reconciliation of provisions – 2017

	Opening balance R	Additions R	Reversed during the year R	Total R
Leave pay provision	7,684	17,536	(7,684)	17,536

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

	2018 R	2017 R
<b>9. Trade and other payables</b>		
Other payables – Luxembourg	153,933	–
Accrued expense	89,516	57,581
Deposits received	15,596	–
	<b>259,045</b>	<b>57,581</b>
<b>10. Revenue</b>		
Grants and donations	5,870,238	6,746,186
Fundraising dinner	154,927	–
Workshop income	1,086,751	136,120
	<b>7,111,916</b>	<b>6,882,306</b>
<b>11. Other income</b>		
Rental income	61,404	–
Conference and international training income	104,686	41,654
Profit and loss on sale of assets and liabilities	–	11,282
Recoveries	65,972	–
	<b>232,062</b>	<b>52,936</b>
<b>Conference and international training income</b>		
Conference and international training income	104,686	592,533
Less: Workshop costs recovered	–	(100,879)
Less: Travel costs recovered	–	(450,000)
	<b>104,686</b>	<b>41,654</b>
<b>12. Employee costs</b>		
Basic	2,133,340	2,475,420
UIF	26,396	33,533
SDL	20,489	26,911
Fundraising services	–	120,000
Diocese	–	297,984
Post-employment benefits – Pension	10,724	16,488
	<b>2,190,949</b>	<b>2,970,336</b>
<b>13. Investment revenue</b>		
<b>Interest revenue</b>		
Bank	32,706	21,324
BOE investment interest	87,072	52,652
	<b>119,778</b>	<b>73,976</b>
<b>14. Finance costs</b>		
Mortgage bond	–	88,528
Other cash and cash equivalents	6,752	6,703
	<b>6,752</b>	<b>95,231</b>
<b>15. Auditor's remuneration</b>		
Fees	93,900	73,200

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

	2018 R	2017 R
<b>16. Cash generated from operations</b>		
Surplus before taxation	2,309,685	582,121
<b>Adjustments for:</b>		
Depreciation and amortisation	15,862	18,357
Surplus on sale of assets	-	(11,282)
Interest received	(119,778)	(73,976)
Finance costs	6,752	95,231
Movements in provisions	(16,336)	9,852
<b>Changes in working capital:</b>		
Trade and other receivables	86,801	(7,622)
Trade and other payables	201,464	(58,715)
Deferred income	495,493	28,738
	<b>2,979,943</b>	<b>582,704</b>
<b>17. List of funders</b>		
Brot Fur die Welt	1,224,526	1,221,047
Caritas Luxembourg	-	76,010
Church of Sweden	209,942	389,804
Dick and Sally Roberts Coyote Foundation	705,075	134,855
Embassy of Japan	-	940,876
Humanity United	82,100	-
Karibu – Sri Lanka	-	299,121
Luxembourg Foreign Ministry	424,754	515,137
Missio	178,403	184,071
Mott Foundation	-	670,420
National Lotteries Commission	72,848	830,652
	<b>2,897,648</b>	<b>5,261,993</b>
<b>Not subject to contract</b>		
Action of Christians for the abolition of torture	40,290	-
Dick and Sally Roberts Coyote Foundation	-	190,807
Donations	170,037	184,133
Edmonton Canada	-	83,273
Hargrave Foundation	250,000	250,000
Holy Family Sisters	5,000	10,000
HOM North America	4,884	353,927
Luxembourg Foreign Ministry	258,738	117,520
Mary Ward Association	-	2,000
Other income	52,846	-
Servants of Mary	142,438	-
Sol.Plaatje Educational Project	249,621	-
SSM – Society for the Sacred Mission	77,795	292,533
The Foundation Council of the Agape Stiftung	1,398,942	-
The Roif Stephan Nussbaum Foundation	300,000	-
Sven-Erik Fjellstrom	22,000	-
	<b>2,972,591</b>	<b>1,484,193</b>

**The Institute for Healing of Memories Trust**

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

	2018 R	2017 R
<b>17. List of funders (continued)</b>		
<b>Workshop income</b>		
Workshop Training Fees – International	7,946	–
Brian Macgarry	16,000	–
Morare Matsepane	12,000	–
June Saldhna	12,000	–
IHOM North America	158,039	–
Wendy Lambourne	42,600	–
SSM – Society for the Sacred Mission	150,000	–
Liverpool Hope University	59,637	–
Action of Christians for the abolition of torture	78,278	–
Father Lennon	42,000	–
Myanmar	93,337	–
Pamela Cornwell Chambers	14,151	–
Goteborgs stift	70,005	–
Peace Makers Network Finland	15,876	–
Ann Smith	12,000	–
HOPE Africa	8,772	–
University of Lapland	44,284	–
Sabine Denecke	14,082	–
Bishop Lennon	13,972	–
Edu-Africa	1,500	–
Brian	13,986	–
Presbyterian Church – Jeremy Smith	27,895	–
Primrose Chiwi & Blessings Mudarikwa	16,000	–
Mike Ribbens	8,437	–
Workshop Income – National	–	136,120
Workshop Income – International	872	–
Hawaii Community Foundation	135,433	–
KZNCC	14,450	–
Cape Cultural Collective	3,200	–
	<b>1,086,752</b>	<b>136,120</b>
	<b>6,956,991</b>	<b>6,882,306</b>

## The Institute for Healing of Memories Trust

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

### DETAILED INCOME STATEMENT

	Note(s)	2018 R	2017 R
<b>Revenue</b>			
Fundraising dinner		154,927	–
Grants and donations		5,870,238	6,746,186
Workshop income		1,086,751	136,120
	10	<b>7,111,916</b>	<b>6,882,306</b>
<b>Other income</b>			
Gains on disposal of assets		–	11,282
Interest received	13	119,778	73,976
Other income		104,686	41,654
Recoveries		65,972	–
Rental income		61,404	–
		<b>351,840</b>	<b>126,912</b>
<b>Expenses (Refer to page 23)</b>		<b>(5,147,319)</b>	<b>(6,331,866)</b>
<b>Operating surplus</b>		<b>2,316,437</b>	<b>677,352</b>
Finance costs	14	(6,752)	(95,231)
<b>Surplus for the year</b>		<b>2,309,685</b>	<b>582,121</b>

The supplementary information presented does not form part of the annual financial statements and is unaudited

**The Institute for Healing of Memories Trust**

(Registration number IT 4386/98)

Annual Financial Statements for the year ended 31 December 2018

**DETAILED INCOME STATEMENT**

	2018	2017
	R	R
<b>Operating expenses</b>		
Annual report and publications	20,365	43,548
Auditors remuneration	93,900	73,200
Bank charges	52,499	51,132
Cleaning	2,500	-
Community healing	2,000	2,734
Computer expenses	44,889	29,343
Conference expenses	8,283	334,669
Consulting fees	31,548	-
Depreciation, amortisation and impairments	15,862	18,357
Email and internet costs	21,948	26,499
Employee costs	2,190,949	2,970,336
Fines and penalties	13,313	21,393
Fundraising expenses	102,843	-
General expenses	14,866	241,263
Insurance	31,874	30,500
KZN equipment hire	27,944	1,009
KZN office expenses	75,575	144,591
KZN other expenses	1,000	10,070
KZN workshops	306,885	278,618
Knowledge hub expenses	-	10,326
Lease rentals on operating lease	19,688	29,024
Magazines, books and periodicals	44,889	18,369
Municipal expenses	34,131	25,073
Postage	2,961	12,059
Printing and stationery	28,362	29,719
Repairs and maintenance	13,436	7,801
Restoring humanity youth workshops	107,530	141,130
Security	5,709	27,912
Staff welfare	5,187	31,052
Telephone and fax	63,401	66,190
Training	16,230	14,655
Travel – local	214,241	146,211
Travel – overseas	643,970	231,163
Workshop costs	888,541	1,263,920
	<b>5,147,319</b>	<b>6,331,866</b>

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# Financial Report 2018

By Ntombomzi Maggazolo

Although still facing financial challenges in 2018, the organisation and the IHOM team and family are so grateful to all the donors who showed their support with all their donations. We received new funding even though some was one-off payments. We are grateful to everyone who heard our cry when we sent an appeal for donations in order to be sustainable. The organisation was able to reinstate some of our staff members who had been laid off and those who were on a part-time basis were reinstated to being full-time again.

## Twentieth Gala Dinner

One of our efforts towards self-sustainability and towards celebrating a milestone was the twentieth Gala Dinner, killing two birds with one stone by celebrating 20 years of making a difference and raising funds as well. We are also continuing with the international facilitators' yearly training programme, which draws a good number of participants and which, with the

right costing and popularity, will become an income generator. None of the above-mentioned events and programmes could have taken place were it not for our very loyal and generous funders, partners and friends of IHOM, who provide donations in the form of funds or in kind .

Your contributions in cash or in kind have helped the Institute to do the crucial healing work that is still evidently needed across the country and internationally, because pain knows no boundaries.

A special thanks to the Hargrave Foundation and The Hawaii Community Foundation for funding our international conference which is taking place in June 2019.

List of the Institute's partners and donors

### Donors

Agape Stiftung  
Brot für die Welt  
Church of Sweden  
Coyote Foundation  
Dr Claude Blum  
Humanity United  
Hargrave Foundation  
Holy Family Sisters

Luxembourg Foreign Ministry  
Missio  
Servants of Mary  
Sol Plaatje Educational Project  
SSM – Society for the Sacred Mission  
Arm in Arm  
Nussbaum Foundation  
Arendt Meder

Dr Payne  
Servants of Mary  
Mary Ward Association

### **Fundraising Dinner**

Delene Mark  
Christian Brothers Centre  
Trevor Manuel  
Diocese of Saldanha Bay  
Mr.SA Henkeman  
Sam Montsi  
Di Oliver  
Prof Christo Thesnaar  
Yashun Naito  
Phileas Fogg  
Sabir Sheikh  
Ingrid van Wyk  
Sandra Browyn  
Horst Kleinschmidt  
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Surve Philanthropies

Father M Twum Darko  
Tobias Mutale  
Zakhele Gumede  
Makgoba Development Trust  
Makana Luyanda  
Dioces of Natal  
Dhiren Moodley  
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Pedi Kearney  
Leon Naidoo  
KwaZulu Natal Christian Council Churches  
Moses Tembe Family Trust  
Prof Bonke Dumisa  
Sue Bannister  
Montsi Investment  
Dhiren Moodly  
Tery Dowling  
Piet Meiring  
Ntombi Shongwe  
Bishop Raphael

### **Appeal**

Jean Marc Ueberecken  
P&S Kilroe  
Delene Mark  
Allan and Vivienne Taylor  
Fondation Des  
Janice Sigamoney  
Julian & Judy Cooke  
Horst Kleinschmidt  
Father M Twum Darko  
MM Shanley  
Geoff Harris  
Johnston Anthony  
Sabelo Mthembu  
Jemma Diamond  
Bishop Jane Alexander  
Lholling Shedd  
Piet Meiring  
Marie McIntyre  
Rowan Smith

Roger Molitor  
Cecile Thill  
Jesuit Church Luxembourg  
Michael Harvey  
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## Organisational Structure

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### Board of Trustees:

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Dr Christo Thesnaar (Secretary) – University lecturer on pastoral care and youth formation, University of Stellenbosch

The Revd Dr Michael Twum-Darko – Head: Academic and Postgraduate Programmes, Graduate Centre for Management, Faculty of Business, Cape Peninsula University of Technology, Cape Town  
and Assisting Priest in Charge – Church of the Holy Redeemer, Sea Point

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Glenda Wildschut – Director Transformation Services, University of Cape Town

The Revd Dr Spiwo Xapile – JL Zwane Centre

Fr Michael Lapsley, SSM (Director)

## Cape Town Office

Fr Michael Lapsley, SSM – Director

Eleanor Kuhn – Personal Assistant to Director

Ntombomzi Magqazolo – Finance Manager

Fatima Swartz – Programme Manager

Loret Loumouamou-Mouketou – Western Cape Workshops Organiser

Mandla Klanisi – Community Healing Project Organiser in Delt

Clint Bowers – Organisational Support

Magdalene Moses – Community Healing Project Organiser in Atlantis

Lydia Vuba – Housekeeping

## KwaZulu-Natal Office

Alphonse Niyodusenga – Deputy Director and KwaZulu-Natal Regional Manager

Bridget Phillips – Community Healing Project Organiser



*Eleanor Kuhn – Personal  
Assistant to Director*



*Ntombomzi Magqazolo –  
Finance Manager*



*Lydia Vuba – Housekeeping*

## **Institute for the Healing of Memories**

5 Eastry Road, Claremont, Cape Town 7708, South Africa

**Tel:** +27 21 6836231

**Fax:** +27 21 683 5747

**Email:** [info@healingofmemories.co.za](mailto:info@healingofmemories.co.za)

**Website:** [www.healing-memories.org](http://www.healing-memories.org)

## **Banking Details**

**Bank:** Standard Bank

**Branch Name:** Mowbray

**Address:** Main Rd, Mowbray, Cape Town, South Africa

**Branch Code:** 02-49-09

**Name of Account:** Institute for Healing of Memories

**Type of Account:** Market Link

**Account Number:** 075133164

**Swift Code:** SBZAJJ



