MESSAGE FROM ONE OF OUR PATRONS:
Archbishop Emeritus Desmond Tutu

“Although I have now retired, I continue to give my wholehearted support to the work of the Institute for healing of memories and to remember them in my prayers.

I was delighted to hear last year about Father Michael Memoir being published in Arabic after so many other translations.

Sadly healing of memories continues to be needed in the human family but the work itself is also a sign of hope

Thank you to all involved in this work for what you do to help make the world kinder and gentler.”
On behalf of the Board of Trustees of the Institute for Healing of Memories, we are incredibly grateful for the work done by Fr Michael Lapsley and the staff of the Institute during 2017 and are therefore very proud and delighted to endorse and present this annual report to all our partners, supporters, friends, and the public.

Despite the harsh economic climate faced by NGOs globally, the Institute was able to continue programs that have impacted on individuals and communities both locally and globally in profound and transformative ways. The work of all our staff has been very successful, with excellent delivery on our set goals and objectives.

It is with a sense of pride that we reflect on an amazing further development of the God Has Many Names project. This program seeks to promote an interfaith vision among young people with its recent focus on sacred music and sacred art. Programs such as these are essential in creating young people who strive for a world where peace, love, justice, and unity triumph.

Other highlights this year have included the marvellous conference focused on healing the wounds of history. The Institute celebrated the inspiring lecture given by Pearl Means focusing on Standing Rock in the United States of America and the related struggles of the indigenous people of that community.

When we initially launched Fr Michael’s book – “Redeeming the past” – we understood that this book would be received very positively by many communities in South Africa, Africa, and the world. It is with much excitement that we report on the many languages that the book has been translated into, the latest being Arabic!

As the Board of Trustees, together with the Director and senior management, we continue to seek solutions for the sustainability of the organization. We are grateful to all our donors, from the developed donor funding agencies, to trusts and family foundations, as well as individuals, who ensure that the work of healing and transformation continues.

The year 2017 has been a very challenging one regarding funding and as you read this report we hope that it will encourage you to commit further to the financial sustainability of the Institute.

The Board is extremely grateful for the hard work and dedication of the Director, Fr Michael Lapsley, the Deputy Director, Alphonse Niyudiosenga, and all members of the staff.

A luta continua

Delene Mark
On behalf of the Board of Trustees

CHAIRPERSON’S REPORT

By Delene Mark

ANNUAL LECTURE

The Institute for Healing of Memories in collaboration with the Beyers Naude Center for Public Theology at Stellenbosch University.

Title: Standing Rock – Exemplifies the American Indian as the Miner’s Canary by Pearl Means

From left to right: Patric Tariq Mellet, Respondent, Pearl Means, Prof Nic Koopman, Center for Public Theology Stellenbosch University, Fr Michael Lapsley, Director Institute for Healing of Memories
It is both a responsibility and a privilege to have the opportunity to report to you on the activities of the Institute during 2017. My report will focus on international work that I have personally undertaken although some of it is covered much more extensively in reports written by others. The report of Brother Moeketsi will outline the work of the Institute for the healing of memories in partnership with the Society of the Sacred Mission in Lesotho. I would like to express gratitude to the Society for this expression of what is part of our Mission as a Province.

I would like to draw attention as well to the comments by Brother Moeketsi about the impact of the workshops on the participants. Step-by-step we are also building up a team of local facilitators. It is a privilege to be able to make a contribution, however modest to the healing of the wounds of the Basotho Nation.

These past many years I have travelled a great deal and 2017 was no exception. I travelled twice to Sri Lanka doing healing of memories work. One of the seeds included an unforgettable healing of memories workshop with a group of Buddhist monks and nuns all of them coming from Myanmar. I also had the opportunity to learn more from Buddhist wisdom. Never having been there before I also travelled twice this year to Israel/Palestine, the Land of the Holy One and on the second occasion I was accompanied by Brother Tefo SSM.

On the first visit we went to Beirut and Lebanon for the launch of the Arabic edition of my memoir which was published by Dar El Mashreq, a Jesuit publishing house. After a few extraordinary days of presentations and exposure to the local reality in Lebanon we travelled to Israel and Palestine and we were able to have book launches both in Jerusalem and in Nazareth. We visited the refugee camp of Shatila in Beirut where Palestinian refugees were massacred in September 1982. I was living in Rome in Lesotho at the time and remember vividly the solidarity meeting that we held for the victims just 3 months before the Maseru massacre. Amazingly there has already been a second printing of the Arabic Edition. As a fruit of the media interviews in Lebanon, I have been invited to Tartus in Syria by a group of Catholic sisters to a meeting with several hundred young people at the beginning of March 2018.

As a Christian I will never forget the opportunity to go to the place of the birth of Jesus, his crucifixion and resurrection. I was invited to be a keynote speaker at an International conference on healing hatred which took place in Jerusalem and Bethlehem. Before the conference took place Brother Tefo and I had the opportunity to participate in the study tour focusing on the three Abrahamic Faiths.

I will never forget the opportunity to visit the places where Jesus was born, brought up, was crucified and rose again. However what affected me the most was the horrendous reality of Israeli Apartheid and what that means for the lives of all Palestinians. Everyday Palestinians experience humiliation and pressure to leave forever the land of their birth. The situation was very much worse than I had imagined.

After the second visit to Israel and Palestine we travelled to Luxembourg with Brother Tefo. Later in the year on the 2nd visit to Luxembourg we had a healing of memories workshop with participants from 20 different countries and we held the workshop in English, German and Arabic with a number of participants who are refugees.

As in previous years I made two extensive visits to the United States travelling from New York on the east coast to California and beyond to Hawaii in the middle of the Pacific. Before the second trip to the United States I was in VU where we are partnering with the Centre for Restorative Justice (CSRJ) and Edmonton. I was made an Honorary Canon for Healing and Reconciliation in the Cathedral of Edmonton which is the same position I hold in the cathedral in Cape Town.
We also had two international training courses as well as an international conference on Healing the Wounds of History. This was timed to coincide with our Annual Lecture given by Pearl Means focusing on indigenous struggles in the US particularly at Standing Rock in partnership with the University of Stellenbosch. It was broadcast live on the internet. A number of people connected with the Institute in North America came to the conference. Each year connected to Heritage Day there is a healing music Festival in Paarl. Part of the proceeds come to the Institute.

Whilst all the programs of the Institute in different parts of the world are doing very well we are facing extremely serious financial challenges in Cape Town.

It is in this context that I decided that I would begin taking the pension from the Anglican Church of Southern Africa from February of this year whilst at the same time continuing to work full time.

We were also forced to lay off two staff members and for three other staff members to become part time. With my colleagues and our board we are seized with a question of how can we raise more money and also restructure ourselves to be more effective with the money that we have.

We did however receive a grant from the national lottery which has enabled us to pay completely a bond that we had on our building so it is now debt free and an important asset.

Thanks also to the Government of Japan we were able to extend our building which has given us more office space and a large meeting room.

During 2018 we are also renting out part of our space to another organisation that will give us some income.

We are also considering setting up an international structure to both co-ordinate our international work and help to generate long term funding to help our sustainability.

I don’t see myself leading the Institute for ever but I would like to drop down at a point that it is economically viable for the long term. Of course God may have other plans.

We also want to popularise the idea of growing an endowment and encouraging people to leave legacies to the Institute.

I hope I have remembered the most important things to share with you all....

May I express profound gratitude to our patrons, to our board, to my staff colleagues, to our facilitators across the world, and all our friends both individual and institutional who, through their generous giving and support make the Institute for healing of memories what it is.

I hope I have remembered the most important things to share with you all....

May God bless us all.

Michael sm
Director

NORTH AMERICA REPORT: By Gloria Hage, Executive Director

This year has been one of exponential growth and success. Our Regional Coordinators and volunteers have done an outstanding job expanding our work across the country. Together, we were able to expand programming, reaching more individuals and communities in need of healing of memories; develop new partnerships; secure new funding sources; train more facilitators; grow our board of directors to reflect the diversity of the people we are committed to serve; and create an Emeritus Board, to hold near our institutional memory. As well, we had many opportunities this year to share the Institute’s work, through television interviews, conferences, workshops, and speaking engagements. Some of those opportunities included interviews on Bronx Net TV, leading an introduction to HOM workshop at the Restorative Justice Conference at Lehman College, Bronx, NY as a panelist at a Reconciliation Workshop at the Union Theological Seminary, hosted by the Network for Religious and Traditional Peacemakers; as a participant in the Strategic Learning Exchange, Religion, Peace and Security; Dynamics and Innovation of Gender and Youth Inclusion at UN Women Headquarters in NYC; and as an advisor at the Peacemakers Network Advisory Group Meeting at Rose Castle in the United Kingdom.

In partnership with the Network for Religious and Traditional Peacemakers we coordinated the first Healing of Memories Workshop for Peacemakers, at the Stony Point Retreat Center in Stony Point, NY. Fr Michael Lapsley led the workshop and it was a huge success. Five of the workshop attendees participated in facilitating training.

We also received a grant from the national lottery which has enabled us to pay completely a bond that we had on our building so it is now debt free and an important asset.
First Healing of Memories Peacemakers Workshop, October 2017, Stony Point Center, Stony Point, NY

We are developing an exciting partnership with Rose Castle International Reconciliation Center in the United Kingdom, where they would like to make healing of memories the centerpiece of peacemaker retreats, which will be offered throughout the year. Pilot programming will begin in 2019, and official programming in 2020, after they complete a major renovation of the castle. As well, they are developing a global youth leadership program, which will be a year-long program for young people from around the world, and they want HOM to be part of this program and training.

In October, we held our first Friend-Raiser at the home of our executive director, in NYC. We had an excellent turn-out and a wonderfully diverse group of attendees. It was an uplifting evening for all. This event resulted in book sales, donations, new committed volunteers, and connections to new networks and funding sources.

In September, IHOM-NA staff, board members, friends and colleagues travelled to South Africa (SA) to participate in the first-ever exchange between IHOM North America and IHOM South Africa. We had the opportunity to attend IHOM-SA’s annual conference, Healing the Wounds of History, One World Healing Music Festival, that IHOM South Africa helps sponsor, and immersion into the communities where our South African colleagues work. It was a re-charging trip for everyone, and the opportunity for the staff/volunteers to begin to come together and learn from each other was incredibly valuable to us all. While there we were able to learn more about their youth programming, with a view to adapting it for the United States. Because of the knowledge we gained, we have created a program sub-committee to develop youth programming. Our first program in development is SA’s Restoring Humanity program, which we are adapting for the United States. We plan to do our first pilot either late fall 2018 or early 2019.

THIS YEAR HAS BEEN ONE OF EXPONENTIAL GROWTH AND SUCCESS.

ARIZONA REPORT

Mike Wold, Regional Coordinator

The Healing of Memories Workshop continues to grow in popularity in the Arizona veteran community. We reached a major milestone as we have now had over 200 veterans participate in our workshops since 2013. We also had the highest number of workshops this year, holding five of them. There were two for any veterans, one for women veterans only, and one for veterans and first responders (police, sheriffs, fire fighters and emergency medical service providers) and one for spouses and significant others of veterans. We have now conducted 17 workshops in Arizona since 2013 (12 for veterans, three for spouses and significant others of veterans and another for veterans and first responders). These workshops were very successful in providing healing for the participants, but one of our most memorable ones was held for women veterans only in April 2017. Sad to say, many women veterans suffer from sexual trauma that occurred during their military careers. The dynamics of the workshop and levels of healing for these women veterans were outstanding.

As was mentioned in last year’s report, Fr Michael was invited to visit the Navajo Lutheran Mission in Rock Point, Arizona, where he talked at a Sunday service and visited the Navajos with several others. I am happy to say that his visit set the stage for another visit by Mike Wold in June 2017, where he was invited to attend the Rock Point Navajo Veterans Group and talk about the healing of memories workshop. The idea of a story-
The healing workshop resonated well with the Navajo culture and one of the Navajo veterans attended our November workshop and gave it a high evaluation.

We again had the honor of hosting Fr Michael in May, when he conducted a healing of memories workshop for 23 male and female veterans. While here in Arizona he also conducted facilitator training for eight candidates. They began the next step in their authorization journey by co-facilitating workshops under the mentorship of experienced facilitators. In addition, Fr Michael held a lead facilitator training session that included two candidates from Arizona plus others from other states. We have eight fully authorized facilitators in Arizona now and will have more when the trainees complete their co-facilitations.

The Healing of Memories Workshop Continues to Grow in Popularity in the Arizona Veteran Community.

Southern California Report

Karen Hayes, Regional Coordinator

Healing of Memories Workshop All Saints Pasadena

On 1-3 June, we provided a Healing of Memories workshop for an ethnically and vocationally diverse group of All Saints parishioners and other community members. Four facilitator-trainees participated as co-facilitators, paired with Fr Michael, Thandikya Ncosani, Sally Roberts and Karen Hayes. The workshop was funded by a generous gift from the Coyote Foundation, in addition to a grant from the church and nominal fees paid by participants. On 4 November, Fr Michael led a reunion workshop where participants shared about their journeys toward healing.

HOM Workshop Facilitator Training

On 4-5 June, Fr Michael led a healing of memories facilitator training workshop at All Saints Church. Two new trainees took their first step toward becoming certified IHOM facilitators.

HOM Support Group, All Saints Pasadena

This was our sixth year of programs at All Saints and growing interest in the process led to the development of an on-going HOM support group, open to all former participants. Karen Hayes and Sally Roberts facilitated the support group gatherings.

SPEAKING ENGAGEMENTS

On 5 November, Fr Michael preached at St. Aidan’s Episcopal Church in Malibu. We were hosted by parishioner Tom Stipanowich, Director of the Straus Institute for Dispute Resolution at Pepperdine University, for whose mediation students we have provided HOM programs.

Also on 5 November, Fr Michael spoke at an interfaith dinner conversation focused on ways of supporting local Muslim communities in the current political climate. The event took place at neighborhood Unitarian Church in Pasadena.

LAPD Meeting

Fr Michael and Karen Hayes met with LAPD Lieutenant Mark Green to explore the possibility of continuing the LAPD Community HOM workshops in South Los Angeles. (Our former partner, Deputy Police Chief William Scott, moved to be the police chief in San Francisco.)

EXCITING NEW PARTNERSHIPS

Fuller Seminary

In the spring, we developed a new partnership with Fuller Theological Seminary in Pasadena. Fr Michael made HOM presentations to two groups of students and faculty. Fuller’s president, Rev. Dr. Mark Labberton, hosted Fr Michael and Thandikya for a portion of their stay.
Wellness Works Glendale
Wellness Works is a non-profit that engages the community in restoring hope and a sense of wholeness of body and soul to veterans and their families. Karen Hayes, Fr Michael and Sally Roberts engaged in several planning meetings with their staff to design a pilot HOM workshop for veterans, to be led by Fr Michael in June 2018. The Disabled Veteran National Foundation will fund the program.

Neighborhood Unitarian Universalist Church in Pasadena
Neighborhood Church has a long history of work for peace, justice and equality. One of their stated values is, “Individually and together we can be agents of change to heal what is often a broken world…”. We are working with Stephanie Ballard, Social Justice Coordinator, to implement an HOM workshop there in May 2018.

NORTHERN CALIFORNIA
Wilma Jakobsen
Rev. Wilma Jakobsen had Fr Michael address two classes at DeAnza College in Cupertino. At the Pacific School of Religion, Berkeley we had a well-attended presentation and there is potential here for future presentations as well as a partnership. At San Pablo Episcopal Church, Seaside/Monterey, there was a bilingual Spanish/English healing of memories workshop. This was the first bilingual workshop, and a first-time workshop for this church group.

HAWAII REPORT
Linda Rich, Regional Coordinator
Fr Lapsley was in Hawaii for ten days in November, accompanied by Wilondja Williams. At the invitation of Calvin Hoe, founder of the school, Fr Michael met with students and faculty at Hakipu‘u Learning Center, a Hawaiian culture-based charter school in Kane‘ohe. The students greeted him with Hawaiian songs, and we watched them practice hula to be performed at the upcoming Makahiki celebration. Students had prepared questions after watching the video, “The Fr Michael Lapsley Story”, and engaged in dialogue with Fr Michael. A well known local artist, Meleana Meyer, came to hear Fr Michael at Hakipu‘u and invited our group to dinner at her home, where she shared a beautiful mural created by her and several other Hawaiian artists as a project in healing of cultural trauma. She presented a miniature of the mural to Fr Michael, to be displayed in the IHOM office in Cape Town. We are exploring possibilities for future collaborative work with Ms Meyer and Mr Hoe.

A healing of memories workshop was held in Honolulu at Church of the Crossroads and included church members, a Hawaiian cultural practitioner and his student, and women from a prison furlough program.

Fr Michael led an adult education session at Church of the Crossroads on Sunday. An informal “talk story” gathering was held at the church on Monday evening.

MINNESOTA REPORT,
Margaret Fell, Regional Coordinator
Minnesota Healing of Memories received a grant for its work in 2017. Most of the year was spent expanding the audience for healing of memories workshops in Minnesota.

An initial strategic planning meeting was held in February with pastors, chaplains, and leaders of non-profit organizations which share IHOM-NA’s vision and values.

A March meeting with former workshop participants provided suggestions for promoting workshops. Participants offered reflective quotes months after their workshop experience:

- There are things I’ve done that not even my therapist knows. The workshop provides some anonymity.
- I was surprised by what came up for me and what I said.
- Shared and discovered.
- I found bonding in the group I had not experienced with my family.

Our first mini-workshop in May was held at Minnehaha Community Lutheran Church in Minneapolis. Attendees included clergy, chaplains, and veterans. The four-hour mini-workshop provided a “taste” of the weekend workshop and included the DVD “The Fr Michael Lapsley Story”, a description of the weekend workshop, an abbreviated drawing exercise, small group sharing and group debriefing. It was followed by a lunch, which provided the opportunity for sharing and bonding.

A second mini-workshop was held for 13 chaplains at Loyola Spirituality Center in June. A third mini-workshop was held at St. Anne’s Episcopal Church with participants from St. Anne’s Episcopal Church and Spirit of Hope Catholic Community.

Two workshops were scheduled at the ARC Retreat Center. There were 19 participants at the November workshop and a second workshop is scheduled for 6-8 April 2018. Audrey Lukasak completed her facilitator training in November. Sheila Laughton and Margaret Fell began training two Arizona lead facilitators at October and November workshops in Phoenix.

On 31 March-2 April Sheila and Margaret led a Veteran Spouses and Significant Others workshop at the Franciscan Renewal Center and on 7-9 April our first, and very successful, Women Veterans workshop at Spirit in the Desert.
NEW YORK REPORT
Jan McCray, Regional Coordinator

In New York, our Regional Coordinator, Jan McCray, brought Fr Michael to the New York Theological Seminary for the Urban Angels Awards Gala Reception and Dinner, to make connections and to network with people who might help the Institute. Fr Michael met with Carlton Brown, the Co-Managing Director at Direct Invest Development, LLC, Architect Developer MIST Harlem; Paul Dolan, the Executive Director International at Walt Disney Company/ABC News, Retired, David Rothenberg, Founder, the Fortune Society, and WBAI radio host; and Rev. Lakeesha Walrond, PhD—Executive Pastor, First Corinthian Baptist Church of New York City in Harlem. As a result of this, David Rothenberg will continue to offer his Saturday morning show as a platform for Fr Michael’s new initiatives and work in the Tri-state area. My Rothenberg is also looking to see how IHOM-NA might be able to re-connect with the Fortune Society. Paul Dolan indicated that IHOM-NA might consider Sterling Forum for a possible retreat. Rev. Lakeesha Walrond is considering a partnership between the First Corinthian Baptist Church and IHOM SA/NA. Fr Michael and Jan McCray met with Rev. Lakeesha Walrond in Cape Town to explore the possibility of a partnership in South Africa as well as in the States. Rev. Walrond, along with SA staff, is in the process of planning a February 2019 South Africa “healing” tour for 50-100 from the FCBC community.

TENNESSEE REPORT
Cathy Harrington, Regional Coordinator

In May Fr Lapsley and Cathy Harrington worked on building relationships and education. They had meetings with the mayor, the Chattanooga Police Department Victim Services staff, Chattanooga Police Department Chaplains, the Family Justice Center, Fathers to the Fatherless, and local African-American pastors who are working with victims of gun violence and structural racism. It was a whirlwind five days but a tremendous success! The mayor offered space for workshops at the new Family Justice Center, a perfect place to hold workshops for former gang members and paroled offenders and their families. They met with Fathers to the Fatherless (F2F) staff, a non-profit that works with at-risk youth in Chattanooga, and found that the issues that plague Chattanooga are remarkably similar to Cape Town, South Africa. The Institute for the Healing of Memories in Cape Town, South Africa has been working with young people for the past four years on a program they call Restoring Humanity, which the F2F staff found inspiring and they committed to joining us for our next healing of memories workshop and facilitator training in the fall of 2017.

We held a lunch that included the Victim Services Coordinator at the Chattanooga Police Department, her staff, two staff people from the Community Partnership Foundation, two ODPC Chaplains, a representative from CALEB (Chattanoogans in Action for Love, Equality, and Beninence) and a social worker who is working with Fathers to the Fatherless.
the community working tirelessly on this challenge. We were moved by the stories shared during this meeting and are looking forward to deepening the conversation and collaborating on efforts toward racial healing in our community.

In May, we received a $11,100 grant from the Veatch Foundation to kick off our goal of establishing Tennessee as a region of the Healing of Memories - North America. Our workshop in October was a success and we trained five new potential facilitators. One of the new trainers is Native American and lives in South Dakota. In the fall Fr Michael spoke to an audience of about 75 students and teachers at the University of Tennessee Chattanooga about his journey and the Institute for the Healing of Memories. We also met with three students a few days later to begin conversations about workshops at the University with students and teachers.

He also spoke on a panel at the low-performing Middleschool in Chattanooga, Orchard Knob. It was an event called "The State of Our Boys" and in attendance were the new police Chief and many other officers, community leaders and activists. Troy Rogers was also on the panel. He is the Safety Director for Chattanooga who is in this picture with the mayor taken in May. He’s a great ally to HOM and for future work with the African-American community and marginalized populations. The students were spellbound as they listened to Fr Lapsley speak. At the event, we ran into Yolanda Putman, a journalist for the Times Free Press, and she wound up meeting with us later for an interview. The link to the article: http://www.timesfreepress.com/news/life/entertainment/story/2017/nov/04/south-africpriest-brings-healing-process-chat/456118/.

Meeting with Chattanooga, Tennessee Mayor

On Thursday evening, we held a dinner at church to build relationships with UUCC leadership. We also had a meeting that focused on Black Lives Matter and leaders in Chattanooga is also working with the Healing of Memories North America’s Executive Director, who secured funding for a veterans’ workshop in March 2018. We in Chattanooga feel so blessed to have begun the work to establish a new region in the southeast for Healing of Memories! Thanks to everyone who worked to make this possible!

PROGRAM COMMITTEE REPORT
Margaret Fell, Program Chair

The IHOM-NA Program Committee met at the Franciscan Renewal Center in Phoenix on Saturday, May 20th, 2017. The meeting was preceded on Friday, 19 May by IHOM-NA’s first lead facilitator training led by Fr Michael Lupakey.

LEAD FACILITATOR TRAINING
Seven facilitators attended the lead training: Linda Rich, Georgette Delinois, Cathy Harrington, Karen Hayes, Jan McCoy, Sandi Heseltine, and Kathleen Ganzar. Current HOM/NA lead facilitators Paul Feuerstein, Jerry Diller, Sheila Laughton, and Margaret Fell participated and Fr Joseph Jeyaseelan, a Healing of Memories facilitator from Sri Lanka, also attended the training.

The lead training included discussion of the role of the lead facilitator, administrative responsibilities, role-play and feedback, workshop case studies and the role of self-care in lead facilitation.

PROGRAM COMMITTEE MEETING
All lead facilitators attended the Program Committee meeting.

The Program Committee meeting included a debriefing of the lead facilitator training. Suggestions included more defined role-play scenarios, including "plants" who could role-play some of the more challenging workshop participants, using poetry or a short
video for trigger exercises and developing a list of diverse trigger exercises for different populations. A suggestion was also made to include the workshop collaboration segment on the second night and the presentation of the peace symbols the following morning.

Among suggestions for additional lead facilitator education were providing more information about moral injury and trauma and using webinar training and posting reading lists on the IHOM-NA website.

The committee discussed draft lead facilitator documents, which create the process and procedures for the selection, training, and support of lead facilitators. The lead facilitator application, authorization process, position description, and a bulletin lead facilitator workshop outline. The IHOM-NA Board approved the documents at its 14 October meeting.

The committee reviewed the facilitator authorization process approved by the Board at its October 2016 meeting. Documents included the facilitator application, authorization process, mentor debriefing questions and self-evaluation forms, and rendering information from the various forms secure.

In 2017, healing of memories took a big step forward in Luxembourg, with two 2-day facilitator training courses being held – one in July and the other in December. A total of 17 people took part, of whom 13 were from Luxembourg, 3 from France (Rouen) and 1 from Spain (Barcelona).

Each of the courses, led by Fr Michael, was followed, a few days later, by a healing of memories workshop, enabling a few of the trainees to take part as co-facilitators and thereby gain practical experience alongside fully trained facilitators. Both workshops – held in English, French and Arabic thanks to a friendly team of interpreters – proved to be a great success. There was extremely positive feedback from the participants, coming from a wide variety of backgrounds – 17 different countries of origin in the summer workshop and 19 in the winter one, including a number of refugees from Syria, Iraq, Eritrea and Burundi.

From 14 to 24 July, Fr Michael was accompanied by Brother Tefo Rachaka. On their way to Europe, they had 'stopped off' for a week in Jerusalem, where Fr Michael was a guest speaker at a conference on Israeli-Palestinian dialogue. During their stay in Luxembourg, in addition to the training course and workshop, they and members of the local healing of memories support group attended a meeting with officials of the Foreign Ministry to discuss the prospects for continued support from the government for the IHOM. They also had initial talks with representatives of the Luxembourg prison chaplainscy with a view to organising a healing of memories workshop for inmates in 2018.

During his second visit – from 24 November to 5 December – Fr Michael was accompanied by Clint Bowers. On 29 November, he led a meditation and discussion evening at Luxembourg prison, attended by 40 inmates; on the same day, he met the prison authorities to discuss plans for the 2018 prison workshop.

On 30 November, he gave a lunch-time talk to 250 staff members of PwC, one of the sponsors of the healing of memories training and workshop programme in Luxembourg.
HEALING HATRED: SPIRITUAL CHALLENGES IN A CONTEXT OF POLITICAL CONFLICT

This was the name of the conference I was invited to speak at in Jerusalem and Bethlehem by Sarah Bernstein of the Rossing Centre and Sami Awad of the Holy Land Trust during July 2017.

Before the conference we had the privilege of a preconference study tour giving us a glimpse of Palestinian and Israeli perspectives and hearing from Jewish, Muslim and Christian people as we toured the holy sites. As someone who does not live the reality every day, it was a very disturbing and painful experience.

Never having been there before, it was my second time in the course of a few months visiting what some of my Palestinian Christian friends call the land of the Holy One. Earlier this year I had come briefly to Jerusalem and Nazareth for the launching of the Arabic edition of my memoir under the auspices of Sabeel Ecumenical Liberation Theology Centre.

The second visit gave us a much wider and deeper exposure to this multi-layered and multifaceted context characterized by conflict. Central to the Jewish Israeli narrative is the Holocaust. Central to the Palestinian is the Nakba, the catastrophe that befell the Palestinian people in 1948 and that continues and increases until today.

The issue of acknowledgement is of fundamental importance to both parties to the conflict. Both sides for valid reasons see themselves as victims. The depiction of attacks by Palestinians as terrorist is true but blind to the prior reality of state terrorism. I guess this has a particular significance for me personally as a victim of state terrorism myself.

Some would argue that it is not possible to heal when we need all our energies simply to survive a situation of oppression. Whilst I sympathize with this argument, I often think of what South Africa would be like today if Nelson Mandela had walked from prison with hatred and bitterness.

Indeed, it was Mandela who said to us that he realized that if he did not leave hatred and bitterness at the prison door he would remain a victim forever.

I was encouraged that at least some Jewish people and some Palestinians saw how important healing is even now, despite the lack of a just resolution.

I also made it clear at the Conference that in my view healing is never an alternative to justice but rather it is necessary to find ways of healing so that we can more effectively participate in struggles for justice... especially restorative justice.

After the Conference, I was hosted for an evening and a day by Ashraf Suliman, South Africa’s Ambassador to Palestine. One of the delightful moments during my visit was an encounter organized by the mayor of Ramallah with local citizens.

I was privileged to meet with Advocate Fadwa Barghouthi, a lawyer who is the wife of the most well-known and influential Palestinian leader, Marwan Barghouti, who has been in an Israeli prison for many years.

The release of all political prisoners is obviously a prerequisite for any fair and just agreement between the Palestinians and the Israelis. Israelis are particularly sensitive to the suggestion that the situation in Israel is comparable to that of apartheid. What I witnessed and heard convinced me that actually it is very much worse than apartheid. Like apartheid, it is not primarily a question of attitudes but rather a matter of the law and the constitution, which are all interpreted and enforced in a totally racist way. Whilst the formal politics of the state of Israel continue to hurl further and further to the right, we see a kaleidoscope of differing opinions.

One of the more memorable encounters was with a former Israeli soldier who is part of the Breaking the Silence organization. The testimonies of what Israeli soldiers actually do in the West Bank and Gaza are known to every Palestinian, whilst much of Israeli society remains in complete denial.

As this man told his story about what he was expected to do as a loyal soldier, I realized that he was a living example of the depth of moral and spiritual injury experienced by those who transgress the moral code. He is an extraordinary person, and I have been moved by his courage and integrity.

Indeed, it was Mandela who said to us that he realized that if he did not leave hatred and bitterness at the prison door he would remain a victim forever.
REPORT FROM WALPOLA RAHULA INSTITUTE IN SRI LANKA

Father Michael Lapsley lost his both hands, an eye and partially damaged hearing due to a parcel bomb attack done by the apartheid forces in South Africa in 1990. Then onwards he started his journey throughout the world helping people who are suffering from painful memories of conflicts and wars.

His practical method of Healing of Memories is very closer to the Buddhist teaching of ‘Hatred is never appeased by hatred’ (Nahi Verena Verani).

We as an institute believe that Buddhist monks and nuns should open up to the world and learn from different traditions, cultures and experiences and then reflect on Buddhist teachings and practices to enhance the service they are doing to the society. Therefore, we took the chance of having a Healing of Memory program exclusively for Buddhist monks and nuns when father Lapsley visited Sri Lanka this time only for 12 days.

This program was held from 31st August to 1st September at Sarvodaya Vishvaniketan at Moratuwa. About 30 Buddhist monks and nuns, both from Sri Lanka and Myanmar participated in this program. The same group of monks and nuns will come together again soon for one day meeting to reflect on the Buddhist methods and practices of Healing of painful memories.

We are very grateful to father Lapsley and his group of facilitators for sharing their knowledge and valuable service free and providing stationary needed for the workshop.

WE ARE PLEASED THAT I WAS ABLE TO SHARE MY MEMOIR “REDEEMING THE PAST” IN ARABIC WITH MANY OF THE PALESTINIANS I MET, AND COPIES IN ENGLISH SOLD LIKE HOT CAKES AT THE FIRST NIGHT OF THE CONFERENCE IN JERUSALEM.

There is a depth of pain, prejudice, fear and hatred that permeates life in Israel and throughout the occupied territories.

The heart of the matter is that Israel has built a state predicated on the denial of fundamental human rights to Palestinians. The compromising of a two-state solution becomes more elusive every time Israel permits, as it does, more and more illegal settlements. Even the two-state solution as proposed is started very much more in favour of the Israelis rather than the Palestinians, particularly in the percentages of land.

At an individual level it is always possible for humans to reconcile and to heal. None of the three Abrahamic Faiths encourages us to reconcile with injustice. Jewish Israelis who stand for full equality and justice need to be encouraged as they also suffer persecution.

The Palestinians need our solidarity in greater measure than ever before. They deserve but are not yet getting the kind of solidarity that the whole world gave the people of South Africa as we struggled for our freedom.

We are very grateful to father Lapsley and his group of facilitators for sharing their knowledge and valuable service free and providing stationary needed for the workshop.

We thank to National Christian Council for their support.

HEALING OF MEMORIES TAKES A FEW STEPS IN LESOTHO – 2017 REPORT

Healing of memories started in Lesotho in February 2015. The last workshop in 2016 resulted in a reunion on 12 February 2017, where it was agreed that we should organize training for facilitators and this was scheduled for 4-5 March 2017. The training was successful: the 14 participants actively participated and engaged in the course.

We held the first workshop on 10-12 March 2017, with 12 participants, three co-facilitators and four facilitators. After this workshop we had another meeting on 30 April 2017, where we agreed to hold monthly meetings and where we elected a temporary committee to give us direction and to organize and report on the workshops. The committee convened another meeting on 20 May 2017, where we set out the way forward. The committee will run up to the end of 2018, and the permanent committee will be set up after that.

It was also recommended that we raise funds and increase awareness about the healing of memories and its mission. These tasks were assigned to the temporary committee that was elected to carry them out.
RESULTS OF THE DECISIONS ON FUND-RAISING

It was decided at the meeting that there would be a monthly contribution of R20 per person in order to raise funds. The committee was responsible for collecting this money. The purpose of fund-raising is so that when we hold meetings and socials we can pay for some refreshments, for the transport when visiting places to give presentations and to have our own funds to finance any activity that needs money. It was also at this meeting that we decided on a six-month work plan for the activities to raise public awareness about the Institute for Healing of Memories and its mission. The following is the six-month work plan:

<table>
<thead>
<tr>
<th>Date</th>
<th>Place</th>
<th>Objective</th>
<th>Targeted group</th>
</tr>
</thead>
<tbody>
<tr>
<td>30/04/2017</td>
<td>Makhoti</td>
<td>Presentation about the work of Healing of Memories and its mission</td>
<td>Congregation of youth and adults</td>
</tr>
<tr>
<td>22/10/2017</td>
<td>ACRI Ha Thamele</td>
<td>Presentation about the work of Healing of Memories and its mission</td>
<td>Congregation of youth and adults</td>
</tr>
<tr>
<td>19/11/2017</td>
<td>St.Andrews-Ts'enola</td>
<td>Presentation about the work of Healing of Memories and its mission</td>
<td>Congregation of youth and adults</td>
</tr>
<tr>
<td>10/12/2017</td>
<td>Christ The Healer-Lithoteng</td>
<td>Presentation about the work of Healing of Memories and its mission</td>
<td>Congregation of youth and adults</td>
</tr>
<tr>
<td>16/12/2017</td>
<td>SIM</td>
<td>Closing social</td>
<td>All the participants in the workshops</td>
</tr>
</tbody>
</table>

We had another workshop on 18-20 August 2017, where we had 18 participants, four co-facilitators and four facilitators. This was followed by a well-attended reunion on 15 October 2017, where we had 16 participants. The committee held its regular meeting each month.

ACHIEVEMENTS

People responded positively to healing of memories; their lives changed gradually. This was demonstrated by the monthly discussions, in which people gave their testimonies and their verbal evaluation.

Every time before the workshop starts participants do not know what to expect, unless it is not their first experience. This is because many people have been to workshops where there is a speaker and lots of presentations, so they normally expect the same but to their surprise it is something totally different. The list below describes how the participants felt about the workshop:

**COMMENTS**

- Most participants wished the workshop was longer than the two days.
- They felt that the celebration brought more meaning, as it helped them look back at where they started and how much they have grown from the pain, mistakes, hurt and other experiences that have helped shape who they are.
- Some felt it was the beginning of the journey to discovering who they really are and what they would like to be.
- Some thanked Fr Michael’s story, as it has helped them see that there is more to life than the disabilities one may have.
- They are thankful for the experience and wish to invite their friends and family to share the experience as well.
- The people are able to open up when they are facing challenges.
- The churches that were visited were welcoming and accepted our message. Many people want to attend the workshops.
- People were touched by the work of healing of memories and we managed to fulfill our objectives.
- People were aware that they shouldn't always point the finger at others; at some point they should look inside themselves.

CHALLENGES

- We don't have enough resources to accommodate the massive number of people who want to attend the workshops.

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- We don't have enough resources to accommodate the massive number of people who want to attend the workshops.
Two people dropped out of the workshop at the last minute.

The place where we held the workshops is expensive.

It is has become challenging for people who don’t understand English; we had to translate into the vernacular.

It is becoming problematic for people to contribute R20, and it seems that this has an impact on the poor attendance.

THE WAY FORWARD

• To have a projector
• To strengthen our partnership with Lesotho Durham Link so as to reduce the cost of accommodation and thus save for more workshops in response to the high demand for workshops.
• To raise awareness among the people in power about the healing of memories and its mission and ask MPs to send their representative to the workshops with the purpose of convincing them to support the initiative.
• We want to target other marginalised groups.

HEALING OF MEMORIES ACTION PLAN FOR 2018

Action plan:

1. Activity: Targeting 200 participants from local churches, schools, parliamentary committees, security forces, the Office of the First Lady, prominent business community and NGOs
2. Training as co-facilitators of eight participants from two groups
3. Two workshops of eight participants
4. Launching and branding of healing of memories
   - Intensive preparations and identification of targeted audiences and donors
   - Writing letters to potential donors
5. Promoting healing of memories through the media fraternity
   - Use public and private media to market healing of memories
   - Use affordable media

PEOPLE RESPONDED POSITIVELY TO HEALING OF MEMORIES; THEIR LIVES CHANGED GRADUALLY. THIS WAS DEMONSTRATED BY THE MONTHLY DISCUSSIONS, IN WHICH PEOPLE GAVE THEIR TESTIMONIES AND THEIR VERBAL EVALUATION.

SUMMARY OF IHOM ACTIVITIES IN 2017

By Alphonse Nyedzusenga- KwaZulu Natal Regional Manager

The Institute for Healing of Memories in KwaZulu Natal continues to bring about significant change at individual and community level within the province through healing-of-memories workshops, the Restoring Humanity project and community-healing dialogues.

The Restoring Humanity project increased its activities within communities, especially in schools and rural communities. The school program has been implemented in three schools, namely KwaMakhuta Comprehensive School, Muvale Seconday School and Zeph Dlomo Secondary School. KwaZulu Natal is one of the provinces with the highest number of young drug addicts in South Africa. In response to this challenge, the Institute for Healing of Memories has been conducting drug-abuse prevention workshops in schools and communities. The workshops are effective in promoting drug-abuse preventive behaviours and they raise awareness of the effects of drugs at individual and community level.

Another exciting program that has been implemented in schools is non-violence workshops. Violence in schools has been increasing within KwaZulu Natal communities, especially in schools, where pupils and staff have been impacted by high levels of violence. Workshops were also conducted in communities around Durban and Pietermaritzburg. The objective of non-violence workshops is to encourage participants to respond non-violently to conflict in order to create a peaceful and healthy environment. The non-violence workshops also allow young people to reflect on the causes and effects of violence within our communities.

The healing-of-memories workshops program continues to create a safe space for healing and reconciliation in the province in order to bridge the gap left by the Truth and Reconciliation Commission in the context of trauma healing. The workshops have been implemented in promoting drug-abuse preventive behaviours and they raise awareness of the effects of drugs at individual and community level.

THE RESTORING HUMANITY PROJECT INCREASED ITS ACTIVITIES WITHIN COMMUNITIES, ESPECIALLY IN SCHOOLS AND RURAL COMMUNITIES.

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THE RESTORING HUMANITY PROJECT INCREASED ITS ACTIVITIES WITHIN COMMUNITIES, ESPECIALLY IN SCHOOLS AND RURAL COMMUNITIES.
five communities around Durban and ten communities in the Pietermaritzburg area. These processes prepare the ground for a wider and continuing practice of self-knowledge, forgiveness and reconciliation as participants return to their homes and communities. As Cori Wielenga (2013) said, “Sharing our stories is meaningful in fostering healing and reconciliation and breaking down the violence that lies deeply embedded in our society.” The community-healing program focused on community-healing dialogues in 2017. Due to the increase in violence against women and children in the province, the Institute conducted a series of community-healing dialogues on the prevention of gender-based violence. The main objectives of these dialogues were to understand the nature and causes of gender-based violence, discuss possible strategies on how to offer the appropriate support to survivors and encourage mutual collaboration in order to break the cycle of violence against women and children.

In terms of fundraising, 2017 was a very difficult year for the Institute as traditional donors cut down on funding, while some announced they will reduce funding in future. It is clear that the ripple effects of the international recession continued to impact IHOM downstream. The Institute appreciates the support from our existing and new donors, which enables us to make changes in many people’s lives. We will continue to concentrate our efforts on broadening our fundraising strategies.

In conclusion, despite the funding challenges that the Institute encountered in 2017, we managed to implement all planned activities for that year. Our greatest success was seeing the real transformation in individual participants’ lives. The KwaZulu Natal office appreciates the support provided by the Trustees, colleagues and facilitators in 2017, in particular by the Director of the Institute, who continues to ensure that the organization carries out its mission and objectives.

SUMMARY OF KWAZULU NATAL WORKSHOP REPORT

Bridge Phillips

INTRODUCTION: The Institute for Healing of Memories (IHOM) is one of the organisations that is reaching out to church members, communities, schools, police, clinics, prisons, the business community, by facilitating healing-of-memories processes, by helping participants to share the stories of their ancient, past and present wounds so they can begin the journey towards healthy community is a productive community.

We live in a society that is affected by social life, spiritual wounds and stress. For example, South Africa, and in particular KwaZulu-Natal Province, is confronted with many economic and socio-political challenges such as HIV/AIDS, sexual gender-based violence and human trafficking.

Unemployment, crime, domestic violence, political and taxi violence, child abuse, rape and drug abuse, teenage pregnancies, family and marital problems, children with behavioural and learning problems, trauma, bereavement, prostitution, ukuthwala etc.

Such an overwhelmed society/community needs trained caregivers or organisations to actively become part of the healing process and transformational development so that people can experience “… life, and have it to the full.”

This report assesses the work of IHOM from February to November 2017 using an evaluation approach: evaluation reports are logically structured; they contain evidence-based findings, conclusions, lessons and recommendations arising from the activities.

ACTIVITIES - OBJECTIVES: Creating a safe space for all participants to share their ancient, past and present experiences of pains which they have endured in life. Also creating safe spaces for different religions and finding ways to share and learn from each other about their beliefs and cultures and to communicate how to build a better South Africa.

LEARNING AND INSIGHTS: The importance of having parents in one’s life sometimes determines the future of the children’s life. Also creating safe spaces for different religions and finding ways to share and learn from each other about their beliefs and cultures and to communicate how to build a better South Africa.
Age is not a challenge to telling your story; it has been shown that every human being has a story to tell, regardless of age.

- Our target groups for 2017 are Interfaith, orphanages, organizations which work with gender-based violence, schools, Pietermaritzburg and Durban communities.

  In Pietermaritzburg, four communities were targeted: Dambuza, Imbal, Manor Gardens, Impendle and surrounding areas.

  In Durban and surrounding areas, the following communities were targeted: Central Durban, Chesterville, Manor Ridge, Umbumbulu, Lamont Ville, Inhlanga and other surrounding areas.

- Partners targeted some areas which are semi-rural:
  
  Pietermaritzburg: Eastwood, Woodlands, Dunveria, Pelham, Glenwood, Howick, Hazini, Mphophomeni, Phumzumo, Osini, City Central and Cinderella Park.

  Durban: Merryville, Bluff, Glenwood, Umbilo, Lamontville, Mlanzimba, Durban Central, Ntshongweni and Inhlanga.

- Activities for healing of memories held from February to November 2017

  Totals of participants who attended IHOM workshops, reunion, 2nd Phase and dialogues

<table>
<thead>
<tr>
<th>Activities</th>
<th>No of activities</th>
<th>Total men</th>
<th>Total women</th>
<th>Total in activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Workshops</td>
<td>15</td>
<td>88</td>
<td>323</td>
<td>411</td>
</tr>
<tr>
<td>Reunions</td>
<td>5</td>
<td>12</td>
<td>20</td>
<td>41</td>
</tr>
<tr>
<td>2nd Phase</td>
<td>3</td>
<td>12</td>
<td>20</td>
<td>41</td>
</tr>
<tr>
<td>Dialogues</td>
<td>8</td>
<td>85</td>
<td>211</td>
<td>296</td>
</tr>
<tr>
<td>Total all</td>
<td>31</td>
<td>201</td>
<td>612</td>
<td>813</td>
</tr>
</tbody>
</table>

The workshops were attended by a total of 411 people, 323 women and 88 men. The total number of workshops was 15 and all races were represented.

There were not enough follow-up reunions because of a lack of available funds to run the sessions. In total 65 people attended, 49 women and 16 men. The total number of reunions was 5.

The second-phase workshops also helped participants to learn to deal with the struggle of forgiveness, hatred and anger. They were attended by a total of 41 people, 29 women and 12 men. The total number of second-phase workshops was 3.

The dialogues were attended by a total of 296 people, 211 women and 85 men. The total number of dialogues was 8.

- Conclusion

  The healing of memories workshop process enabled participants to share their stories. Using the workshops' monthly reports from February to December, the evidence suggests that 913 people attended the IHOM processes in different areas of KwaZulu-Natal.

  Not only did they attend but they participated in small groups and shared their personal stories. Personal testimonies also show that participants experienced healing or at least began their journeys towards healing.

  Therefore, I can safely conclude that the objective set for the programs was successfully met, i.e., the goal of the healing of memories workshops to create a safe space in KwaZulu Natal to bring about healing to the province that is confronted with rape, hatred, anger, trauma, witchcraft, HIV/AIDS, identity crisis, killings, violence, teenage pregnancy, parenting issues/absent fathers, alcohol and sexual abuse, school drop-outs, etc.

WE LIVE IN A SOCIETY THAT IS AFFECTED BY SOCIAL ILLS, SPIRITUAL WOUNDS AND STRESS. FOR EXAMPLE, SOUTH AFRICA, AND IN PARTICULAR KWAZULU-NATAL PROVINCE, IS CONFRONTED WITH MANY ECONOMIC AND SOCIO-POLITICAL CHALLENGES SUCH AS HIV/AIDS, SEXUAL GENDER-BASED VIOLENCE AND HUMAN TRAFFICKING.
ANNUAL REPORT – 2017
RESTORING HUMANITY
Sandile Magutshwa

INTRODUCTION

2017 has been an amazing and inspiring year for the KZN Restoring Humanity program. We increased the number of communities we work with, focused more on the school program, extended our work to the rural communities and added new facilitators to our team. Though inspiring, these additions also brought in more challenges to the program.

We worked tirelessly to make sure that we achieved what we planned at the beginning of the year and I would like to applaud the facilitators for a job well done.

Our facilitator team dedicated significant time to reflecting on our deliverables in previous years. We critically evaluated our previous activities and agreed on a future strategy which capitalizes on the strengths of the team and which will also maximize participation from our participants. We wanted to keep young people absorbed and interested. Our activities aimed to assist young people to connect their history and their present. Connecting/reconnecting young people to history and cultural practices helps families and communities heal.

I have pleasure in presenting this annual report with the aim of sharing what was done during the course of the year 2017 and sharing the impact that was achieved and the challenges encountered.

During 2017 we worked with young people from Savannah Park, Chesterville, Lambeth, Kwakhalusa, Mamangeni, Zwenbona (Simbinko), Dambuza and Imbali. We also conducted workshops for students from KwaMakhutha Comprehensive School, Masonville Secondary School and Zoph Primary School.

WE WORKED TIRELESSLY TO MAKE SURE THAT WE ACHIEVED WHAT WE PLANNED AT THE BEGINNING OF THE YEAR AND I WOULD LIKE TO APPLAUD THE FACILITATORS FOR A JOB WELL DONE.

<table>
<thead>
<tr>
<th>ACTIVITIES</th>
<th>Activity and dates</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drug Abuse Workshop – 23 February 2017 (4 workshops)</td>
<td>80</td>
<td>108</td>
<td>188</td>
<td></td>
</tr>
<tr>
<td>Drug Abuse Workshop – 26 February 2017</td>
<td>34</td>
<td>20</td>
<td>54</td>
<td></td>
</tr>
<tr>
<td>Drug Abuse Workshop – 27 February 2017</td>
<td>39</td>
<td>79</td>
<td>118</td>
<td></td>
</tr>
<tr>
<td>Drug Abuse Workshop – 28 February 2017 (5 workshops)</td>
<td>97</td>
<td>114</td>
<td>211</td>
<td></td>
</tr>
<tr>
<td>Drug Abuse Workshop – 07 March 2017</td>
<td>21</td>
<td>30</td>
<td>51</td>
<td></td>
</tr>
<tr>
<td>Human Rights Workshop – 31 March 2017 (5 workshops)</td>
<td>21</td>
<td>23</td>
<td>44</td>
<td></td>
</tr>
<tr>
<td>Human Rights Workshop – 08 March 2017 (2 workshops)</td>
<td>75</td>
<td>107</td>
<td>182</td>
<td></td>
</tr>
<tr>
<td>Drug Abuse Workshop – 08 March 2017</td>
<td>18</td>
<td>14</td>
<td>32</td>
<td></td>
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<tr>
<td>Human Rights Workshop – 09 March 2017 (6 workshops)</td>
<td>112</td>
<td>142</td>
<td>254</td>
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<tr>
<td>Drug Abuse Workshop – 09 March 2017</td>
<td>60</td>
<td>10</td>
<td>70</td>
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</tr>
<tr>
<td>Culture &amp; Human Rights Workshop – 13 March 2017</td>
<td>15</td>
<td>37</td>
<td>52</td>
<td></td>
</tr>
<tr>
<td>Culture &amp; Human Rights Workshop – 23 March 2017</td>
<td>24</td>
<td>59</td>
<td>83</td>
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</tr>
<tr>
<td>Dialogue – Peace Building – 01 April 2017</td>
<td>10</td>
<td>16</td>
<td>26</td>
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<tr>
<td>Healing of Memories Workshop (PM) – 04 to 06 April 2017</td>
<td>10</td>
<td>16</td>
<td>26</td>
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<td>Freedom Celebration Workshop – 06 April 2017</td>
<td>20</td>
<td>35</td>
<td>55</td>
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</tr>
<tr>
<td>Freedom Celebration Workshop – 22 April 2017</td>
<td>12</td>
<td>40</td>
<td>52</td>
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<tr>
<td>Bewafa Aisa Hla – 30 May 2017</td>
<td>23</td>
<td>40</td>
<td>63</td>
<td></td>
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<td>Vision and Goal Setting Workshop – 30 May 2017 (2 workshops)</td>
<td>31</td>
<td>40</td>
<td>71</td>
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<tr>
<td>Vision and Goal Setting Workshop – 05 June 2017 (2 workshops)</td>
<td>17</td>
<td>17</td>
<td>34</td>
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<tr>
<td>Vision and Goal Setting Workshop – 06 June 2017 (2 workshops)</td>
<td>17</td>
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<td>34</td>
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<td>Non Violence Workshop – 30 June 2017</td>
<td>23</td>
<td>25</td>
<td>48</td>
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<tr>
<td>Youth Day – Identity Workshop – 17 June 2017</td>
<td>29</td>
<td>39</td>
<td>68</td>
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</tr>
<tr>
<td>Activity and dates</td>
<td>Males</td>
<td>Females</td>
<td>Total</td>
<td></td>
</tr>
<tr>
<td>--------------------</td>
<td>-------</td>
<td>---------</td>
<td>-------</td>
<td></td>
</tr>
<tr>
<td>Healing of Memories Workshop (RH) – 16 to 20 July 2017</td>
<td>20</td>
<td>25</td>
<td>45</td>
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<tr>
<td>Gender-Based Violence Workshop – 19 August 2017</td>
<td>21</td>
<td>18</td>
<td>39</td>
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<tr>
<td>Drug Abuse Workshop – 20 August 2017</td>
<td>20</td>
<td>19</td>
<td>39</td>
<td></td>
</tr>
<tr>
<td>Gender-Based Violence Workshop – 16 September 2017</td>
<td>13</td>
<td>36</td>
<td>49</td>
<td></td>
</tr>
<tr>
<td>Group Session (Mantobello) – 14 September 2017</td>
<td>0</td>
<td>58</td>
<td>58</td>
<td></td>
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<tr>
<td>Dialogue – Dreaming an Ideal South Africa</td>
<td>18</td>
<td>33</td>
<td>51</td>
<td></td>
</tr>
<tr>
<td><strong>Totals</strong></td>
<td>92</td>
<td>133</td>
<td>226</td>
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</table>

**CONCLUSION**

At the KZN Restoring Humanity program this year we were joined by new co-facilitators, who attended our activities and workshops. They are: Andile Luthuli, Zinhle Shozi, Sphumelele Nzama, Nomusa Shalata, Khethiwe Zama and Phumelele Makhoba. We have confidence that they will make a valuable contribution to the work of the Restoring Humanity program.

We were able to do away with walls that were separating young people – barriers were broken between communities and individuals. We assisted young people to connect with each other – as individuals and as communities - and this also enhanced a learning environment and sharing. This work has challenged and taught me to stretch, touch and connect with what young people cannot say – with what they do not have words for – with what they struggle to express in words. I am also able to connect with different cultures and backgrounds.

We have gained the knowledge and experience to listen at three levels – THOUGHTS, FEELINGS AND INTENTIONS.

**RESTORING HUMANITY CHILDREN’S HOLIDAY PROGRAM DELFT 19-20 JULY**

Lisa Madikane

On 19 and 20 July we were invited by one of our partners, the Masithembe organisation, which is based in Delft. They were having a school program for the July holidays and invited the Restoring Humanity team to organize the workshop for the two days.

**OBJECTIVES:**

- Creating a safe environment
- Preventing harmful situations
- Awareness of bullying

The lead facilitator gave the introduction about the IHOM and the participants introduced themselves.

The clip about bullying was played and the ice-breaker was organized.

The group divided into small groups to discuss and share some information about bullying and then answered the questions that were given to them, with the facilitators helping.

**DAY 1**

**What is bullying?**

- Bullying is when someone beats you, calls you names, when someone takes your lunch and your money, and when someone is always threatening you; you must not fight with your friend. Bullying is when you are forced to do something against your will.

Bullying is a way of abusing other people’s rights. Where does it take place?

- In school, in the park, in prison, at work, in the street, at church, everywhere.

Why do people suffer bullying?

- You get bullied when you are a shy person and if you don’t have friends; when the bully has maybe been in a situation where they were bullied before. It makes them feel good.

Have you ever experienced being bullied or bullying someone else?

- Yes. When they said my friend Kesha was ugly. I was thrown in a bin and they took my money.
The participants created posters showing how we build peaceful communities or how we wish our communities to be.

- If we are able to help each other, stop stealing other people’s stuff, be careful when it comes to shooting, love each other, say no to drinking and smoking, trust one another, help people who don’t have anyone.

- Live with no shooting and robbing, stand up for one another, no abuse and no bullying, sharing and caring community.

The small groups created posters or collages about building the community that they would like to live in.

DAY2

The team started their activities by welcoming the participants, signing in and expressing their feelings:

- Fine, well, excited, very well, feeling good, happy, and feeling good because I am here to learn more.

Recap from yesterday

- We talked about bullying, abuse, building peaceful communities, watched a clip about the boy who was bullied at school and ending up taking his own life. We created posters on building peaceful communities. Report bullying immediately if you see it happening. We need to respect each other so that we can live in peace.

Answers from the participants:

- Bullying is a problem because it is not right to bully other people, because they may kill themselves; bullying is a problem, it is sad and it makes people unhappy
- Bullying is not acceptable because it involves taking other people’s stuff away
- Bystanders are people who watch and do nothing to stop bullying, someone who is just watching and not helping
- Bystanders can report the bullying to teachers, or seek away and tell your mother to stop it, or run and tell elder people about it, or chase them away, stop them, report them to the police or to someone you trust; that person is not going to make fun of it

ROLE PLAYS

The small groups set up the role plays on how we create peaceful communities and how we can stop bullying in schools and in society.

Our role play is going to be about five boys and one girl but she doesn’t want us, she wants a boy named Achuma. Whenever we see Achuma around we tell him he is ugly and call him names and tease him. Sakhe will report this because he does not like what the other boys are doing to Achuma.

The second day ends by presenting their collages and acting their three-minute role plays.

Facilitators thank the participants and the day ends.

Collages that they created
THE HEALING OF MEMORIES PROCESS ANNUAL REPORT 2017
Loret Loumouamou

INTRODUCTION
This year the Institute was once again able to contribute to the transformation of people’s lives in the Western Cape and the broader South Africa. In South Africa we see much evidence of intergenerational trauma and many ways in which unhealed wounds of the past continue to infect the present. We continued with our work in the communities of Delft, Masiphumelele, Atlantis and Dunoon. The focus of the program has being the healing process, which consists of orientation workshops, weekend workshops, second-phase workshops and reunion workshops.

This report presents a summary of activities conducted in 2017 as part of the healing-of-memories program in Cape Town. This is a continuation of the implementation of our strategic planning. The report will cover the activities achieved: healing of memories workshops, facilitators’ development and partnerships.

For the most part we were able to implement the activities set out in the year plan. For the months of September, October and November some activities were scaled down because of financial constraints.

HEALING OF MEMORIES PROCESS
The healing of memories process seeks decisively to break the destructive cycle of dehumanisation and violence that disfigure societies. The work is grounded in the belief that all people are in need of healing, because of what we have done, what we have failed to do and what has been done to us. In a safe, supportive space, guided by expert facilitators, participants are helped to address sources of alienation, misunderstanding and personal suffering. The process consists of a weekend workshop, a second-phase workshop and a reunion. Orientation workshops are held to prepare prospective participants in the healing process so that they know what to expect and to start building the relationship with the participants.

NUMBER OF PARTICIPANTS IN 2017

<table>
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<tr>
<th>Adults</th>
<th>Women</th>
<th>Men</th>
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<tbody>
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<th>Youth</th>
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<tbody>
<tr>
<td>Girls</td>
<td>34</td>
<td></td>
</tr>
<tr>
<td>Boys</td>
<td>52</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>86</td>
<td></td>
</tr>
</tbody>
</table>

Total number (not including orientation workshop): 641
Total number including orientation workshop: 698

ACHIEVEMENTS:
In the three areas we have been working on for the last three years:

For Adults:

- Weekend workshops: 13
- Second-phase workshops: 15
- Reunion: 1

For the partner organisations

VPUU (Violence Prevention through Urban Upgrading)
- Weekend workshops: 2
- Second-phase workshops: 2
- Reunion: 2

Diocese of George
- Weekend workshop: 1
- Second-phase workshop: 1
- Reunion: 1

For youth

- Weekend workshop: 3
- Second phase: 3
- Reunion: 1

THIS YEAR THE INSTITUTE WAS ONCE AGAIN ABLE TO CONTRIBUTE TO THE TRANSFORMATION OF PEOPLE’S LIVES IN THE WESTERN CAPE AND THE BROADER SOUTH AFRICA.
Facilitators’ Development

First Aid training

On 25-26 February 2017, facilitators of the healing of memories program attended a first-aid training at St John in Woodstock.

The aim of the training was for each facilitator to know and understand how to assist participants during the workshop who might need immediate treatment or care until more advanced care is accessible or they recover.

Topics covered

- Introduction to First Aid
- Casualty management: Shock, loss of consciousness and fainting
- Casualty management: response to suspected spinal injury
- Adult resuscitation
- Severe bleeding
- Medical conditions
- Wound care
- Burns
- Bones and joint injuries
- Multiple casualty management
- Secondary survey

Impact of the First-aid training

The following is the feedback on the benefit of First Aid training from the facilitators who attended:

Julita Dorman

“The St John’s First Aid training really helped us to understand the legalities of First Aid, which was very scary because there are professionals out there who have lost all respect for human life and put money first. It also allowed me to look at the myths regarding First Aid, which was very helpful as I could be very harmful. I now know the importance of keeping calm at an emergency scene and the steps to follow when assisting at a scene. This information was really needed as incidents can be fatal if not attended to as soon as possible. This information is very helpful to me as a facilitator as incidents happen all the time and now I am fully prepared.”

Ntombi Songwe

“Having done First Aid training, it has equipped me to be able to spot someone who is likely to be needing urgent assistance with regard to sudden sickness – having learned all possible symptoms it would be easy to act speedily and save a life. Therefore, when facilitating I will be able to handle any unforeseen emergencies.”

Patricia Adams

“The training has been a good experience. I learned a lot about different methods of handling an injured person. I never thought that was the way of doing it, it was far away from what I had learned. I am going to implement these principles in the workshop to help a participant if the need arises and in my community.”

Lameez Hendricks

“The First Aid training has provided me with useful tools I could use to assist with saving lives, especially in the field of work, to recognize signs and symptoms of people who may need assistance when unforeseen accidents or illnesses befall them and to be able to use these skills to assist people in my community.”

Facilitators’ retreat

The facilitators’ retreat was held from 17 to 19 November 2017 in Fish Hoek. It was facilitated by Judy Bekker. The aim of the retreat was to create a space for the facilitators to reflect on their personal life and their contribution to the Institute for Healing of Memories.

It was a time to form bonds with one another, contemplate their purpose and motives and work on one or more specific goals.

Partnerships

The Institute was invited to implement the healing of memories process for Violence Prevention through Urban Upgrading (VPUU) and Hope Africa.

Violence Prevention through Urban Upgrading (VPUU NPC)

The VPPU mission is to increase safety and to improve the living and social conditions of communities through urban improvements and social interventions. They work as an intermediary between residents and the public sector. Their methodology is centred around a Community Action Plan based on the pillars of Lifelong Learning, Social Capital, Safe Communities and Evidence. The cornerstones of their approach are human development and sustainability, understood by key principles including trust, accountability, voluntarism, partnership, and local ownership.

Activities implemented for VPUU

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Activities implemented for VPUU

The Institute for Healing of Memories was approached by VPUU to support their initiative to provide a healing process in two communities: Paarl East and Villiersdorp. This process was started to address issues around social cohesion such as the degree of social integration in those communities. It is envisaged that the healing journey will contribute to creating a safe space for people to build healthy relationships based on trust that will enable them to work together more effectively. All the activities were sponsored by VPUU.
The healing process provided participants with a deepened awareness of self and an understanding of the link between past experiences and current behavior. It also provided tools and techniques for managing change in the journey of reconciliation and forgiveness.

Challenges

Poor attendance at the follow-up sessions in both communities.

Hope Africa

The Institute for Healing of Memories was approached by Hope Africa to support their initiative to provide a healing process in the diocese of George with priests from the Anglican Church. This process was started to address tension amongst the clergy in the diocese. It is envisaged that the healing journey will contribute to creating a safe space for clergy in the diocese to build healthy relationships based on trust that will enable them to work together more effectively. Hope Africa, the George Diocese and IHOM collaborated to provide the material and accommodation, catering and transport for the facilitators were provided by Hope Africa and the Diocese of George, while stipends for the facilitators and material were provided by IHOM.

IMPACT OF THE PROGRAM

The Institute for Healing of Memories has been one of the main advocates for promoting storytelling as a methodology for healing, social cohesion, community building and personal growth.

The healing process provided participants with a deepened awareness of self and emotional well-being of the poor and oppressed people of Africa on a non-denominational basis.

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Hope Africa, the George Diocese and IHOM collaborated to provide the material and accommodation, catering and transport for the facilitators were provided by Hope Africa and the Diocese of George, while stipends for the facilitators and material were provided by IHOM.

Outcome

The healing process helped participants to understand how storytelling enables the poor and the marginalees to make sense of their own experiences of the past and also, in the process, to reconstruct their sense of themselves. They were involved in the healing journey and made sharing their painful memories easier.

Previous, young people were involved only in the weekend workshop, but this year a group of young people committed themselves to the whole process. They were involved in all phases of the workshop, including even the orientation workshop. The highlight for this year was to implement a healing journey for young people.

During second-phase workshops and reunions, participants several times emphasized the impact of the drawing exercise as an activity that triggered suppressed memories and made sharing their painful memories easier.

The young people were able to journal on the following topics on the second phase workshops and the reunion has a huge impact on the evaluation of the process. Surprisingly, the young people were able to journal on the following topics on the second phase workshops and the reunion has a huge impact on the evaluation of the process.

Lessons learned

The healing journey with the young people was incredible, in the sense that the space created helped them to deal with their issues emotionally. They learned how to listen to one another and how to connect and express their feelings. Issues such as rape, drugs and bullying were shared in the workshop by the young people.

The process contributed to restoring hope, dignity, well-being and social trust. The young people felt empowered, raising their self-esteem. Talents such as poetry, art, singing and others were acknowledged in the participants.

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where we have to work with the same group of people. High levels of trust and connection develop, which deepen the process.

Challenges
Organising youth participation in the healing process was a challenge this year, as was the follow-up between each workshop. There was a huge fall in numbers: only 18 young people attended the second-phase workshop out of the 56 who participated in one or other of the two-day workshops.

The reunion could not happen because the young people were not organised to attend. Writing a report for the workshop that I was not part of was a challenge because the facilitators were not able to provide enough information or tell me what their reading of the workshop was in terms of its impact.

Recommendations
Develop partnerships with organizations which can build on the talents displayed by young people during the workshops.
Empower facilitators or lead facilitators on how to report on a workshop or develop guidelines on the information that is needed for a report.

THE REFLECTIONS FROM THE PARTICIPANTS WERE SO DEEP, AS THEY CAME TO THE REALISATION THAT THEY ARE NOT ALONE: THEY FELT ACKNOWLEDGEMENT AND THAT THEY COULD BE SUPPORTED BY FACILITATORS WHO ARE NOT THEIR FAMILY MEMBERS.
WHY RESTITUTION DIALOGUES?

“South Africa’s painful past caused many traumatic memories and huge inequalities within societies. A peaceful future in South Africa is only possible through the healing of traumatic memories related to our racist past and the establishment of a more equal and just South African society.”

Restitution Foundation

“Every story needs a listener”
Institute for Healing of Memories.

• The dialogues on this topic, Restitution in South Africa, aimed to provide communities with a safe space in which to reflect deeply on this concept – what is restitution for them in the context of SA’s history of colonialism, slavery and apartheid. How do they envisage it happening in relation to their present socio-economic realities, which are driven by a neo-liberal economic agenda? What role do each of us have to play in making things right, and who must do what?

• So in essence, the dialogues intend to get these communities involved in the conversation on restitution in South Africa and to get their voices heard.

- The dialogue brought back memories, the Soweto uprising, pass laws, the way black people were used to oppress one another.
- Oppression was severe, white soldiers going door to door to kill people in front of their families and children.
- Black people were not free to move around or go to the same beaches as white people.
- There was huge poverty and poor education for black people.
- Forced removals, taking of land and livestock.
- Black people were only getting social grant after three months, whereas white people were getting it every month.
- Bars / clubs were only for whites.
- Black and coloured people were excluded from participating in the nation’s sports activities.
- Some black people went against the law of that system and were tortured and killed.
- During apartheid there was no law to protect us as black and coloured people.

WHAT STILL NEEDS TO BE DONE TO MAKE THINGS RIGHT - ‘RESTITUTION’, THE GRASSROOTS VOICE

• The government should build proper houses for the victims of past injustices.
• Rebuild safe schools and provide good education for our children; Pension grant is too low. Sassa should stop the loans offices; Youth skills development; More security, police visibility; Food parcels for people who are on treatment, so that they can take their medication; We need each other to make the world a better place; Free education & Fees Must Fall; Land redistribution; Freedom is in our hands, we are responsible for building our lives; There are glimpses of a rainbow nation but there is still a lot to be done.

• Young people should use their energy to ensure transformation. Grassroots views should be taken seriously. The government should know and respect the needs of the majority.

• This government should create more job opportunities; Improve the conditions of schools and education in poor communities. E.g. Masiphumelele; Police must work better with community members to ensure security; Government must ensure proper service delivery, especially in poor communities. As community members we need to have peace amongst ourselves. The government should work hard to ensure equality – “close the inequality gap”

OTHER KEY OUTCOMES

• The Truth and Reconciliation Commission TRC was improvised. It was not done properly.
• 22 years of democracy – We still battle with the issue of land reform.
• The African youth of 1976 experienced difficulties, even our African youth today still struggle with education issues – Fees.
• Some of our youth are not attending school and the department of education is not doing anything about it. No programs in place for drop-outs.

KEY QUESTIONS OF DISCUSSIONS / REFLECTIONS

• Perpetrators according to the participants
  - The apartheid government designed and implemented the system to make the victims suffer. And Most Whites followed and implemented that system; there were very few who opposed it.
  - Black people like Mathanzima, Gqozo and others also took part in making black people suffer.

• Victims and treatment according to the participants
  - It was clear that Blacks, Coloureds, Indians, Muslims and some of those anti-apartheid Whites who also fought for freedom were or are the victims of that system.

• The dialogue brought back memories, the Soweto uprising, pass laws, the way black people were used to oppress one another.
  - Oppression was severe, white soldiers going door to door to kill people in front of their families and children.
  - Black people were not free to move around or go to the same beaches as white people.
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The participants shared very strong feelings about the need to address the root causes of past injustices in South Africa. They emphasized that people who did wrong need to accept responsibility for their actions. They can't just sit back and expect that we will be a rainbow nation without taking responsibility for what happened in this country. The damage is there, it has to be rectified, and this is one of the big things that came from the conversation.

**KEY OUTCOMES OF THE RESTITUTION CONVERSATION**

- People who did wrong need to humble themselves and show they are sorry, not just say sorry. In this part of the conversation, a question also came up that prevents people from saying sorry. Is it pride?
- It was also mentioned that an apology has to be made. Those who did wrong and benefited from the past injustices need to accept responsibility. They can't just sit back and expect that we will be a rainbow nation without taking responsibility for what happened in this country. The damage is there, it has to be rectified.
- Alienation was also mentioned as an apology has to be made. Those who did wrong and benefited from the past injustices need to accept responsibility. They can't just sit back and expect that we will be a rainbow nation without taking responsibility for what happened in this country. The damage is there, it has to be rectified. This process also speaks to engaging with and reflecting on the history of our country.
- People of this country are still divided, not to be given a high priority by those in power. This also speaks to engaging with and reflecting on the history of our country.
- People who did wrong need to be accountable. They can't just sit back and expect that we will be a rainbow nation without taking responsibility for what happened in this country. The damage is there, it has to be rectified.
- The department of education is failing our children. It has to make sure that all kids go to school.
- Some of our parents died while working in the mines but there was no compensation. It was also mentioned that an apology has to be made. Those who did wrong and benefited from the past injustices need to accept responsibility. They can't just sit back and expect that we will be a rainbow nation without taking responsibility for what happened in this country. The damage is there, it has to be rectified.
- Forced removals, as the community they lived in was demolished in 1984. Apparently, the land of their birth had natural resources like coal and gold, hence the forced removals. Those who resisted that process got killed.
- The displacement of people caused huge damage in families and cultures. People lost contact with their families, lost their wealth and dignity and their identities. They had to find other means to live. It was also stressed that even today, there is very little that has been done in terms of land reforms. This process seems not to be given a high priority by those in power.
- People of this country are still divided, not to be given a high priority by those in power.
- Money cannot replace people. Emotional feelings came up as some participants shared the loss of family members due to apartheid. They put strong emphasis on the fact that damage and loss of lives cannot be replaced by money.
- Address root causes - The need to address the root causes of past injustices in South Africa is a need for it to continue its work and that includes the healing processes, because the damage and loss of lives cannot be replaced by money. This also speaks to engaging with and reflecting on the history of our country.
- Some of our parents died while working in the mines but there was no compensation. It was also mentioned that an apology has to be made. Those who did wrong and benefited from the past injustices need to accept responsibility. They can't just sit back and expect that we will be a rainbow nation without taking responsibility for what happened in this country. The damage is there, it has to be rectified.
- Land / removal / displacement - this is one of the big things that came from the conversation. The displacement of people caused huge damage in families and cultures. People lost contact with their families, lost their wealth and dignity and their identities. They had to find other means to live. It was also stressed that even today, there is very little that has been done in terms of land reforms. This process seems not to be given a high priority by those in power.
- People of this country are still divided, not to be given a high priority by those in power.
- Restoration process - We need to look at restoration processes. One participant suggested strongly that we need to bring back the TRC. They did a good job but there is a need for it to continue its work and that includes the healing processes, because the damage and loss of lives cannot be replaced by money.
- Revisit history - There has to be a generational conversation, all generations must intentionally engage with the history of this country and talk openly about what happened. It is also key that we young people understand the history of this country in its full context, so that they understand where we come from.
- People who did wrong need to humble themselves and show they are sorry, not just say sorry. In this part of the conversation, a question also came up that prevents people from saying sorry. Is it pride?
- It was also mentioned that an apology has to be made. Those who did wrong and benefited from the past injustices need to accept responsibility. They can't just sit back and expect that we will be a rainbow nation without taking responsibility for what happened in this country. The damage is there, it has to be rectified.

**EVALUATION COMMENTS:**

- Today I had a good day as we visited or reflected on where we come from, where we are now and where we are going. I like what IHoM organized opening a space or platform for people to share their feelings and opinions on restitution and the history of our country. We always had what we shared but we never had a platform to share. I have learnt a lot about our country's history, I am feeling very painful about the Marikana story – our government did not take that seriously; Respect everyone and never take anything for granted. When we work as a community, it is then that we can make a significant change; I pass through Macassar all the time but I never thought about or understood its history; I realised the divisions between the rich (Whites) and poor (Blacks), The monument, the kramat, is a place I had never before.
- Sometimes you don't know what you are looking at – a beautiful view includes all the divisions BY DESIGN in the country. I realised that the apartheid legacy still lives.

**CONCLUSION**

These dialogues seem to have demonstrated a need for such spaces, where people can reflect on and listen to each other's pain and as a group find solutions.
As can be seen from the few yet critical outcomes of the discussions, people are still hurting. As a country, it seems there is still a long way to go. However, it is crucially important to have conversations regarding such issues – when we are on the same page, we can begin to move together.

**COMMUNITY HEALING PROJECT DRAFT YEAR PLAN 2018**

- 3 dialogues on xenophobia, each with 70 participants
- 3 dialogues on revisiting the spirit of ubuntu, each with 70 participants
- 3 dialogues on torture, each with 70 participants
- 3 dialogues on gender-based violence, each with 70 participants

**HOW TO MAKE THINGS RIGHT? THIS WAS THE MAIN ELEMENT OF THE DIALOGUE. WHAT IS IT THAT NEEDS TO BE DONE TO MAKE THINGS RIGHT IN THE CONTEXT OF PAST INJUSTICES IN SOUTH AFRICA? WHO MUST DO WHAT? AND HOW?**

**RESTITUTION HUMANITY BOYS TO MEN PROJECT**

Manda Klavisi

**Why Boys to Men?**

It is unarguable that across the globe gender-based violence has not come to an end and is even escalating. In South Africa statistics show that “On average, one in five women older than 18 has experienced physical violence. Four in 10 or separated women reported physical violence, as has one in three women in the poorest households” (Statistics SA 2016). And in most cases it is men who are perpetrators of gender-based violence whatever the root cause might be. The project can accommodate 30 boys per year, aged 14 – 18 years. The boys currently involved in the project come from Masiphumelele, Samora, Mamre and Du Noon.

**Key objectives**

- The main objective is to contribute to the prevention of gender-based violence.
- A further objective is to contribute to gender equality, as stated in goal number 5 of the sustainable development goals (SDGs).
- It also seeks to contribute positively, to “empower boys” in the process of transitioning towards their adulthood or manhood, so that they can be kinder, more caring men who promote peaceful families and communities, men who are strongly against gender-based violence.

**BOYS TO MEN ACTIVITIES IMPLEMENTED**

**Theme / Topic**

- Boyhood – Manhood
- Gender roles
- Gender equality and responsible citizen
- Family violence
- Revision session

**Communities involved**

- Masiphumelele; Dunoon; Mamre; Khayelitsha; Samora

**Objective**

- The first activity focused on Manhood: engaging young boys creatively in unpacking this concept “what it means to be a man, does it mean anything”
- To unpack the concept of gender roles and to create awareness
- To unpack the concept of gender equality in relation to the constitution of South Africa and to create awareness of its significance
- To map key causes of family violence and collectively unpack preventative measures
- To make sure that all participants are on the same page in terms of what we did through the year. Also to create a space where we get to re-unpack some of the critical issues that came out of some activities. To refresh and to infuse knowledge.

**No of participants**

- 16 (to be verified)
- 21 boys
- 24 boys
- 18 boys
- 19 boys
WORKSHOP ONE – BOYHOOD – MANHOOD
Methodology: Boyhood-Manhood
• Let’s build a team session
• Reflecting on “boyhood”
• Collage activity on manhood
• Presentation activity
• Research activity
• Debrief
• Closer and announcement

Synopsis on boyhood discussion and key outcomes
I was told I am a boy because I have a penis, strong muscles, and I’m a hard worker; I grew up with people telling me I am a boy; I feel happy being a boy because I don’t have too many responsibilities; I feel happy because I won’t get pregnant and feel uncomfortable because of the big tummy; I feel incomplete because I still have to travel a long journey to manhood; I feel happy because I am well taken care of; I feel sad because I am always a slave of men; I feel happy to be a boy because there is no time set for me to be at home; I feel happy because I still have the opportunity to become a man’. 

Key outcomes
This activity was attended by 24 boys from Masiphumelele, Samora, Mamre and Du Noon. The boys really enjoyed themselves and the discussions. The first activity started on a good note. There is confidence that the Boys to Men project will have a positive impact on these boys by introducing them at an early stage to critical concepts which are either building or destroying families, communities and even nations.

WORKSHOP TWO - GENDER ROLES
Introduction
It is important to engage young boys in the conversation on gender roles and gender equality so that from an early stage, they can be made aware of the impact gender inequality has on women and girls and of the attitudes they need to embrace or to uphold now and when they become adults in order to ensure gender equality in their homes and communities.

Methodology
• Recap- Ice-breaker
• Small groups
• Video on gender roles – Trigger
• Collage-making on gender roles
• Role plays (each group) - Trigger
• Role plays (each group) - Dialogue / reflection on gender roles based on collage and role play
• Role model exercise - choose an item/s to present your kind of role model

Synopsis
Gender roles, Role model
Men are required to provide food and shelter for their family; women should take care of their families while the father is at work, cooking and cleaning; men are the ones who make the babies; unlike men, women take longer when they do shopping; women must give birth; a man is required to have a wife in order to be respected in the family, every man is provided to provide shelter for his family; man must wash dishes when it is okay to do so; a man must cook; every man needs to help his wife while cooking breakfast; it’s a mother’s role to make the kids happy; a woman must take care of the kitchen; every woman must have nice shoes; women must take care of their butty; a woman is supposed to cook for her family; men also have a responsibility to clean the house not only women; boys are not allowed to play with dolls because they will be called names - ‘moffies’ and all that; women have to cook because men are tired when they come home from work.

Most boys chose a soccer star, hip-hop stars, Nelson Mandela, their father, mother, sister, brother, community leaders / church leaders as their role models.
Outcomes
This activity was attended by 21 boys from the Masiphumelele, Samora Machel, Mamre and Du Noon communities. There is always enthusiasm on their part to attend the workshop and when it ends, they always ask when the next one is. What is encouraging about these boys, is that they sacrifice their Saturday to participate in these workshops, which shows a positive mentality as regards their personal development. It is worth mentioning that this group is a diverse one, with mostly Xhosa-speaking and coloured ‘Afrikaans’ participants. This contributes to their development, to be able to interact with another race as one way of helping to build social cohesion.

Conclusion
The topic ‘gender roles’ provoked a good conversation in this group. As one can see in the synopsis, some of them really consider some of the stereotypes to be correct or acceptable. As the project continues its journey, we look forward to challenging the participants, so that by the time they have completed the Boys to Men project, they will be at the stage where they look deep into these stereotypes of gender roles and apply their critical thinking.

WORKSHOP THREE – FAMILY VIOLENCE

Introduction
Family violence is a prevalent issue in South Africa and across the globe, and in most cases it has more to do with gender dynamics. Hence we found it relevant and critically important to take this topic and make it part of the Boys to Men project.

It is important to engage young boys in the conversation on family violence so that from an early stage they can be aware of its impact on people, its key causes and key prevention methods, and what they can do to prevent it, even while they are still young.

Methodology
• Welcome – Introduction – Check-in
• Recap on previous activity
• What is violence? Small group discussions
• Sharing activity – real stories of violence we were comfortable to share
• Key themes from the sharing exercise, not personal stories shared
• Reflections on key themes
• Mapping country
• Poster-making activity
• Peace walk – Anti-gender-based violence messages
• Debrief

Synopsis
Recap point
We talked about gender roles.

What is violence?
“When your parents have a fight – father comes from work and he start to beat his wife because she has not cooked”

“Abuse from step-mother or step-father”

“Shouting without a reason”

“Child labour, when a child is forced to do hard jobs”

“Women abuse”

“Fighting”

Small groups – themes on violence

“Women abuse, child abuse, rape, killing of young children”

Key causes of violence in the family:

“Poverty, alcohol, lack of role models, lack of education”

“A father must teach his son to be like him in the future.”

“Men must treat their wives or partners well and with respect, they must be gentlemen.”
WORKSHOP FOUR – GENDER EQUALITY AND RESPONSIBLE CITIZENSHIP

Introduction
Gender equality is one of the biggest issues across the globe. In South Africa, we have an acclaimed democracy with a constitution that promotes equality (Chapter 2 Bill of Rights section 9.1-5). However, in reality, there is still a huge gap in the area of gender equality in various spheres of life – in institutions such as government, business, politics and religious institutions, in cultural traditions and in communities at large. It is important to engage young boys in the conversation on gender equality so that from an early stage, they can be aware of its importance and its benefit to humanity and the world at large.

Methodology
• Recast on previous activity
• What do we understand about equality? Small groups
• Presentations
• The constitution and equality
• What do it mean to be responsible? Big group
• What is citizenship? Buzz groups
• Small break
• Collage-making exercise
• Reflections
• Final remarks and connecting the dots
• Synopses

Gender equality: key outcomes and synopsis
"No one duty is set for one gender, all genders are responsible" 
"Women must play their part in their families and men must do so by taking care of their children"
"Women can also play a father's role, take care of the house and children, where there is no father in the house"
"A father must teach his son to be like him in the future, but only when it comes to good behavior"
"Men must treat their wives or partners well and with respect; they must be gentlemen"
"Parents must teach their children good behavior so that they can live in peace and love, so that they can have a future"
"Freedom of speech, men, women, and children have the right to share their opinions in the family"
"Rights and responsibility – a good citizen knows the rights but also takes responsibility"
"Human rights in relation to gender equality – human rights speak to all of us, men, women, girls, boys, homosexuals etc. No one has a right to abuse a person"
"We must not treat gays and lesbians badly"

Brief analysis of the project
The idea of the Boys to Men project and its implementation are also another huge step for the organization. It is a critical intervention or contribution to the prevention of gender-based violence. Gender-based violence is still a big issue globally – the killing of women and girls is a serious issue that should challenge all of us. More and more interventions of this nature are indeed needed. More engagements with men and boys, since generally it is mostly women and girls who are abused by men.

What did not work?
Regarding the Boys to Men project, there was a relative lack of consistency in terms of their attendance. Some boys could not attend all the activities as planned. This becomes a challenge, because all the activities planned and implemented speak to one another; they are connected. For these activities to make a meaningful impact on participants or change their way of thinking about them, they needed to be present all the time. This is a tricky challenge, because some of them had good reasons for not attending, they had no choice. However, there was a good number of boys who were consistently present and excited to be part of the program.

Overall Challenges
• Since we are trying to maintain our budget, we decided that participants will use public transport. This has become a bit of a problem, because getting a person to accompany these boys to the venue is a challenge, especially the younger boys from Dunoon. People are willing to drop them off but not to stay for the rest of the day. In future, we should get a young person who can be part of the Restoring Humanity program from this community, profitable a make; to be of assistance in this regard.

• Language is also one of the challenges we are facing in the Boys in Mens project, since some of the boys speak isiXhosa, some Afrikaans, and trying to use a "common" language, English, is also a challenge because not all the boys have reasonable English as some are still young, etc. However, we do interpret and that sometimes takes time.
is all about and how the youth program, Restoring Humanity, fits into it all. We also dealt with the basic skill of facilitation and understanding the methodologies we use.

Part of their practical training was to co-facilitate. Three trainee facilitators joined the God Has Many Names project with the task of learning and assisting in the development of the year-long program. They had also participated in the God Has Many Names project during the previous two years so they could share some insights and the background of their own experiences with the current participants.

List of Facilitators and Co-facilitators:

<table>
<thead>
<tr>
<th>First name and surname</th>
<th>Area</th>
<th>Role</th>
</tr>
</thead>
<tbody>
<tr>
<td>Babalwa Mpambani</td>
<td>Masiphumelele</td>
<td>Facilitator</td>
</tr>
<tr>
<td>Mishkaah Williams</td>
<td>Delft</td>
<td>Facilitator</td>
</tr>
<tr>
<td>Clint Bowers</td>
<td>Thornton</td>
<td>Facilitator (Project Leader)</td>
</tr>
<tr>
<td>Yumkela Sigonyela</td>
<td>Langa</td>
<td>Facilitator</td>
</tr>
<tr>
<td>Paulina Abrahams</td>
<td>Mitchells Plain</td>
<td>Facilitator</td>
</tr>
<tr>
<td>Nonthanlthla Duda</td>
<td>Langa</td>
<td>Co-facilitator</td>
</tr>
<tr>
<td>Zizo Sibabalwa Nkqwita</td>
<td>Masiphumelele</td>
<td>Co-facilitator</td>
</tr>
<tr>
<td>Fatima Abrahams</td>
<td>Mitchells Plain</td>
<td>Co-facilitator</td>
</tr>
</tbody>
</table>

The objective of the workshops was for the young people to understand their own religion and spirituality. To explore the different religious rituals and how they connect to one another; to find ways to bring peace and harmony within our own lives by introducing the different chanting and mantras from the various religions. This involved preparing dance, poetry and song, which the young people performed at the Healing Festival that took place on 24 September at the Arboretum in Paarl. The aim was to record the songs and chanting and make a CD.

The process was planned to take place over a period of seven months and to consist of 10 workshops but in the end 13 workshops were organized.

One focus was on the participants getting to know one another and being introduced to the two phases of the project over the previous two years. We emphasized that for this project too we need to be a team.

We also looked at our own understanding of religion and spirituality. As an outcome of this activity we can say that the participants have an understanding of the difference between spirituality and religion and that you don’t need to be religious to be spiritual. We explored the question of what/who is God and what does God want from us, as well looking at the similarities and differences between religions. The outcome was that they all had different views, some saying that God is the creator of this world and that God wants us to praise him. The question of the GENDER of God was also mentioned and put to the group. The responses included that God is the Holy Spirit and that the Holy Spirit does not have any gender.
We invited a facilitator, Lenore Cairncross, a master in soul-minding meditation, which we didn’t feel at ease. We looked at a clip about other religions that use chanting in their everyday lives. The participants really enjoyed this and for some of them it was quite an experience, since they could use this chanting in their daily lives.

We visited the Hare Krishna Centre to enable the group to talk to this community and one of the participants had to withdraw because the parents weren’t very happy about it. We also invited all parents to join in at any time to see what we were doing. Unfortunately we didn’t reach out to some of the parents to explain to them what the project is about. We also invited all parents to join in at any time to see what we were doing. Unfortunately one of the participants had to withdraw because the parents weren’t very happy about the project.

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FINANCIAL REPORT 2017

It was a challenging year for the organisation and the IHOM team and family financially in 2017. Some of our funders pulled out because they changed their funding priorities from South Africa to other African countries. We are grateful to all the donors who heard our cries when we sent an appeal for donation in order to be sustainably. Regrettably we have lost some of our staff members and some moved to part time basis.

We are also grateful for the contribution of the Embassy of Japan which enabled us to extend our building. Finally but not least we are also grateful for National Lotteries Commission for the donation they have granted to us which enabled us to pay off mortgage completely.

CONFERENCE AND FESTIVAL

One of our efforts towards self-sustainability was the healing journey festival through music and conference, we are killing two birds with one stone by healing with music and raising funds as well. We are also continuing with the international facilitators training programme yearly and it draws a number of participants. With right costing and popularity it will lead to be income generator. A special thanks to Hargrave Foundation and The Karibu Foundation to fund our international conference. Coyote Foundation who sponsored the ticket for Pearl Means to deliver our annual lecture. None of the above mentioned events and programmes could have taken place were it not for our very loyal and general funders, partners and friends of IHOM with all the funds, donations given in kind or cash.

The contribution you are making in kind or cash have helped the Institute to do the crucial healing work that is still evidently needed across the country and internationally because pain knows no boundaries.

LIST OF THE INSTITUTE PARTNERS AND DONORS

Arendt Meder
Binti Fu de Welt
Carras Luxembourg
Charles Kings
Church of Sweden
Coyote Foundation
Dr Payne
Embassy of Japan
HOM North America
Hargrave Foundation
Holy Family Sisters
Luxembourg Foreign Ministry
Mary Award Association
Misso
Mott Foundation
National Lotteries Commission
SSM – Society for the Sacred Mission
Together with other individual donors who has supported us.

The contribution you are making in kind or cash have helped the Institute to do the crucial healing work that is still evidently needed across the country and internationally because pain knows no boundaries.

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**STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2017**

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<td><strong>Assets</strong></td>
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<td>Non-Current Assets</td>
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<td>Property, plant and equipment</td>
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<td>Trade and other receivables</td>
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<td><strong>Equity and Liabilities</strong></td>
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<td><strong>Total Equity</strong></td>
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<td>Non-Current Liabilities</td>
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<td>Other financial liabilities</td>
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<td>Trade and other payables</td>
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<td>Provisions</td>
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<tr>
<td><strong>Total Equity and Liabilities</strong></td>
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<td>4,481,557</td>
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**STATEMENT OF COMPREHENSIVE INCOME**

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<tr>
<td><strong>Revenue</strong></td>
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<tr>
<td>Operating revenue</td>
<td>6,583,185</td>
<td>6,368,183</td>
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<tr>
<td>Other income</td>
<td>52,936</td>
<td>102,070</td>
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<tr>
<td><strong>Operating surplus (deficit)</strong></td>
<td>603,376</td>
<td>(391,943)</td>
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<tr>
<td>Investment revenue</td>
<td>73,976</td>
<td>134,512</td>
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<tr>
<td>Finance costs</td>
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<td>(96,708)</td>
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<td><strong>Surplus (deficit) for the year</strong></td>
<td>582,121</td>
<td>(354,139)</td>
</tr>
<tr>
<td><strong>Total comprehensive income (loss) for the year</strong></td>
<td>582,121</td>
<td>(354,139)</td>
</tr>
</tbody>
</table>

**STATEMENT OF CHANGES IN EQUITY**

<table>
<thead>
<tr>
<th>Note(s)</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>R</td>
<td>R</td>
</tr>
<tr>
<td><strong>Trust capital</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Balance at 01 January 2016</td>
<td>1,000</td>
<td>3,058,511</td>
</tr>
<tr>
<td>Deficit for the year</td>
<td>–</td>
<td>(354,139)</td>
</tr>
<tr>
<td>Other comprehensive income</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td><strong>Total comprehensive deficit for the year</strong></td>
<td>–</td>
<td>(354,139)</td>
</tr>
<tr>
<td>Opening balance as previously reported</td>
<td>1,000</td>
<td>2,843,842</td>
</tr>
<tr>
<td><strong>Adjustments</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prior period error</td>
<td>–</td>
<td>(139,470)</td>
</tr>
<tr>
<td><strong>Balance at 01 January 2017 as restated</strong></td>
<td>1,000</td>
<td>2,704,372</td>
</tr>
<tr>
<td>Surplus for the year</td>
<td>–</td>
<td>582,121</td>
</tr>
<tr>
<td>Other comprehensive income</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td><strong>Total comprehensive income for the year</strong></td>
<td>–</td>
<td>582,121</td>
</tr>
<tr>
<td><strong>Balance at 31 December 2017</strong></td>
<td>1,000</td>
<td>3,286,493</td>
</tr>
</tbody>
</table>

Note: The Institute for Healing of Memories Trust Annual Financial Statements for the year ended 31 December 2017 (Registration number IT 4386/98)
The Institute for Healing of Memories Trust
(Registration number IT 4386/98)
Annual Financial Statements for the year ended 31 December 2017

NOTES TO THE ANNUAL FINANCIAL STATEMENTS

2. Property, plant and equipment

<table>
<thead>
<tr>
<th></th>
<th>Cost or revaluation</th>
<th>Accumulated depreciation</th>
<th>Carrying value</th>
<th>Cost or revaluation</th>
<th>Accumulated depreciation</th>
<th>Carrying value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Land and buildings</td>
<td></td>
<td></td>
<td>3,103,781</td>
<td></td>
<td>2,093,406</td>
<td>2,000,406</td>
</tr>
<tr>
<td>Furniture and fixtures</td>
<td></td>
<td>(47,124)</td>
<td>2,717</td>
<td></td>
<td>47,125</td>
<td>(47,124)</td>
</tr>
<tr>
<td>Office equipment</td>
<td></td>
<td>(50,719)</td>
<td>5,524</td>
<td></td>
<td>5,524</td>
<td>(50,719)</td>
</tr>
<tr>
<td>IT equipment</td>
<td></td>
<td>(178,849)</td>
<td>28,429</td>
<td></td>
<td>28,429</td>
<td>(178,849)</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>(276,692)</td>
<td>2,127,360</td>
<td></td>
<td>2,127,360</td>
<td>(276,692)</td>
</tr>
</tbody>
</table>

Total cash movement for the year
R 358,875

Cash at the beginning of the year
R 95,611

Cash at the end of the year
R 454,486

 Redistribution of educational initiatives, R 432,886

Registration number IT 4386/98
### Reconciliation of property, plant and equipment – 2017

<table>
<thead>
<tr>
<th></th>
<th>Opening balance</th>
<th>Additions</th>
<th>Depreciation</th>
<th>Closing balance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buildings</td>
<td>2,083,406</td>
<td>1,010,375</td>
<td></td>
<td>3,103,781</td>
</tr>
<tr>
<td>Furniture and fixtures</td>
<td>1</td>
<td>2,910</td>
<td>(194)</td>
<td>2,717</td>
</tr>
<tr>
<td>Office equipment</td>
<td>5,524</td>
<td>(2,550)</td>
<td></td>
<td>2,974</td>
</tr>
<tr>
<td>IT equipment</td>
<td>28,429</td>
<td>(15,613)</td>
<td></td>
<td>12,816</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>2,127,360</strong></td>
<td><strong>1,013,285</strong></td>
<td>(18,357)</td>
<td><strong>3,122,288</strong></td>
</tr>
</tbody>
</table>

### Reconciliation of property, plant and equipment – 2016 (continued)

<table>
<thead>
<tr>
<th></th>
<th>Opening balance</th>
<th>Additions</th>
<th>Depreciation</th>
<th>Closing balance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buildings</td>
<td>2,083,406</td>
<td></td>
<td></td>
<td>2,083,406</td>
</tr>
<tr>
<td>Furniture and fixtures</td>
<td>1</td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Office equipment</td>
<td>8,075</td>
<td>(2,551)</td>
<td></td>
<td>5,524</td>
</tr>
<tr>
<td>IT equipment</td>
<td>38,780</td>
<td>5,261</td>
<td>(15,612)</td>
<td>28,429</td>
</tr>
</tbody>
</table>
| **Total**           | **2,141,342**   | **5,261** | (19,243)     | **2,127,360**   

### Details of properties

- **Erf 52246, Claremont, Cape Town**
  - **Terms and conditions**
    - Purchase price: 05 August 2009
    - Additions since purchase or valuation
  - **Closing balance**: 2,083,406

### Property, plant and equipment encumbered as security

The following assets have been encumbered as security for the secured long-term borrowings 7:

- **Erf 52246, Claremont, Cape Town**
  - **Price**: 05 August 2009
  - **Additions since purchase or valuation**: 2,083,406
Annual Financial Statements for the year ended 31 December 2017

The Institute for Healing of Memories Trust

[Registration number IT 4386/98]

The Institute for Healing of Memories Trust

2017

R

2016

R

96,100
43,841
42,259
172,600

3. Trade and other receivables

Employee costs in advance

Prepayments

VAT

Other receivables

3. Trade and other receivables

Employee costs in advance

Prepayments

VAT

Other receivables

R

96,100
3,381
48,536
43,426

172,600
1,000
183,821
191,443

R

56,000
72,702
127,821
–

1,000
–

56,000
72,702
127,821
–

R

183,821
191,443

R

183,821
191,443

4. Other financial assets

At amortised cost

BOE Investment

Current assets

At amortised cost

408,172
2,074,765

454,486
95,611

R

R

408,172
2,074,765

454,486
95,611

5. Cash and cash equivalents

Cash and cash equivalents consist of:

Cash on hand

Bank balances

R

R

7,750
446,736

696
94,915

11,463
140,758

R

R

7,750
446,736

696
94,915

6. Trust capital

Capital account / Trust capital

Balance at beginning of year

R

1,000

1,000

R

1,000

1,000

7. Other financial liabilities

At amortised cost

Mortgage bond

Non-current liabilities

At amortised cost

–

–

–

–

Current liabilities

At amortised cost

–

–

–

–

8. Trade and other payables

Other payables

Accrued expense

R

R

–

57,582

116,296

57,581

116,296

9. Deferred income

Grants received

Opening balance

Amount received during current year

Amounts recognised in revenue

Total

R

R

R

R

R

813,779
785,041

813,779
785,041

813,779
785,041

Brot Fur die Welt (EED)

Embassy of Japan

Missio

National Lotteries Commission

Brot Fur die Welt (EED)

Missio

National Lotteries Commission

813,779
785,041

2017

2016

813,779
785,041

813,779
785,041

813,779
785,041

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Split between non-current and current portions

813,779
785,041

813,779
785,041

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785,041

813,779

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Provisions for employee benefits</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Reconciliation of provisions – 2017</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Opening balance</strong></td>
<td>R 7,684</td>
<td>R 12,389</td>
</tr>
<tr>
<td><strong>Additions during the year</strong></td>
<td>R 17,536</td>
<td>R (4,705)</td>
</tr>
<tr>
<td><strong>Reverse during the year</strong></td>
<td>R (7,684)</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>R 17,536</td>
<td>R 7,684</td>
</tr>
<tr>
<td><strong>Provisions for employee benefits</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Reconciliation of provisions – 2016</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Opening balance</strong></td>
<td>R 12,389</td>
<td>R 15,033</td>
</tr>
<tr>
<td><strong>Utilised during the year</strong></td>
<td>R 7,684</td>
<td>R 10,236</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>R 7,684</td>
<td>R 7,684</td>
</tr>
</tbody>
</table>

---

### 11. Revenue

- **Grants and donations**
  - 2017: R 6,447,065
  - 2016: R 5,921,740

- **Fundraising dinner**
  - 2017: R –
  - 2016: R 187,200

- **Workshop income**
  - 2017: R 136,120
  - 2016: R 259,243

**Total Revenue**: R 6,583,185

**Total Revenue**: R 6,368,183

---

### 12. Other income

- **Conference and international training income**
  - 2017: R 41,654
  - 2016: R 95,973

- **Donations for workshops**
  - 2017: R –
  - 2016: R 6,097

- **Profit and loss on sale of assets and liabilities**
  - 2017: R 11,282
  - 2016: R –

**Total Other Income**: R 52,936

**Total Other Income**: R 102,071

---

### 13. Investment revenue

- **Interest revenue**
  - Bank: R 21,324
  - BOE Investment interest: R 52,652

**Total Investment Revenue**: R 73,976

**Total Investment Revenue**: R 134,512

---

### 14. Finance costs

- **Mortgage bond**
  - 2017: R 88,528
  - 2016: R 96,708

**Total Finance Costs**: R 95,231

**Total Finance Costs**: R 96,708

---

### 15. Auditor’s remuneration

- 2017: R 73,200
- 2016: R 41,423

---

### 16. Employee cost

The following items are included within employee benefits expense:

- **Employee cost**
  - Basic: R 2,475,420
  - UIF: R 33,533
  - SDL: R 26,911
  - Fundraising services: R 120,000
  - Diocese: R 297,984
  - Post-employment benefits – Pension: R 16,488

**Total Employee Cost**: R 2,612,469

**Total Employee Cost**: R 2,637,631
17. Cash generated from operations

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surplus (deficit) before taxation</td>
<td>582,121</td>
<td>(184,138)</td>
</tr>
<tr>
<td>Adjustments for:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Share redemption of contribution</td>
<td>89,357</td>
<td>19,240</td>
</tr>
<tr>
<td>Surplus on sale of assets</td>
<td>(11,292)</td>
<td></td>
</tr>
<tr>
<td>Interest received</td>
<td>(13,978)</td>
<td>(134,515)</td>
</tr>
<tr>
<td>Finance costs</td>
<td>96,231</td>
<td>96,708</td>
</tr>
<tr>
<td>Movements in provisions</td>
<td>9,952</td>
<td>4,753</td>
</tr>
<tr>
<td>Changes in working capital</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total and other receivables</td>
<td>(6,432)</td>
<td>(81,648)</td>
</tr>
<tr>
<td>Total and other payables</td>
<td>(56,715)</td>
<td>116,296</td>
</tr>
<tr>
<td>Deferred income</td>
<td>18,018</td>
<td>18,018</td>
</tr>
<tr>
<td></td>
<td>582,704</td>
<td>452,096</td>
</tr>
</tbody>
</table>

18. Prior period errors

The error relates to the correction in respect of funding received for workshops over future periods. The deferred portion of this funding received has incorrectly been allocated in revenue in the 2016 financial year and not recognised as deferred income. The comparative amounts have been restated retrospectively.

The effect of the correction on the error on the results of 2016 is as follows:

<table>
<thead>
<tr>
<th>Statement of Financial Position</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase in deferred income</td>
<td>(139,470)</td>
</tr>
<tr>
<td>Decrease in retained earnings</td>
<td>139,470</td>
</tr>
<tr>
<td>Statement of Surplus or Deficit</td>
<td></td>
</tr>
<tr>
<td>Decrease in revenue</td>
<td>(139,470)</td>
</tr>
<tr>
<td>Total</td>
<td>139,470</td>
</tr>
</tbody>
</table>

19. Comparative figures

Certain comparative figures have been restated to more appropriately describe the nature of the assets and expenditure.

The effects of the reclassification are as follows:

<table>
<thead>
<tr>
<th>Statement of Financial Position</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other financial assets</td>
<td>(2,074,765)</td>
</tr>
<tr>
<td>Other assets</td>
<td>(2,074,765)</td>
</tr>
<tr>
<td>Surplus or Deficit</td>
<td></td>
</tr>
<tr>
<td>Lease rentals on operating lease</td>
<td>28,573</td>
</tr>
<tr>
<td>Printing and stationery</td>
<td>(20,573)</td>
</tr>
</tbody>
</table>

16. Grant

<table>
<thead>
<tr>
<th>Subject to contract</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Best for the world</td>
<td>1,221,047</td>
<td>1,667,402</td>
</tr>
<tr>
<td>Cathal Luxembourg</td>
<td>760,010</td>
<td>791,079</td>
</tr>
<tr>
<td>Church of Sweden</td>
<td>389,604</td>
<td>416,096</td>
</tr>
<tr>
<td>Dink and Sally Roberts Coats Foundation</td>
<td>134,855</td>
<td></td>
</tr>
<tr>
<td>Embassy of Japan</td>
<td>940,876</td>
<td></td>
</tr>
<tr>
<td>Luxembourg Foreign Ministry</td>
<td>515,137</td>
<td>605,187</td>
</tr>
<tr>
<td>Mott Foundation</td>
<td>194,271</td>
<td>92,980</td>
</tr>
<tr>
<td>Mott Foundation</td>
<td>670,420</td>
<td>776,865</td>
</tr>
<tr>
<td>National Lotteries Commission</td>
<td>830,652</td>
<td></td>
</tr>
</tbody>
</table>

Not subject to contract

<table>
<thead>
<tr>
<th>Subject to contract</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Church of Sweden – Mott Foundation Project</td>
<td>57,420</td>
</tr>
<tr>
<td>Church of Sweden – Other</td>
<td>74,371</td>
</tr>
<tr>
<td>Donations</td>
<td>219,597</td>
</tr>
<tr>
<td>Dink and Sally Roberts Coats Foundation</td>
<td>198,017</td>
</tr>
<tr>
<td>Donations – Arvid Moller</td>
<td>71,655</td>
</tr>
<tr>
<td>Donations – Daniel Shen</td>
<td>918</td>
</tr>
<tr>
<td>Donations – Jan Henske Loe</td>
<td>326,797</td>
</tr>
<tr>
<td>B. Luthern Kicthenberg Hamburg O</td>
<td>7,501</td>
</tr>
<tr>
<td>Edmonton Canada</td>
<td>163,273</td>
</tr>
<tr>
<td>HMD North America</td>
<td>383,607</td>
</tr>
<tr>
<td>Hargavel Foundation</td>
<td>250,000</td>
</tr>
<tr>
<td>Help Family Sisters</td>
<td>10,000</td>
</tr>
<tr>
<td>Luxembourg Foreign Ministry</td>
<td>117,220</td>
</tr>
<tr>
<td>Mary Ward Association</td>
<td>2,000</td>
</tr>
<tr>
<td>New Zealand consultancy</td>
<td>20,118</td>
</tr>
<tr>
<td>SET Capital Trust</td>
<td>2,000</td>
</tr>
<tr>
<td>SAK – Society for the Sacred Mission</td>
<td>2,500</td>
</tr>
<tr>
<td>Society donations</td>
<td>3,409</td>
</tr>
<tr>
<td>Trinity Hill Hotel USA</td>
<td>354,165</td>
</tr>
<tr>
<td>World Council of Churches</td>
<td>5,775</td>
</tr>
<tr>
<td></td>
<td>6,447,065</td>
</tr>
</tbody>
</table>
### DETAILED INCOME STATEMENT

<table>
<thead>
<tr>
<th>Item</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenue</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Revenue</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants and donations</td>
<td>6,447,065</td>
<td>5,921,740</td>
</tr>
<tr>
<td>Workshop income</td>
<td>136,120</td>
<td>259,243</td>
</tr>
<tr>
<td>Other income</td>
<td>41,654</td>
<td>95,973</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td>6,583,185</td>
<td>6,368,183</td>
</tr>
<tr>
<td><strong>Expenses</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounting fees</td>
<td>–</td>
<td>85,800</td>
</tr>
<tr>
<td>Annual report and publications</td>
<td>43,548</td>
<td>81,532</td>
</tr>
<tr>
<td>Auditors remuneration</td>
<td>73,200</td>
<td>41,423</td>
</tr>
<tr>
<td>Bank charges</td>
<td>51,132</td>
<td>16,638</td>
</tr>
<tr>
<td>Community healing</td>
<td>2,734</td>
<td>–</td>
</tr>
<tr>
<td>Computer expenses</td>
<td>29,343</td>
<td>35,441</td>
</tr>
<tr>
<td>Conference expenses</td>
<td>334,669</td>
<td>322,546</td>
</tr>
<tr>
<td>Consulting and professional fees</td>
<td>–</td>
<td>35,614</td>
</tr>
<tr>
<td>Depreciation, amortisation and impairments</td>
<td>18,357</td>
<td>19,243</td>
</tr>
<tr>
<td>Email and internet costs</td>
<td>26,499</td>
<td>24,435</td>
</tr>
<tr>
<td>Employee costs</td>
<td>2,970,336</td>
<td>2,972,953</td>
</tr>
<tr>
<td>General expenses</td>
<td>241,263</td>
<td>–</td>
</tr>
<tr>
<td>Exchange program IHOM and THRP</td>
<td>–</td>
<td>65,949</td>
</tr>
<tr>
<td>External evaluation</td>
<td>–</td>
<td>151,536</td>
</tr>
<tr>
<td>Facilitators Honoria</td>
<td>–</td>
<td>138,430</td>
</tr>
<tr>
<td>Festival costs</td>
<td>–</td>
<td>282,870</td>
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<tr>
<td>Fines and penalties</td>
<td>21,393</td>
<td>6,125</td>
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<tr>
<td>Insurance</td>
<td>30,500</td>
<td>27,380</td>
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<tr>
<td>Knowledge hub expenses</td>
<td>10,326</td>
<td>13,576</td>
</tr>
<tr>
<td>KZN equipment hire</td>
<td>1,009</td>
<td>–</td>
</tr>
<tr>
<td>KZN office expenses</td>
<td>144,591</td>
<td>108,414</td>
</tr>
<tr>
<td>KZN other expenses</td>
<td>10,070</td>
<td>–</td>
</tr>
<tr>
<td>KZN small assets</td>
<td>–</td>
<td>1,680</td>
</tr>
<tr>
<td>KZN workshops</td>
<td>278,618</td>
<td>643,021</td>
</tr>
<tr>
<td>Lease rentals on operating lease</td>
<td>29,024</td>
<td>29,573</td>
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<tr>
<td>Magazines, books and periodicals</td>
<td>18,369</td>
<td>64,696</td>
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<tr>
<td>Municipal expenses</td>
<td>25,073</td>
<td>18,508</td>
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<td>Postage</td>
<td>12,059</td>
<td>9,504</td>
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<td>Printing and stationery</td>
<td>29,719</td>
<td>23,711</td>
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<tr>
<td>Repairs and maintenance</td>
<td>7,801</td>
<td>44,470</td>
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<tr>
<td>Restoring humanity youth workshops</td>
<td>141,130</td>
<td>278,441</td>
</tr>
<tr>
<td>Security</td>
<td>27,912</td>
<td>5,556</td>
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<tr>
<td>Staff welfare</td>
<td>31,052</td>
<td>110,431</td>
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<tr>
<td>Subscriptions</td>
<td>–</td>
<td>5,407</td>
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<tr>
<td>Telephone and fax</td>
<td>66,190</td>
<td>54,378</td>
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<tr>
<td>Training</td>
<td>14,655</td>
<td>–</td>
</tr>
<tr>
<td>Travel – local</td>
<td>146,211</td>
<td>90,815</td>
</tr>
<tr>
<td>Travel – overseas</td>
<td>231,163</td>
<td>189,985</td>
</tr>
<tr>
<td>Workshop costs</td>
<td>964,799</td>
<td>862,115</td>
</tr>
<tr>
<td><strong>Total Operating Expenses</strong></td>
<td>6,032,745</td>
<td>6,862,196</td>
</tr>
</tbody>
</table>

**Surplus (deficit) for the year**

**Finance costs**

**Operating surplus (deficit)**

**Surplus (deficit) for the year**
ORGANISATIONAL STRUCTURE

Patrons:
The Most Revd Desmond Tutu Archbishop Emeritus
Helen Clark Administrator of United Nations Development Programme
Kirsty Sword Gusmão Former First Lady of Timor-Leste
HRH Grand Duchess Maria Theresa of Luxembourg

Board of Trustees:
Canon Delene Mark (Chairperson) CEO Hope Africa
Dr Christine Theron (Secretary) – University lecturer on pastoral care and youth formation, University of Stellenbosch
The Rev Dr Michael Lapsley OMI – Head Academic and Postgraduate Programmes, Graduate Centre for Management, Faculty of Business, Cape Peninsula University of Technology, Cape Town and Assting Priest in Charge – Church of the Holy Redeemer, Sea Point
Imam Abdul Rashied Omar – Muslim cleric, university lecturer and deputy chairperson of the Inter-Religious Commission on Crime & Violence
The Revd Piet Meiring, Professor of Religion and Missiology, (Retd) University of Pretoria
Glenda Widschut – Director Transformation Services, University of Cape Town
The Revd Dr Spino Kapile – JL Zwane Centre
Fr Michael Lapsley, SJM (Director)

Cape Town Office
Fr Michael Lapsley, SJM – Director
Eleanor Kuhn – Personal Assistant to Director
Ntombomzi Magqazolo – Finance Manager
Francesce Goldie Barlow (Franki) – Finance Assistant
Fatima Swartz – Programme Manager
Lisa Madikane – Restoring Humanity Project Assistant
Lomé Lousamouano Mokoko – Western Cape Workshops Organiser
Mandla Klatisi – Community Healing Project Organiser in Delft
Clint Bowers – Organisational Support
Lydia Vuba – Housekeeping

KwaZulu-Natal Office
Alphonse Nyibusungu – Deputy Director and KwaZulu Natal Regional Manager
Bridget Phibs – Community Healing Project Organiser
Sandile Magutshwa – Restoring Humanity Project Organiser

Ntombomzi Magqazolo – Finance Manager
Lydia Vuba – Housekeeping
Institute for the Healing of Memories
5 Eastry Road, Claremont, Cape Town 7708, South Africa
Tel: +27 21 6836231
Fax: +27 21 683 5747
Email: info@healingofmemories.co.za
Website: www.healing-memories.org

Banking Details
Bank: Standard Bank
Branch Name: Mowbray
Address: Main Rd, Mowbray, Cape Town, South Africa
Branch Code: 02-49-09
Name of Account: Institute for Healing of Memories
Type of Account: Market Link
Account Number: 075133164
Swift Code: SBZAZAJJ